

# School holiday fun!

## Drawing Workshop

Love to draw but don't know where to begin? This workshop aims to assist children in how to use simple shapes to create creatures from scratch. From wild animals to dinosaurs to sea life, kids will be guided through how to break down animals into basic shapes, and then replicate those in their own drawings. Recommended for primary school aged children.

**Tuesday 21 September | 1 - 2.30pm**  
Online via Zoom

Bookings: <https://www.trybooking.com/BUFHE>

## Recyclable Fun Workshop

In this exciting workshop, kids will learn to look at recyclables in a whole new light! From soft drink bottles to milk cartons, kids will be shown how to make a desk organiser and planter. This workshop will show kids that what we throw away can be turned into amazing and useful projects to be used around the home. Recommended for primary school aged children. Some parental guidance will be needed for younger children.

**Tuesday 28 September | 1 - 2.30pm**  
Online via Zoom

Bookings: <https://www.trybooking.com/BUFHY>



Ending a virtual yoga class with smiles for the camera!

## Feedback from our students

It was anticipated that we would be able to deliver onsite programs throughout Term 3, but it was not the case. Despite the obstacles thrown at us we continued to deliver online programs where possible and saw the end of the term. As we adapted to online classes via Zoom, both the students and tutors made the most of what they were presented with.

In August, we hosted a free mini retreat guided by Sue and Nadia our yoga and meditation tutors which was welcomed by many participants. This gave the students the opportunity to restore and refresh the body and mind during lockdown. We can't thank our tutors enough for the dedication and commitment to deliver the programs to our students through these hard times, supporting them physically, mentally and emotionally.

A few words of kindness we received from our lovely students;

*'Thanks to both Sue and Nadia for the mini retreat on Sunday afternoon. I listened in and had my aromatherapy oils burning to create a relaxing backdrop. A credit to you both.'*

- Kathy

*'Sue's Hatha Yoga class has been time well spent. Her experience as a host is notable in her ability to seamlessly combine movement, self-awareness and knowledge of Yoga practice. Her calming voice, clear instruction and respectful manner make it a pleasure to attend her classes. I highly recommend the experience as it has improved my sense of self and allowed me the chance to be cared for in this unique way. I am grateful to Sue for this opportunity.'*

- Wendy

*'Thank you to Sue and Nadia, and the Braybrook Community Centre, who have continued to provide us with meditation and yoga during these Covid lockdown times. They have provided us with not only our regular classes, but have also generously donated their time and provided us with extra classes at no cost during Lockdowns 5 and 6. The sessions have helped to relax and rejuvenate us, kept our anxieties and stress in check at this difficult time, while also keeping us toned and flexible! We have also benefited from their restorative yoga and relaxation meditation workshop. Thanks ladies! We truly appreciate your efforts in keeping us well, both mentally and physically!'*

- Maria

*'Thanks for the online yoga where our teacher Sue is amazing and although I prefer to be there this class online has kept us connected and helped our physical and mental wellbeing. Also it was lovely to have the restorative and meditation class offered from the centre. Sue and Nadia are excellent caring teachers. Many thanks.'*

- Susanne



## Meet Cassandra, Creative Tutor

Cassandra has a love for all thing arts and crafts, and has been facilitating creative writing and arts workshops for kids and adults for the past three years. A freelance artist and writer, her tools of trade are varied, and every work a labour of love. In her writing workshops, attendees are encouraged to engage in the art of storytelling, creating rich, vibrant worlds, compelling characters and stories that linger in the hearts and minds.

Adults are provided the opportunity to workshop their stories with other likeminded individuals, and kids, through a variety of fun and engaging storytelling exercises, get to express and explore the wonders of their imaginations.

In arts workshops, children are provided the space to let their creative minds loose. From learning to draw using simple shapes, to coming up with their own unique characters, to taking every day household items and turning them into something new and useful. There is always something fun to make!

Through a use of mixed mediums, such as paint, recyclables, pencils and paper, attendees are provided with encouragement and expertise to guide them through each workshop and come away with something wonderful.

