

Children's Classes

Maidstone Reading Club
Come along for one-to-one group reading and literacy based activities. A healthy afternoon tea is also provided. The club is aimed at primary school aged children who may not get to read at home, can't afford tuition or find reading challenging.
Time: 3.45-5pm
Date: Thursdays, 9 Feb-6 April
Cost: Free

Global Flavours Kids Can Cook Class

These fun-filled cooking classes will get kids making sushi, Pad Thai, Spanish Tortillas, Indian Curries, smoothies, and bliss balls, all while learning important knife handling skills. Age 6-12yrs. Book week one, two or both!
Time: 10-11.30am
Date: Wed 12 & Thurs 13 April
Wed 19 & Thurs 20 April
Cost: \$20 (for two sessions)
\$40 (for four sessions)



Spanish Speaking Playgroup

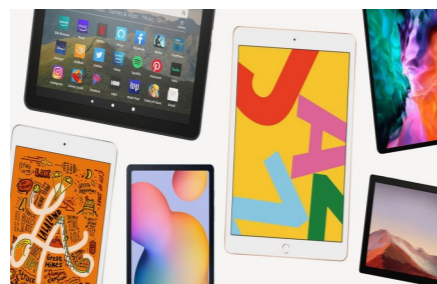
This wonderful new group is for Spanish speaking families. Children will have the opportunity to practice language through songs, games and general conversation. Only Spanish will be spoken.
Time: 10.30am-1pm
Date: Mondays, 30 Jan-3 April
Cost: \$1 per family

Parenting Group

Are you a new parent or parenting a new person between the ages of 3-8 months? The New Parents Group is a casual, safe and supportive network of first and second time parents going through similar joys and challenges of navigating parenthood.
Time: 1-3pm
Date: Thursdays, 12 Jan ongoing
Cost: Gold coin contribution

Tablet and Devices Class (YCC)*

Learn to use your device, whether its a tablet, smartphone or iPad, to reconnect with family and friends, connect with your community and interests through online group activities, or to watch documentaries and movies.
Time: 10am-12.30pm
Date: Thursdays, 8 Feb-6 April
Cost: Free



Latin American Women's Social Group

This Spanish speaking group comes together to enjoy a friendly chat, light lunch and a cuppa. Participants are welcome to bring along something crafty to keep their hands busy!
Time: 10am-1pm
Date: Thursdays, 3 Feb ongoing
Cost: Free

Card Playing

This friendly card group meets every Wednesday and loves playing 500. They are also open to playing new suggested games like Euchre. All beginners are welcome!
Time: 1-3pm
Date: Wednesdays, 10 Jan-5 April
Cost: Free

WEFO Singers

Join this community choir, rehearse a range of music and enjoy meeting other locals! Call 9688 0543 to get in touch with Cecilia the choir leader.
Time: 7.30-9pm
Date: Every second Wed from 1 Feb
Cost: Free



Harmony Feast



Our wonderful FREE multicultural feast will be returning again on 19 March during Diversity Week! It is held annually at the Centre and attracts hundreds of people to enjoy in the festivities.

There will be food lovingly made by locals from thirteen or more different countries and wonderful music, dancing, art activities, and henna painting for everyone to enjoy. No bookings required. See you there! Call 9688 05433 for enquiries.

Time: 12-3pm
Date: 19 March
Cost: Free



Message from the Centre Facilitator

We would love to welcome everyone back to the Centre. We had a wonderful time reconnecting with you all last year, and hope to see you again this term to enjoy our eclectic and fun classes and workshops. There is something for everyone so please take the time to see what tickles your fancy!
Monique Camilleri

New Foodie Workshops & More...

Country Women's Association

Celebrating International Women's Day

Come along and enjoy a wonderful morning making good old fashioned curried egg sandwiches, savoury and plain scones with jam and cream, assorted pinwheels, delicious fresh fruit tarts and carrot cake.

Frida Kahlo Cooking Extravaganza

Come along to this cooking class to make a range of dishes, including corn pudding with a cream and chilli sauce; a scrumptious baked chicken spiced with smoked paprika, lemon and olives; maple green beans with toasted almonds and lime; and a superb Myan chocolate tart with chilli and cinnamon.

