



Maribyrnong
CITY COUNCIL

MARIBYRNONG

MESSENGER

Autumn 2018

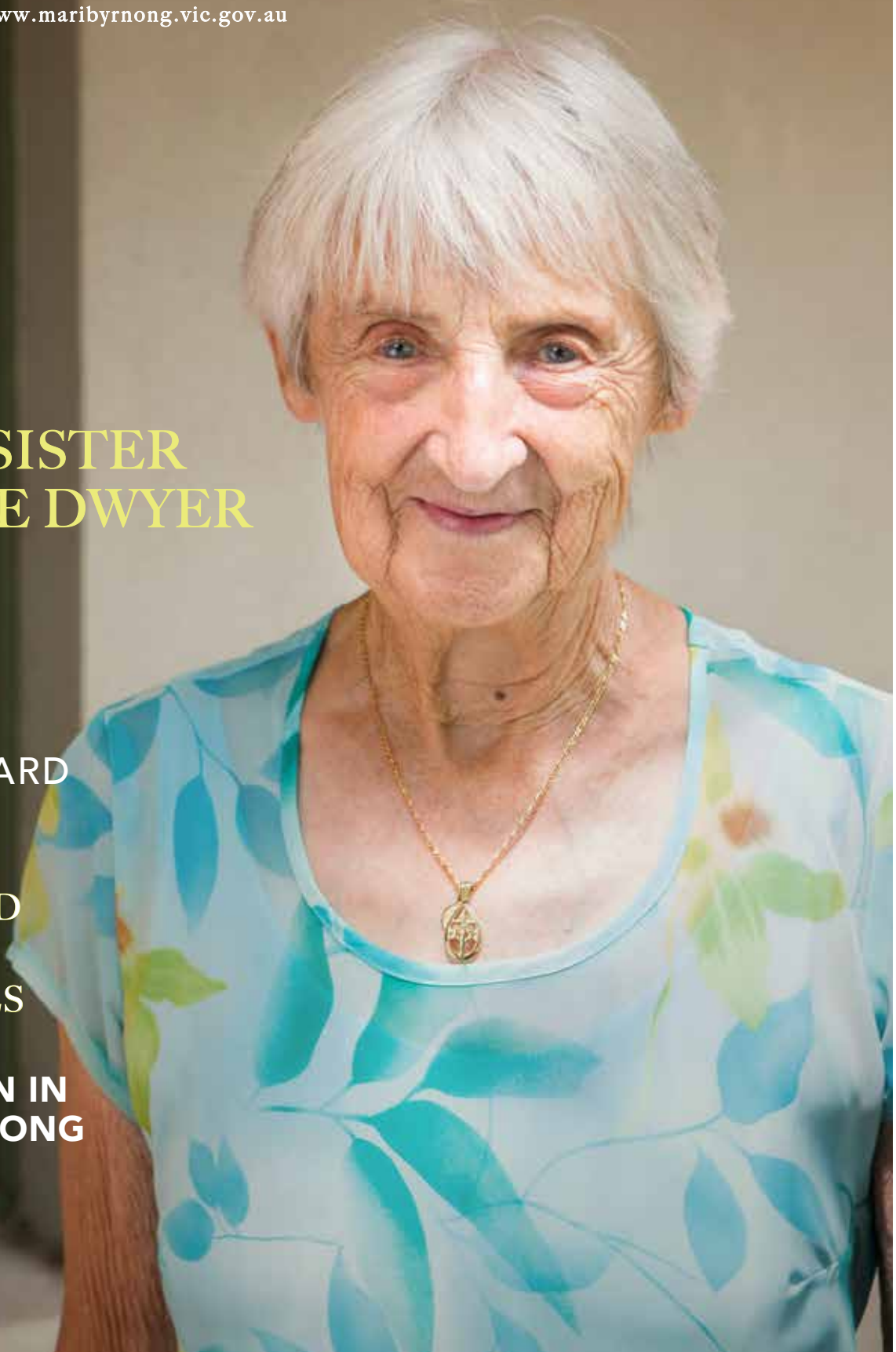
| www.maribyrnong.vic.gov.au

MEET SISTER JEANNE DWYER

OUR 2018
CIVIC AWARD
WINNERS

FOOD AND
COMEDY
FESTIVALS

WHAT'S ON IN
MARIBYRNONG



A MESSAGE FROM THE MAYOR

I've always considered volunteering to be very important. I volunteered as an interpreter in the Vietnamese refugee camps before arriving in Australia and continued volunteering at the Western English Language School in Braybrook when I settled in Footscray. I also volunteered with several other organisations over the past 25 years.

It was an honour to be recognised for this work by the State Government in mid-February with a Premier's Volunteer Champions Award in the 'Impact' category.

It followed our own awards ceremony in the City of Maribyrnong – the Civic Awards. It was a delight to acknowledge the important work of Sr Jeanne Dwyer, our Citizen of the Year, whose organisation provides counselling and support for families affected by substance abuse. You can read all about Sr Jeanne on page 4 and our awardees on page 6.

This issue of Maribyrnong Messenger gives you more information on many of the other community celebrations we have lined up. This includes rolling out our annual Eat.Drink.Westside program of events that showcase restaurants and eateries across the West.

Cultural Diversity Week is celebrated this March. It is a great opportunity to turn the spotlight on how we are home to more than 119 different language groups. It is always heart warming to know that our residents and traders work in harmony towards uniting our vibrant City.

We're also boosting the health and fitness of our community as part of the Active Maribyrnong program and putting a callout to community members who like to see live music and who can accompany a person with disability or mental health issue to performances as part of our Bandmates program.

Check out our events listing for more fun things to do.

Cr Cuc Lam
Mayor of the City of Maribyrnong



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COUNCIL MEETINGS

Council meetings are open to the public and residents are encouraged to attend.