Cassandra runs an 8 week Creative Writing course for both adults and kids during the school term. During these September school holidays, she'll also be running a couple of online kids workshops.

## QR Code Check In

When the centre reopens, all visitors to the Hub must check-in using the Victorian Government QR Service.

If you cannot check-in using the QR code because of technical or network issues like poor signal or low battery, the Hub has a manual sign in book.



## COVID-19 support available

Are you a resident or business owner in Maribyrnong? Are you experiencing hardship due to COVID-19?

Maribyrnong City Council have established a dedicated COVID-19 support team that can provide:

- COVID-19 information
- Emergency food and supplies
- Referrals to local support services, including
- Health support
- Financial support

The Community Connectors are available to provide support from 9am-5pm, Monday to Friday.

**Phone: 9688 0434**

**Email: [communityconnectors@maribyrnong.vic.gov.au](mailto:communityconnectors@maribyrnong.vic.gov.au)**

**Braybrook Community Hub**  
107-139 Churchill Ave, Braybrook 3019  
Ph: 9188 5800  
Email: [braycomm@maribyrnong.vic.gov.au](mailto:braycomm@maribyrnong.vic.gov.au)  
[www.maribyrnong.vic.gov.au/braycomm](http://www.maribyrnong.vic.gov.au/braycomm)



**Office Opening Hours**  
Monday - Friday  
9am-5pm  
Closed on weekends  
and Public Holidays



# Braybrook Community Centre Programs and Activities

## MONDAY

### Basic English (YCC)\*

This program provides a pathway in to accredited language / literacy programs, for culturally and linguistically diverse (CALD) learners.

**TIME:** 9:30am - 12:30pm

**DATE:** to be confirmed

**COST:** Free (eligibility criteria applies)

### Mosaic Workshops

Create a beautiful mosaic while you learn how to approach a project from start to finish, how to choose your colour palette, cut, shape and arrange glasses into harmonious mosaic.

**TIME:** 1 - 3pm

**DATE:** to be confirmed

**COST:** to be confirmed  
(Material cost included)

Materials include an external board 300 x 300mm, adhesive, grout and a selection of tiles.



### Basic Clothing Alterations

Learn simple and easy techniques such as taking up hems on pants or skirts, letting out a waistband, repairing seams or shortening sleeves. Bring along your garment for alteration. Please book into a session date that suits you.

**TIME:** 1 - 3pm

**DATE:** to be confirmed

**COST:** Free

### Beginners Computers (YCC)\*

This program is targeted at learners who have limited experience with computers and are wanting to develop online and work related computer skills. Students will develop personal and work related skills.

**TIME:** 2 - 5pm

**DATE:** 4 October - 6 December

**COST:** Free (eligibility criteria applies)

\*\*Online via Zoom during lockdown

### WitKids Drama Class

This weekly after-school drama class for children, will teach the art of improvisation, mime and performance.

**TIME:** 5-8 years 4pm

9-12 years 5pm

**DATE:** 4 October - 13 December

**COST:** \$45

Bookings via <https://www.witinc.com.au/wit-kids>

### Hatha Yoga Online

Practice yoga in the comfort of your own home with Sue via Zoom. A general Hatha yoga style practice suitable for all levels, concluding with deep relaxation.

**TIME:** 6.30 - 7.30pm

**DATE:** 4 October - 6 December

**COST:** \$50

## TUESDAY

### Knit, Stitch and Chat

A social group that meet weekly where participants bring unfinished handcrafts along to work on. Come along and try out the session before joining for the term.

**TIME:** 10am - 12pm

**DATE:** to be confirmed

**COST:** to be confirmed

### Creative Writing For Adults \*NEW!

A creative writing group that aims to provide a safe, supportive space to like-minded individuals from all levels that are looking for a creative outlet.

Whether you're picking up the pen for the first time or a seasoned writer, these facilitated sessions will help hone your creative writing skills and build confidence.

Informative resources, fun exercises and facilitated chats are just a few ways where you will be immersed into the world of creative writing. 8 sessions.