Peranakan Cooking Affair

This unique workshop will introduce you to the delights of Kuih Pie Tee; crispy thin pastry cups filled with sautéed ingredients like jicama, omelette slices and cucumber. You'll also make braised Beng Kuang, a lovely stir fry made with Jicama and shrimp, and Pulot Hitam a dessert made of black sticky rice and coconut milk.

Authentic Jewish Vegan Cooking

Come and learn how to make a delicious vegan Matzah ball soup, mouth-watering golden latkes and Hanukkah donuts filled with jam!

Persian Cooking Delights

Come and roam the lands of Persia! Iran was the centre of this ancient empire, which also extended to Egypt, Turkey and Afghanistan. Lashings of herbs, cinnamon, sumac, cardamom and pistachios are some of the ingredients we will use as we cook kushari (Egyptian rice with lentils and vermicelli), a warm carrot salad, a fresh fig salad, and sweet saffron yoghurt pots for dessert.



Footscray's South-East Asian Food Tour

Join Anastasia and Deb Ong, two wonderful local chefs, to explore the delights of Asian grocery stores, the Footscray market, and to learn all about condiments and Asian vegies.

You'll also discover the best Asian places to eat, including delicious exotic ice-cream, Bahn Mi, bubble tea, and Pho!

Time: 9.30am-12.30pm
Date: Saturdays 1 April
Cost: \$15

Afro Latin Dance Class

This fun, easy, 45 minute class is the perfect way to stay active and healthy while having a great time!

Come along and meet Tatiana who has had years of experience teaching dance and has designed the class to be low impact to suit adults of all ages.

There will be lots of wonderful music so come along and give it a try!

Time: 7.15-8pm
Date: Mondays, 30 Jan-3 April
Cost: \$5 per session

Check us out on Facebook!

Search for Maidstone Community Centre and like page for updates on programs and events



Responsive, Inclusive, Relevant, Accessible.

Maidstone Community Centre is part of the Maribyrnong City Council's Community Centre network. Along with Braybrook Community Centre and Maribyrnong Community Centre we provide a range of programs and activities for the community. To see all the programs and activities offered by the Community Centres please visit www.maribyrnong.vic.gov.au

Maidstone Community Centre

Address: 21 Yardley Street,
Maidstone 3012
Phone: 9688 0543
Email: maidcomm@maribyrnong.vic.gov.au

Office opening hours

Monday - Friday
9am - 5pm

Closed on weekends and public holidays

Maidstone Community Centre Courses & Workshops

MONDAY

Beginners Computers (YCC)*

Designed specifically for people with little or no computer knowledge. Learn how to use computer hardware and software, internet safety and Google search for information. You will also learn how to create simple documents using Microsoft Word and Excel.

Time: 9.30am-12.30pm
Date: 6 Feb-3 April
Cost: Free

English as an Additional Language

Improve everyday English skills through reading, writing, speaking and listening.

This class also runs on Thursdays 9.30-1.30pm. (YCC)*

Time: 9.30am-1.30pm
Date: 6 Feb-3 April (exc 13/3 Pub Hol)
Cost: Concession rates apply

Let's Learn to Cook

Come along to this fun five-week cooking program and learn how to create a simple breakfast, lunch and dinner. This program is designed for adults and their support worker, and suitable for people with a mild to moderate intellectual/learning disability.

Time: 10am-12pm
Date: 27 Feb-3 April 13/3 Public Hol
Cost: \$60 (5 sessions)



Intermediate Computers (YCC)*

This class expands on our Beginner Plus classes. Learn to produce well-designed documents in Excel and Word; download and back-up your photos; use a photo editing program; and create a slideshow with PowerPoint.

Time: 1-4pm
Date: 6 Feb-3 April (except 13/3 Pub Hol)
Cost: Free

Tai Chi for Mind Power & Memory

A focus on increasing both fitness and concentration with Mei to create calm and wellbeing.

Time: 1-2pm
Date: 30 Jan-3 April (except 13/3 Pub Hol)
Cost: Free

Monday Evening Slow Flow Yoga Class for Men & Women

Let Cecilia guide you through a relaxing, slow-flowing yoga class to unwind after your day. Enjoy gentle meditation and breathing and finish the class with a long guided Savasana.