20 March Ordinary Council Meeting
27 March City Development Special Committee
24 April Ordinary Council Meeting
1 May City Development Special Committee
22 May Ordinary Council Meeting
29 May City Development Special Committee

Meetings are held at Maribyrnong Council Offices, corner Hyde and Napier Streets, Footscray.

Please visit www.maribyrnong.vic.gov.au/meetings or phone **9688 0200** for more information.



If you're in downtown Footscray and smell smoke in the air, don't be alarmed – it's probably just the Yoder smoker going off at Up in Smoke – one of the many restaurants taking part in this year's 2018 Eat. Drink. Westside program, running as part of Melbourne Food and Wine Festival (16 – 25 March).

"I've always loved smokey food," said Shayne McCallum, owner of Up in Smoke and Footscray favourite, 8Bit. "It started by talking to some mates about buying a smoker at home, just to play with. With more talks we thought it would be great to do an American BBQ style restaurant in the west, with an Australian beer focus.

"We found the site at Hopkins Street and the first thing we did was buy the Yoder smoker and spent many afternoons and nights cooking all types of meats in the space before we started any build or renovations." Since opening last year, Up

in Smoke has been smoking up a storm in Footscray, adding a new dimension to the multicultural fabric of the growing food scene in the West.

"We think the area's great and we love how it's expanding to include different styles of food – it really gives it a community feel and helps put a spotlight on the area," said Shayne.

'Up in Smoke' has big plans for their Eat. Drink. Westside event in 2018: "We're getting our mate, chef Daniel Wilson (Huxtable / Huxtaburger) to taking over the flames with a 7-course lunch showcasing the foods he

loves to cook, matched to his favourite beers. Daniel and I have known each other for 18 years and have worked together at various places over that time, so it's basically a reunion."

Joining Up in Smoke's meaty extravaganza is an impressive line-up of special dining events featuring a range of cuisines from across the globe.

