Venue hire

Our Centre has various rooms available for hire at reasonable rates on a regular or casual basis, depending on availability.

Rooms are suitable for meetings, training sessions or functions.

All room hirers will have access to shared kitchen facilities.

We also have meeting equipment available for hire at a low cost.

If your community group is looking for a space, please contact us on 9032 4305 to discuss availability or to arrange a time to view the Centre.

Community Groups at the Centre

Below is a list of groups which currently meet at the Centre for activities or meetings. For more information on these groups, please see administration staff or contact the group directly.

Alexandria's Dance	9382 0037
Essendon Square Dancers	9390 8308
Footscray Rotary Club - Craft Group	0438 689 988
Forever Friendship Dance Troup Inc.	0412 561 884
Friends of Sandy	0419 112 436
Lauralee Dance Club	9317 9526
Maribyrnong Orchid Society	0412 040 237
Maribyrnong Residents Association	0433 936 366
Melbourne Church of Christ	0488 202 403
Western Hospital Auxiliary	9318 5656
Wit Kids	0450 018 380

Volunteer opportunities at Maribyrnong Community Centre

CrAfternoon Tea - Thursdays from 1.30 - 3.30pm.

The program provides you with opportunity to lead a small group of people interested in learning new crafts including decoupage and macramé.

We are also seeking a person to lead our **Computer Club** on Tuesday afternoon from 2 - 4pm. This role involves supporting senior members of our community as the embrace new technology.

If either of these opportunities is of interest to you, please call the Centre for further details.

Church Street Children's Service

Church Street Children's Service will continue to operate at Maribyrnong Community Centre during 2018 whilst their building is under redevelopment.

The service is open Monday to Friday, 7am-6pm and provides a high quality, integrated service for children from 6 months to 5 years with a 4 year kindergarten program.

The service helps families meet their child's educational, development, social, cultural and emotional needs.

To enrol in care, children need to be registered with Maribyrnong City Council's Early Years Central Registration System.

If you wish to view the Centre prior to registering, please contact Church Street Children's Service on 9317 5794.



New Ideas!

Do you have a skill you would like to share with others? Or are you interested in learning a skill or participating in a activity not currently offered at the Centre. If so, we would love to hear from you. Please speak to Centre staff to pass on your suggestions.



Responsive, Inclusive, Relevant, Accessible.

Maribyrnong Community Centre is part of the Maribyrnong City Council's Community Centres. Along with Braybrook Community Centre and Maidstone Community Centre we provide a range of programs and activities for the community. To see all the programs and activities offered by the Community Centres visit www.maribyrnong.vic.gov.au

Maribyrnong Community Centre Newsletter

Term 1 2018: 24 January - 29 March 2018





Welcome to 2018!

The start of a new year often sees us reflecting on the year that has passed, and looking forwards to new opportunities.

We had a very busy year in 2017, which included two very informative workshops during Adult Learners Week on Preparing for a Flood Evacuation, as well as the reintroduction of Community Markets at the Centre.

We look forward to offering more workshops during 2018, and the markets will be returning. Look out for details about these and other programs on our website and Facebook page.

Inside this issue:

- ♦ Welcome to 2018
- Maribyrnong Seniors Program
- Monthly Movies
- ◆ Enrolment
- Term 1 classes and activities
- Venue Hire
- Community Groups at the Centre
- Volunteer Opportunities
- Church Street Children's Service
- New Ideas!

Monthly Movies

Our free movie sessions will continue in 2018 however, they have moved to the **third Thursday of every month.** The movie starts at 11am for approximately 2 hours. Tea/coffee and a light snack is provided. Bookings are essential as places are limited to 30.

Dates:15 Feb and 15 Mar

Maribyrnong Seniors Program

Maribyrnong Senior Citizens Club Inc. ceased operating at the end of 2017. We thank the outgoing committee for the work they have done over the past few years to keep the club operational.

Whilst the Club is no longer operating, we're thrilled to be able to continue the wonderful weekly activities offered by the club, with a range of activities for people 55 years old plus.

Monday: Carpet Bowls 12.30pm - 3.30pm. Cost \$2 per session **Tuesday:** Crazy Whist Cards 1.30 pm - 4pm. Cost \$2 per session **Thursday:** Bingo with Cards 12.30pm - 2.30pm. Cost 60c per session

Maribyrnong Senior Citizens also organised monthly outings for their members and we are currently seeking information regarding continuing to offer outings to support the ex-members of the Senior Citizens Club remain active in our community.