**TIME:** 1 - 3pm

**DATE:** 12 October - 7 December

**COST:** \$60 / \$50 concession

\*\*Online via Zoom during lockdown

### WitKids Drama Class

This weekly after-school drama class for children, will teach the art of improvisation, mime and performance. Call Maddy on 0403 129 769 or email [wit.kids@witinc.com.au](mailto:wit.kids@witinc.com.au) for all enquiries.

**TIME:** 5-8 years 4pm

**DATE:** 5 October - 14 December

**COST:** \$45

Bookings via <https://www.witinc.com.au/wit-kids>

\*\*Online via Zoom during lockdown

### Musical Theatre with WitKids

A fun class spent learning songs from Broadway musicals and simple choreography to go with them. We will be working on little bits of dance and singing technique, exploring characterisation, acting through song and encouraging children to add their own unique flair to their performance. Call Maddy on 0403 129 769 or email [wit.kids@witinc.com.au](mailto:wit.kids@witinc.com.au) for all enquiries.

**TIME:** 5-12 years 5pm

**DATE:** 5 October - 14 December

**COST:** \$45

Bookings via <https://www.witinc.com.au/wit-kids>

\*\*Online via Zoom during lockdown

### Creative Writing For Juniors

A writing group designed specifically for children, kids will learn the ins and outs of creative writing. With information to help them understand the inner workings of a story, they'll start to create imaginative and compelling stories of their very own. Through the use of visual aids, fun writing exercises, games and art, kids can sharpen not only their writing skills, but their ability to recognise emotions, describe the world around them, and problem solve in a creative way.

Kids will start their writing journeys, learning to create compelling characters, craft dynamic dialogue and gripping story narratives, as well as the important tools of the creative writing trade. Recommended for children aged between 6 - 12 years.

**TIME:** 4 - 5pm

**DATE:** 12 October - 7 December

**COST:** \$40

\*\*Online via Zoom during lockdown

### Bollywood Dance Fitness

A vibrant and entertaining dance that is suitable for beginners. It gives a whole body workout while dancing to the rhythm of joy with the powerful nature of Bollywood music. Fusing classical Indian steps with folk, Latin and hip-hop styles, it offers a fast-moving and vivacious dancing workout that is great for enjoyable group exercise.

**TIME:** 6.15 - 7.15pm

**DATE:** to be confirmed

**COST:** to be confirmed

## WEDNESDAY

### Intermediate Computing Skills (YCC)\*

This program further develops skills in using Word, Excel and PowerPoint by exploring more advanced features and uses. Using the internet, you will discover web based applications that allow you to create content for YouTube, explore the world using Google Earth and be confident using online banking and bill paying.

**TIME:** 9:30am - 12:30pm

**DATE:** 6 October - 8 December

**COST:** Free (eligibility criteria applies)

\*\*Online via Zoom during lockdown

### Meditation for Stress Management

Nadia will take you on a journey of relaxation, mindfulness and meditation to help you manage the stresses of life. This class will also be live streamed so you have the option of attending the class onsite, or staying in the comfort of your own home.

**TIME:** 10 - 11am

**DATE:** 6 October - 8 December

**COST:** \$50

\*\*Online via Zoom during lockdown

## Term 4

### Hatha Yoga

A general Hatha yoga style practice suitable for all levels, concluding with deep relaxation. This class will also be live streamed so you have the option of attending the class onsite, or staying in the comfort of your own home.

**TIME:** 11:30am - 12:30pm

**DATE:** 6 October - 8 December

**COST:** \$50

\*\*Online via Zoom during lockdown

### After School Youth Program

A weekly program delivered in collaboration with Western Bulldogs Community Foundation, open for young people aged 12 - 15years. The program will include activities such as sports, music, arts and cooking workshops. Drop in anytime.