Discover the fun and flavour of eating the true Somalin way at 'Hands-On Somali'; indulge in a vegan feast at The Creator's Lounge in Footscray; or if you like your Asian food, take a gastronomic journey throughout the regional communities of Asia on a special one-night-only event at Luxsmith in Seddon.

You can also join in on the ultimate three hour progressive dinner throughout Footscray and

Seddon led by Spice Bazaar; indulge in a communal Ethiopian Banquet at Konjo; or hear from local chefs and sample their 'classic curries' at the Sunshine Food Fever.

For the first time, the Bank of Melbourne's World's Longest Lunch will head outside of the Melbourne CBD to the riverfront in Footscray. 1,700 diners will get together around a 500 metre long table for an alfresco dining experience like no other.

These are just some of the delicious food and wine experiences on offer in the Eat. Drink. Westside program, which boasts a record 35 events in 2018.

For further information about the program visit festivalcity.com.au

For bookings go to melbournefoodandwine.com.au

TENDING THE WESTERN FIELDS



Small of frame but big of heart, Sr Jeanne Dwyer offers comfort and counselling to families affected by drug abuse in the west through Joseph's Corner, a charitable organisation that operates in Yarraville, Hoppers Crossing and Laverton.

Sr Jeanne Dwyer first made friends in the West in the 1960s, when she knocked on doors to welcome newly arrived Italian and Maltese families to Australia.

She was there when these families rolled up their sleeves and dug the foundations of churches like St Mary's in Altona North, connecting to the community through their churches.

“I always knew the richness of the people here, I think they really contributed to the development of the whole area of the western suburbs,” Sr Jeanne says with respect.

It was during this time that she shared the lives of Catholics and non-Catholics alike, visiting high schools and technical schools as a representative of the Catholic Education Office, promoting catechism.

She recognised the families of the west as battlers and weighed in to give them a fighting chance when drug abuse became a high profile problem in Footscray about 18 years ago.

“I went to this meeting, it was just on drugs and they were all saying this and that and I said ‘well, what can we do about it?’” Sr Jeanne remembers.

The suggestion at the time was to provide a space, one day a week, to provide counselling for family members who were affected by drug abuse of someone close to them. Sr Jeanne was nominated to run the program but wasn't given any further financial support.

She called on friends and family to clean up and fix the roof of the space that had been a former metal shop class for high school students at St Augustine's in Yarraville.

To fund the time of a counsellor, Sr Jeanne raffled a stolen bike.

“There was a person I knew who had found this bike and it was a stolen so we took it to the police. They kept it for a certain time and they said: no one has come to claim it, do you want it?

“It was a push bike, an old push bike so I advertised it as being a stolen bike and put it up for raffle – people were very good and they bought tickets and bit by bit we got

the money to pay for a counsellor.”

Sr Jeanne has relied on similar co-incidences – or shall we call them ‘God-incidences’ – to establish further counselling sites in Hoppers Crossing and Laverton.

The Laverton site offered to Sr Jeanne was an ‘awful’ army shelter that was in a state of disrepair.

“I thought, I am not going and then a fellow from the Commonwealth Bank rang me and asked if I had any voluntary jobs for them, I said: I do, but I don't think you'll want it.

“He came down and had a look and said: Yes, this is just what we are looking for and they spent months and months with their wives and friends fixing the place up.”

“So that's the way I have survived, by the grace of God,” she smiles.

The assistance she receives is voluntary. At present she's looking for a secretary, a permanent room where a family can stay for a weekend to escape violence, someone to offer a cup of tea once a week to those who need a chat and help with the rental of the Joseph's Corner shop.

She is driven in her tireless fund raising by the relief she brings to families.

“If you think about it for yourself, if there's someone you come home to every night who is saying you

are no good, that you are not pleasing this person, if there's verbal abuse or physical abuse, people get very desperate and they feel very alone.

“They don't talk a lot because they feel they don't want to talk about their families that way. But then they get so down that they have got to do something and that is quite often where we meet them.”