Time: 6-7pm
Date: 30 Jan-3 April (except 13/3 Pub Hol)
Cost: \$5 per session

TUESDAY

Beeswax Wraps Workshops

Come and learn how to make environmentally friendly Beeswax wraps. They are a reusable, washable and a sustainable alternative to single use plastic like cling wrap. Beeswax wraps can be used to cover left overs in a bowl, wrap sandwiches, cheese, bread etc. They are made using 100% cotton fabric, pure beeswax, resin and organic coconut oil.

Time: 10am-12pm
Date: 7 March & 4 April
Cost: Free



Vietnamese Playgroup

This Vietnamese playgroup for Maribyrnong residents offers art and craft activities, and bilingual story time to support children's fine motor skills and language development. We also support and link parents to local communities, early childhood services and increase families' social networks in the community through outings and celebrating special events. Healthy snacks are provided. Please contact the facilitator, Thuy, via email at thuy.pham@avwa.org.au for more information.

Time: 10am-12pm
Date: 31 Jan-4 April
Cost: Free

Drop In Social Baking

If you want to come together in a relaxed and informal way and just hang out, chat and bake with others in our fabulous kitchen, well here's your chance. This is a great way to meet other locals while having fun! Please bring your own ingredients.

Time: 10am-12pm
Date: 31 Jan-4 April (exc 7 Mar & 4 April)
Cost: Free



Drop in Table Tennis

If you love playing table tennis in an informal and fun setting, pop over on Tuesday and have a bash. Invite your friends and enjoy a great afternoon while meeting new people. All are welcome!

Time: 12-2pm
Date: 17 Jan-4 April
Cost: Free

WEDNESDAY

Maidstone Community Playgroup

Run by an experienced facilitator, children will explore the delights of painting, play dough, dress ups, water play and planting in our gorgeous garden. There's a special pampering sessions for parents too!

Time: 9.30-11.30am
Date: 1 Feb-12 April
Cost: \$2 per family

Positive Steps Walking Group

Walking is a great way to boost your strength, fitness and general wellbeing. On your return enjoy a cuppa and a chat.

Time: 10am-12pm
Date: Every Wednesday from 1 Feb
Cost: Gold coin donation

Peranakan Cooking Affair

This unique workshop will introduce you to the delights of Kuih Pie Tee; crispy thin pastry cups filled with sautéed delicious ingredients like jicama, omelette slices and cucumber. You'll also make braised Beng Kuang, a lovely stir fry made with Jicama and shrimp and Pulot Hitam a dessert made of black sticky rice and coconut milk.

Time: 10am-1pm
Date: 1 March
Cost: \$15 (workshop)



Country Women's Association Morning Tea Celebrating International Women's Day

Come along and enjoy a wonderful morning of cooking, chatting, and making curried egg sandwiches, scones, pinwheels, delicious fruit tarts and carrot cake. Guest speaker Dianne from Gathering Threads will join us to chat about her fabulous sustainable local business!

Time: 10am-1pm
Date: 8 March
Cost: \$15 (workshop)

Beginners Plus Computers (YCC)*

Designed for people who have some knowledge of computers, this class introduces students to the basics of how a computer works, Microsoft Word and the internet. **This class also runs on Friday 1-4pm.**

Time: 9.30am-12.30pm
Date: 8 Feb-5 April
Cost: Free

Social Art

Social art is a visual arts program for art lovers with an intellectual disability and their support worker if required. The program will explore diverse art forms including drawing, painting, and printmaking. Come and build your art skills, meet new people and have a great time!

Time: 1-2.30pm
Date: 22 Feb-22 March
Cost: \$60 (five sessions)

Term 1 January - April 2023

THURSDAY

Music for Hip Toddlers

Come on a rollicking ride through dance and percussion and rock out with Razz in this ten-week course. Suitable for 0-4 years.

Time: 9-9.45am
Date: 2 Feb-6 April
Cost: \$50 (10 weeks)

Women's Only Yoga

Come and increase your physical health and wellbeing by joining Cecilia's women's only yoga. This class will help improve your flexibility, increase muscle tone and help you unwind and de-stress. Tailored to suit all levels.