**TIME:** 3.30 - 6pm

**DATE:** to be confirmed

**COST:** Free

## THURSDAY

### Intermediate Computers

This program further develops skills in using Word, Excel and PowerPoint by exploring more advanced features and uses. Using the internet, you will discover web based applications that allow you to create content for YouTube, explore the world using Google Earth and be confident using online banking and bill paying.

**TIME:** 9:30am - 12:30pm

**DATE:** 7 October - 9 December

**COST:** Free

\*\*Online via Zoom during lockdown

### Multicultural Playgroup

Mackillop Family Services' Multicultural Supported Playgroup provides an environment where parents and carers from culturally diverse communities can meet to participate in activities that encourage their child's development and social skills. To book, please call or text 0427 703 582 or email [RegionalParentingService@mackillop.org.au](mailto:RegionalParentingService@mackillop.org.au)

**TIME:** 10am - 12pm

**DATE:** 7 October - 9 December

**COST:** Free

\*\*Online via Zoom during lockdown



## 4 October- 14 December, 2021

## Enrolment Process

All programs are booked through [Trybooking](#), unless otherwise stated. If you require assistance to book for a program through Trybooking, please speak to Centre staff who will be able to help you.

In the event of an unforeseen centre closure due to a state wide lockdown or restriction limitations, all onsite classes will be cancelled and moved online where possible. Make up classes or refunds will be organised once we are able to be back at the centre. No classes run on Public Holidays.

**Programs with 'to be confirmed' are face to face and starting dates will be confirmed once Covid restrictions are lifted.**

To book, head to our events listing page to book into a class below:

<https://www.trybooking.com/eventlist/braybrookcommunityhub>

Alternatively, you can visit our website under [Programs and activities - Maribyrnong](#)

## Refund Policy

Part refund will be given when five working days notice of cancellation is given by a student prior to the scheduled start date, however a \$25 administration fee will be deducted.

No refunds are given once a course has started and the student decides to cancel unless a medical certificate relating to non attendance is provided.

## Remember to get tested for COVID-19 if you feel unwell

Everyone who is tested for COVID-19 helps protect our community. If you have symptoms, however mild, please get tested.

- Get a test if you are experiencing:
- Runny nose
- Loss of sense of smell or taste
- Sore throat
- Cough
- Shortness of breath
- Fever or chills

For the latest exposure sites, testing centre locations and wait times visit [www.coronavirus.vic.gov.au](http://www.coronavirus.vic.gov.au)

**\*(YCC) This Learn Local endorsed course is funded through Yarraville Community Centre. To be eligible you must be a holder of a Green Medicare Card.**

### Advanced Sewing Group

Bring along a current project and sew amongst a friendly group of participants. Exchange skills and learn new ones from each other. Sewing machines are provided for use.

**TIME:** 10am - 12pm

**DATE:** to be confirmed

**COST:** to be confirmed



### Quilting, Patchwork and Appliqué

A social group that provides an introduction to quilting, patchwork and appliqué techniques. BYO material. Current projects also welcome.

**TIME:** 1 - 3pm

**DATE:** to be confirmed

**COST:** to be confirmed

## FRIDAY

### KOGO (knit one give one)

KOGO is a not for profit organisation that asks volunteers to donate time and wool to knit warm winter woollies that can be distributed to people in need through over 250 community groups.

**TIME:** 9am - 12pm

**DATE:** to be confirmed

**COST:** Free

### Beginners Plus Computers (YCC)\*

From your own smartphone or tablet, discover the power of these devices and learn how to use them as life enhancement tools. Learn about maps, games, music, video and email that can be held in the palm of your hand. Discover how social media works and why it's so popular.

**TIME:** 9:30am - 12:30pm

**DATE:** 8 October - 10 December

**COST:** Free (eligibility criteria applies)

\*\*Online via Zoom during lockdown

### Conversational English (YCC)\*

This program is designed to build the literacy and language skills of learners to pathway in to an accredited language / literacy course, volunteering or employment. The target group is CALD learners.

**TIME:** 10am - 2pm

**DATE:** 8 October - 10 December

**COST:** Free (eligibility criteria applies)

\*\*Online via Zoom during lockdown