For more information on the Maribyrnong Seniors Program please see Centre Staff.



Enrolments

Enrolments are now open for Term 1 activities.

For a class to commence, a minimum of 4 participants is required.
All participants are required to complete a Enrolment Form and pay fees prior to the commencement of classes.

Fees can be paid by Cash/Credit Card/EFTPOS up to 4pm Monday - Friday.

Check us out on Facebook!

Search for Maribyrnong Community Centre and like our page for updates on programs and events.

Maribyrnong Community Centre
9 Randall Street
Maribyrnong 3032
Ph: 9032 4305 | F: 9318 5427
E: maricomm@maribyrnong.vic.gov.au
www.maribyrnong.vic.gov.au/maricomm





Office Opening Hours Monday - Friday 9am - 5pm

The office is closed on weekends and Public Holidays

Term 1 Programs and Activities

Health And Wellbeing	Day & Time	Date	Cost
'Use It Or Lose It' - Gentle Yoga ' The benefits of yoga can be many; from improving sleep and reducing stress to enhanced breathing function and helping with pain from ailments, concentration and much more. Bring along a pillow and small blanket. Tutor: Paula Crawford-Hall	Monday 11am - 12pm	05.02.2018 - 26.03.2018	\$10.00 Full Fee \$5.00 Conc 60+ & Health Care Card Holders per session
Hatha Yoga Composed of physical limbering, stretching, movement and poses, breathing, relaxation and meditation. Richard, a full member of the International Yoga Teachers Association, has been teaching continuously at the Centre since 1988 and his unique approach from his extensive Hatha Yoga training has evolved in these classes. Tutor: Richard Liddicut	Monday Beginners - 6pm - 7.30pm or Intermediate - 7.45pm - 9.15pm	12.02.2018 - 26.03.2018	\$69.00 Full Fee \$54.00 Conc \$62.10 Returning Student
Line Dancing A choreographed dance with a repeated series of steps suitable for all ages and abilities. A fun way to stay fit and keep active. First hour suitable for new dancers and beginners. All welcome. Tutor: Heather Barszuskyj	Wednesday 12.30pm - 4pm	24.01.2018 - 28.03.2018	\$6.00 per session includes tea/ coffee
Maribyrnong Walking Group Meet at the Centre for a walk taking approximately 1 hour. Route will be determined by the participants on the day. Return to the centre afterwards for a cuppa and a chat.	Wednesday 8.30am	24.01.2018 - 28.03.2018	Free
Children's Programs	Day & Time	Date	Cost
Mini Chefs Under the guidance of a qualified Chef, children aged 6-12 years will be involved in cooking, food preparation and cleaning during this hands-on class. Please bring an apron and containers. Tutor: Neil Gerecke	Thursday 4pm - 5.30pm	15.02.2018 - 08.03.2018	\$60.00
Kreativa Arts Exciting classes and workshops for 5-12 years old allowing children to develop their imagination and expression and to explore and expand their unique talents. Tutor: Emma Arnel	Tuesday 4pm - 5.30pm Wednesday 4pm - 6pm	27.02.2018 - 27.03.2018 28.02.2018 - 28.03.2018	\$30.00 (5-8 year olds) \$30.00 (9-12 year olds)
Kids Beats - Pre-school Program A class for 2 -5 year olds, providing an environment for children to explore body movement and develop their physical, social and emotional wellbeing. Parent participation encouraged. Tutor: Laura Ioannou	Wednesday 10am - 10.45am	07.02.2018 - 28.03.2018	\$48.00
Yoga = Happy Kids Fun classes consisting of yoga poses, breath work, relaxation techniques and games, in a safe, interactive and educational environment. Suitable for 3 - 5 year olds. Tutor: Paula Crawford-Hall	Monday 9.30am - 10.15am	05.02.2018 - 26.03.2018	\$42.00
Yoga for Children with ASD This program can help children learn how to move, concentrate and breathe. In a safe, fun and educational environment, sessions will provide children with tools on how to control movement and emotions as well a focus techniques. Tutor: Paula Crawford-Hall	Tuesday 5.30pm - 6.15pm	30.01.2018 - 20.03.2018	\$48.00
Just Circus for Children A fun class for children aged 3 – 5 years old to develop and explore movement through activities including hula hoops, juggling, balancing, somersaults and ribbon dancing. Tutor: Georgina Sidon	Friday 10am - 10.45am	02.02.2018 - 23.03.2018	\$48.00
Reiki for Children through Storytime Through story time and activities children will learn how to express themselves through their words. The session will end with a short meditation session for the children. Tutor: Georgina Sidon	Friday 11am - 11.45am	02.02.2018 - 23.03.2018	\$48.00
Japanese Playgroup A parent run playgroup for families from a Japanese background, meeting at Maidstone North Kindergarten, Mitchell Street, Maidstone. New families always welcome.	Tuesday 9.30am - 12pm	06.02.2018 - 29.03.2018	\$2 per family as attended