Time: 9.30-10.30am
Date: 2 Feb-6 April
Cost: \$5 per session

Authentic Jewish Vegan Cooking

Come and learn how to make a delicious vegan Matzah ball soup, mouth-watering golden latkes and Hanukkah donuts filled with jam!

Time: 10am-12.30pm
Date: 23 February
Cost: \$15



Frida Kahlo Cooking Extravaganza

Come along to this cooking class to make a range of dishes, including corn pudding with a cream and chilli sauce; a scrumptious baked chicken spiced with smoked paprika, lemon and olives; maple green beans with toasted almonds and lime; and a superb Myan chocolate tart with chilli and cinnamon.

Time: 10am-1pm
Date: 9 March
Cost: \$15

Persian Cooking Delights

Come and roam the lands of Persia with Rachel! Iran was the centre of this ancient empire, which also extended to Egypt, Turkey and Afghanistan. Lashings of herbs, cinnamon, sumac, cardamom and pistachios are some of the ingredients we will use as we cook kushari (Egyptian rice with lentils and vermicelli), a warm carrot salad, a fresh fig salad, and sweet saffron yoghurt pots for dessert.

Time: 10am-1pm
Date: 30 March
Cost: \$15



FRIDAY

Music for Hip Toddlers

Come on a rollicking ride through dance and percussion and rock out with Razz in this nine-week course. Suitable for 0-4 years.

Time: 9-9.45am
Date: 3 Feb-31 March
Cost: \$45 (9 weeks)



Home Maintenance Class for Women

In these three hands-on sessions you'll learn how to hang pictures and curtain rails, change washers, fix door handles, attach door stoppers, apply grout, and basic electrical skills!

Time: 10am-12pm
Date: 24 Feb-10 March
Cost: \$20 (three sessions)

Intermediate Computers (YCC)*

Learn to produce well-designed documents in Excel and Word; download and back-up your photos; use a photo editing program; and create a slideshow with PowerPoint.

Time: 9.30am-12.30pm
Date: 10 Feb-31 March
Cost: Free

Martial Arts (Vovinam Viet Vo Dao)

This fun and energetic class is a Vietnamese martial art aimed to enhance self confidence. It promotes fitness and discipline and aims to support a strong mind and body and positive connection to community.

Time: 5-6.30pm (kids 6-12yrs)
 6.30-8pm (ages 13-adults)
Date: 3 Feb-31 Mar (except 17/3)
Cost: \$60

AND MORE...



South-East Asian Food Tour

Join Anastasia and Deb Ong, two wonderful local chefs, to explore the delights of Asian grocery stores, and the Footscray market, to learn all about condiments and Asian veges. You'll also discover the best places to eat including delicious exotic ice-cream, Bahn Mi, bubble tea, and Pho! Meeting point to be confirmed.

Time: 9.30am-12.30pm
Date: Sat 1 April
Cost: \$15

AND MORE...

Pilates

Pilates is a form of exercise which concentrates on strengthening the body with an emphasis on core strength. This helps to improve general fitness and overall well-being. After a few months of practicing, most people notice a difference in flexibility, balance and coordination, along with muscles being strengthened and lengthened.

Time: 6-6.45pm
Date: Thursdays, 2 Feb-6 April
Cost: \$10 per session

Bicycle Maintenance Workshop

Learn how to tune, tweak and maintain bicycles! Whatever style or type of bike you have, we'll have you indexing and tuning it like a pro. Learn how to adjust and tune brakes, clean and lube chains, change a tyre, check and adjust headset, and other things.

Time: 1-4pm
Date: Sat 1 April
Cost: Free

Afro Latin Dance Class

This fun, easy, 45-minute class is the perfect way to stay active and healthy while having a great time! Designed to be low impact to suit adults of all ages. There will be lots of great music so come along and give it a try!

Time: 7.15-8pm
Date: Mon 30 Jan-3 April (except 13/3 Public Hol)
Cost: \$5 per session



We acknowledge that we are on traditional lands of the Kulin Nation. We offer our respect to the Elders of these traditional lands, and through them to all Aboriginal and Torres Strait Islander peoples past, present and emerging.

Classes with an asterisk* means the program is funded by Yarraville Community Centre



For further information or to book please scan QR code or call 9688 0543 (Mon-Fri 9am-5pm) OR

[CLICK HERE to view classes and book](#)