She grew up on a farm in Port Fairy, Victoria and was one of seven children. She decided to join the Sisters of St Joseph at the age of 20. She had studied teaching before this and as part of her work with the order she travelled rural Victoria meeting families that were isolated. It was during this time that she promised that if ever anyone offered a cup of tea, she would sit down and spend time with that person.

Her compassion and willingness to listen is a reflection of her order that was founded by Australia's first Saint Mary McKillop.

Over time her focus shifted from visiting families isolated in rural Victoria to those newly arrived to the western suburbs of Melbourne when she joined the Catholic Education Office and has worked in the west ever since.

Sr Jeanne Dwyer is Maribyrnong City Council's Citizen of the Year 2018.

AWARD WINNERS ANNOUNCED

Congratulations to the 2018 annual Civic Awards recipients.
The awards recognise those who go above and beyond to make our City a great place to live.

CITIZEN OF THE YEAR

SR JEANNE DWYER RSJ

Sr Jeanne is the volunteer CEO of Joseph's Corner, an organisation that provides free counselling for families affected by substance abuse.

VOLUNTEER OF THE YEAR

MARG LIND

Marg has a long history of volunteering for such organisations as Kingsville Tennis Club, Footscray Youth Club and City West Falcons Netball Club.

COMMUNITY STRENGTHENING AWARD

ROSAMOND SPECIAL SCHOOL

The school encourages healthy eating and sustainability with a focus on fresh grown produce, teaching children with special needs how to grow and prepare food as part of their Seeds Kitchen Garden program.

ACTIVE MARIBYRNONG SPORTING AWARD WESTGATE BASKETBALL ASSOCIATION

There's increased opportunities for female participation in sport at this club with formation of the all-girl basketball skills program for 5-10 year olds offered over a number of sessions.

ENTERPRISE MARIBYRNONG AWARD – CONTRIBUTION TO BUSINESS COMMUNITY AWARD

WEST FOOTSCRAY TRADERS ASSOCIATION

The Association has successfully delivered a number of fun community festivals that attract visitors to the business district of West Footscray including the Festival of Colours and the Festival of Lights.

ENTERPRISE MARIBYRNONG AWARD – NEW AND EMERGING BUSINESS AWARD SMALL GRACES

This café offers healthy, seasonal food and participates in community initiatives like DineSmart to raise money for local homelessness services.

ENTERPRISE MARIBYRNONG AWARD – INNOVATIVE BUSINESS AWARD WESTERN HEALTH COLLECTIVE

A unique health clinic that assists with chronic health conditions that may be physical, mental or emotional with assistance from reflexologists, osteopaths and psychologists to name a few is a valuable addition to local health services.

ARTS AWARD

WIT INCORPORATED

Professional theatre is offered at a local level. Residents can see preview performances with free tickets, and company members work on a profit share basis providing unpaid work each year.

MAYORAL AWARD

MANMOHAN SINGH SHERGILL

Active in the Punjabi community for more than 35 years helping newly arrived immigrants, Manmohan is the founder of the Sikh Cultural Society of Victoria and a community volunteer.

Left to right: Volunteer of the Year awardee Marg Lind, Cr Martin Zakharov, New and Emerging Business awardee Bec Howell, Mayor Cr Cuc Lam, Arts awardees Belinda Campbell and Jennifer Piper, Rajdeep Kang representing her father – Manmohan Singh Shergill, Citizen of the Year Sr. Jeanne Dwyer RSJ, Cr Gina Huynh, Innovative Business Awardee Jennifer Cooke, Cr Catherine Cumming, Contribution to Business Community Awardee West Footscray Traders Association President Pradeep Tiwari.

ENVIRONMENT

COULSON GARDENS

Coulson Gardens, located on The Esplanade in Maribyrnong, has been a popular spot for residents this summer with extensive grounds and great facilities for kids.

Located opposite the Maribyrnong River Trail, the Coulson Gardens playground has recently been upgraded and provides plenty of variety for the kids. The playground sits at the foreground of the park and includes a climbing frame, multiple slides, swings, spinner and a sandpit.