Bookings essential for all classes. Payment is required prior to class commencing and for confirmation of enrolment. For full terms and conditions, please see our Class enrolment form. Returning Students must book and pay in full by Friday, 19 January 2018 to receive the discounted rate

*F: Full Fee | C: Concession | RS: Returning Student from previous term. Please note: classes are not held on Public Holidays

Art and Craft	Day & Time	Date	Cost
Card Making Workshop Learn basic card making skills including punching, colouring, stamping and more. Students will make at least 8 cards during the session. All materials supplied. New students will receive a beginners kit. Tutor: Sue O'Loughlin	Monday 12.15pm - 4.30pm	26.02.2018	Per workshop: \$30.00 Returning Student \$45.00 New Students (including kits)
Community Colouring Group A social colouring group for participants over 16 years. Colouring can help ease stress and anxiety as well as help with a range of medical conditions including arthritis and more. A range of colouring pages and pencils will be available at a low cost or you can bring your own supplies. Organised by local artist, Jade of Colour Me Forum	Saturday 3pm - 5pm	03.02.2018 - 25.03.2018	Unless
Calligraphy In a friendly environment, participants will learn the art of writing beautiful script including decorated capitals and more. Tutor: Stephen Wright	Thursday 6pm - 8pm	-	\$117.00 Full Fee \$90.00 Conc \$99.00 Returning Student
Patchwork and Quilting Learn to make a quilt the traditional way by hand or sewing machine. Experienced quilters welcome - bring along your current project. Sewing machines provided. Tutor: Santina Gangemi	Friday 9.30am - 12pm	02.02.2018 - 16.03.2018	\$56.00 Full Fee \$42.00 Conc
CrAfternoon Tea Come along to a relaxed afternoon of craft and afternoon tea. Bring along a craft you're interested in and share your skills with others in the group. Free (only cost is the cost of your craft materials).	Thursday 1.30 - 3.30pm	01.02.2018 - 29.03.2018	FREE
Life Skills	Day & Time	Date	Cost
The Computer Club Have you attended a computer class at the Centre? Wondering "where to from here?" Join our Computer Club to link in with others, share your skills and develop new ones as you explore the world of digital literacy. Desktop computers available or bring along you iPad/iPhone.	Tuesday 2pm - 4pm	06.02.2018 - 27.03.2018	FREE
Languages	Day & Time	Date	Cost
English as an Additional Language (EAL) Basic English Class run by Yarraville Community Centre. Eligibility criteria applies. Tutor: Despina Dawatzis	Tuesday and Wednesday 9.30am - 2pm	06.02.2018 - 28.03.2018	FREE
Computer / IT			
Through a partnership with Yarraville Community Centre and supported by the Victorian Statellowing computer / IT classes. Eligibility criteria applies - speak to Centre staff for full d	ate Government, v etails.	ve are pleased	d to offer the
Beginners Computers This program is aimed at developing computer skills for people who have limited or no Knowledge of using computers. Participants will be guided through the process of setting up a email account and using the internet as well as the basics in Word documents. Tutor: Mel Britten	Thursday 9.30am - 12.00pm	01.02.2018 - 29/03/2018	FREE
Beginners Plus Computers Following on from the Beginners Computers program, this program is aimed at further developing your skills in Word and using the Internet. You will also learn the basics of Excel as well as to safely navigate Facebook, design documents using text and pictures and gain a understanding of computer hardware. Tutor: Mel Britten	Friday 9.30am - 12.00pm	02.02.2018 - 23.03.2018	FREE
Introduction to iPad/iPhone Fun interactive classes where participants will learn to use their iPad or iPhone to its full potential. BYO iPad or iPhone. Tutor: Jason Spear	Monday 9.30am - 12.00pm	05.02.2018 - 26.03.2018	FREE