For the less adventurous there is a hammock, activity panels and pipe musical instruments. Additional facilities include a basketball/netball court, toilets, drinking fountain and water tap.

The gardens provide the ideal location for family and community gatherings with a range of BBQ and picnic facilities including a large sheltered area with covered seating. 24 Golden Elm (*Ulmus glabra* 'Lutescens') trees have been established in the gardens in recent



years. These fast growing elms have golden foliage and provide good shade for warm summer days.

New pathways have been provided as part of the

recent upgrade, in addition to new garden beds and accompanying benched seating.

With the Maribyrnong River Trail nearby, Coulson

Gardens is accessible for those wanting to run, walk or cycle. The park was named after Edward Alfred Coulson, a former mayor of Sunshine in the 1970's.

FOOTSCRAY
TRUGO CLUB

With the recent relaunch of the Footscray Trugo Club comes the revival of a sport unique to Melbourne's western suburbs.

Late last year, the Footscray Trugo Club opened their doors to the public after an extensive upgrade of the grounds and surrounding area. The site, located on Buckley Street in Seddon, had been severely rundown and due to a lack of interest the club was abandoned in 2009.

Following public consultation in 2016, Council developed plans to retain the lawn area as grounds for playing trugo and ensured the site was made open to the community at all times.

In addition to the upgrade of the lawn area works included new pathways through the site, a new picnic setting, the refurbishment of the original seating shelters, new perimeter fencing and signage along with new garden beds and tree planting.

Believed to have originated in the Newport workshops by railway workers in the 1920's, Trugo is a unique sport often likened to croquet or lawn bowls. The objective of the game is to score goals by hitting a rubber ring with a mallet-like club from one end of

the playing area between short goal posts to the other end.

Footscray Trugo Club's President Justin Mansfield describes the sport as being extremely social and accessible to people of all abilities, including children.

The first trugo club was said to have been established by Thomas Grieves a former railway worker in Yarraville in 1936, with the Footscray Trugo Club opening in 1940.

"Trugo celebrates the working-class heritage of the inner west and offers a way to reconnect with our history," said Justin.

Nowadays trugo is played in Ascot Vale, Brunswick, Port Melbourne, Sandridge and South Melbourne in addition to the Yarraville club and now revived Footscray club.

Over 60 people attended the first Trugo Social Game Day at the Footscray club on Sunday 4 February and the Club will be playing every second Sunday until April.

"We are very encouraged by the community's interest, and in further developing the sport we want Trugo to be a game that reflects our suburb's diversity," said Justin.

For more information follow Footscray Trugo Club on Facebook.



BUSINESS IN MARIBYRNONG

Online supermarket boosts jobs in Maribyrnong

Woolworths has opened the state's first exclusively online supermarket in Braybrook, creating more than 300 jobs.

The supermarket, a dedicated online store, operates around the clock like a warehouse and distribution centre rather than a traditional retail store. The Central West Business Park at Ashley Street was chosen for its location close to customers in the city, inner east, north and its rapidly expanding customer

base in Melbourne's west.

As customers increasingly shop online, the new supermarket represents a significant vote of confidence in Maribyrnong as a location for infrastructure that sits behind the new digital way of doing business. The online supermarket offers significantly more employment than a normal 'pick and pack' warehouse with jobs across a variety of skill levels.

Locals are taken care of too - the supermarket includes a click and collect component so nearby customers can order their groceries online and collect from the site. Click and collect will be available to the public later this year at the centre from 5am to 1am, 7 days per week.

Business training events, workshops and seminars

Council also hosts a number of business training sessions every month. For more info and to book, visit www.maribyrnong.vic.gov.au/business

Upcoming seminars:

BUSINESS NETWORKING BREAKFAST

Wednesday 7 March
7.00-9.00am

TAKING YOUR BUSINESS ONLINE: WHAT YOU NEED TO KNOW

Wednesday 14 March
6.30-8.30pm

SMALL BUSINESS BUS TOUR – SEDDON

Monday 19 March
9.30-4.30pm

SMALL BUSINESS BUS TOUR – FOOTSCRAY

Tuesday 20 March
9.30-4.30pm

MARKETING YOUR BUSINESS: HOW TO GET IT RIGHT, FIRST TIME

Wednesday 21 March
6.30-8.30pm

TAX ESSENTIALS FOR SMALL BUSINESS

Monday 26 March
10.00-12.00pm

CREATING EFFECTIVE DIGITAL CONTENT: WHAT WORKS AND WHY

Wednesday 18 April
6.30-8.30pm

STARTING UP: HOW TO TURN AN IDEA INTO A BUSINESS

Thursday 26 April
6.30-10.00pm

RECORD KEEPING WORKSHOP FOR SMALL BUSINESS

Wednesday 2 May
9.30-12.30pm

SMALL BUSINESS BUS TOUR – BRAYBROOK

Thursday 3 May
9.30-4.30pm

COLLECTING THE CASH: HOW TO GET PAID ON TIME

Wednesday 9 May
6.30-8.30pm

ADVANCED MARKETING: HOW TO MAKE YOUR STRATEGY WORK SMARTER

Wednesday 23 May
6.30-10.00pm



Boost to sports grounds and facilities

Henry Turner South Reserve, Quarry Park and Johnson Park are set to be upgraded thanks to funding from Council and the State Government.

We strive to ensure that everyone in the City of Maribyrnong has the opportunity to improve their health and wellbeing through physical activity, and part of this is providing access to quality grounds and facilities. With the assistance of the State Government, much needed improvements will be undertaken throughout Footscray.

These upgrades will see Johnson Reserve in West Footscray fitted out with new sports field floodlighting to increase participation and safety; and Quarry Park will be upgraded to provide mountain bike facilities including downhill tracks, a skills park and pump track with technical features.

The pavilion at Henry Turner South Reserve will be upgraded to a multipurpose building, featuring female friendly facilities, that provides ample space to accommodate the three sporting clubs that use the current pavilion. The ergonomic design incorporates four change rooms, a generous social space and numerous equipment storage areas.



HITTING THE MARK

Active Maribyrnong increasing physical activity in the community

A study by Victoria University has found efforts by Maribyrnong City Council to encourage physical activity is paying off, with participants of Active Maribyrnong reporting continued participation in sports and fitness and an increase in general health.

The University surveyed just under 300 people who had participated in the program since 2014, and conducted 16 in-depth interviews with participants.

A strong result in ongoing participation was recorded, with 44 per cent of respondents stating it had influenced them to join a fitness centre, sports club, or other physical activity program.

Dr John Tower, the Chief Investigator for the research said: "This research demonstrates that Active Maribyrnong is having a positive impact in the community. The data indicates that participants are increasing their levels of physical activity, the activities are enjoyable and the programs have a positive influence on physical and mental health."

When asked about other benefits of

participating in Active Maribyrnong, 63.4 per cent of respondents stated their fitness levels improved, 53 per cent reported enhanced strength, and 53.9 per cent had more energy. On top of this, over two thirds said their general health status had improved, and 60 per cent believed their mental health was enhanced.

Over 15,000 people have participated in the program since it began three years ago. The 2017 Spring into Summer series, an Active Maribyrnong program, had over 1,700 registered participants, which was an increase of over 63% from the year prior.

The next Active Maribyrnong program is the Get Active! Expo, which is taking place 17 March - 18 April. The Expo provides an opportunity for the community to come and try a range of sport, recreation and wellbeing programs for the whole family. Activities include barefoot bowls, street orienteering, junior sport clinics, table tennis, archery and much more!

To register, visit activemaribyrnong.com.au

WHAT'S ON IN MARIBYRNONG



SEDDON FESTIVAL

3 MARCH. SEDDON VILLAGE PRECINCT

There'll be live music, food stalls and activities for the whole family at this much-loved community event. More information: seddonfestival.com

#IAMWOMAN EXHIBITION

5 MARCH – 13 APRIL
BRAYBROOK COMMUNITY HUB

#IAMWOMAN is an ongoing photographic portrait project by local artist Jody Haines exploring female representation and self-identity. #IAMWOMAN is an opportunity for women to be seen, not as an object but as an individual.

Further information: maribyrnong.vic.gov.au

BOMBSHELLS, PRESENTED BY WIT INCORPORATED

8 MARCH – 24 MARCH
7.30PM (THURSDAY TO SUNDAY)

Bluestone Church Arts Space, 8A Hyde Street Footscray
Six women are about to explode. How long do you have to fake it before you make it? Join the mother, the dumpee, the drama nerd, the bride, the widow and the diva as they balance gladness, sadness and madness. Further information: witinc.com.au

INTERNATIONAL WOMEN'S DAY AT THE BIG BANG

9 MARCH
4 – 7pm
RECWEST BRAYBROOK
(39 LILY ST, BRAYBROOK)

Phoenix Youth will be celebrating International Women's Day at The Big Bang, a weekly sports and recreational program that features a variety of sports games, professional mentors and showcases women in sport.

Prizes to be won. Young people aged 12-25 welcome. Cost: \$2 for a BBQ.

Further information: phoenixyouth.com.au

FESTIVAL OF LIVE ART

13 – 25 MARCH 2018
VARIOUS LOCATIONS

The Festival of Live Art returns in 2018 as Australia's largest festival of live art celebrating contemporary, experimental, interactive and participatory artworks. Play and be challenged! The Festival takes place across

Arts House, Theatre Works, and Footscray Community Arts Centre, West Space, Temperance Hall and The Substation.

Further information: foia.com.au

EAT. DRINK. WESTSIDE - MELBOURNE FOOD AND WINE FESTIVAL

16 – 25 MARCH
VARIOUS LOCATIONS

Experience some of the west's best at this year's 2018 Eat Drink Westside program, running as part of Melbourne Food and Wine Festival.

More information: melbournefoodwine.com.au



WORLD'S LONGEST LUNCH – MELBOURNE FOOD AND WINE FESTIVAL

16 MARCH
MARIBYRNONG ST,
FOOTSCRAY

1700 diners will get together around a 500-metre long table for three decadent courses along the banks of the Maribyrnong River.

More information: melbournefoodandwine.com.au

LES MILLS LAUNCH

17 MARCH
8.15am – 12pm
MARIBYRNONG AQUATIC CENTRE

Experience new Les Mills choreography in our 30 minutes express classes. Prizes/giveaways on the day.

For further information, contact MAC Customer Service on **9032 4100**

GET ACTIVE! EXPO

17 MARCH – 18 APRIL
VARIOUS LOCATIONS

The Maribyrnong Get Active! Expo is a completely free four and a half week program designed to showcase a range of sport, recreation and wellbeing programs available throughout the municipality.

To register or for further information, visit activemaribyrnong.com.au

FOOTSCRAY FINDS

18 MARCH, 15 APRIL,
20 MAY, 17 JUNE

Happening the 3rd Sunday of each month, Footscray has fast become the home of all things vintage cool. Whether its fashion, records, books, gifts or handicrafts you're after you're bound to find something to repurpose as your own.

HARMONY FEAST

18 MARCH. 12 – 3pm
MAIDSTONE COMMUNITY CENTRE

Food, fun, family and friends... Harmony Feast is on again! Come along and enjoy traditional delicious food from around the world, cooked by our very own community members, plus fabulous multicultural entertainment and activities including a 'Human Library' with real living books. Free event.

Further information: maribyrnong.vic.gov.au

CULTURAL DELIGHTS – COMMUNITY LUNCH

21 MARCH
12.30 – 1.30pm
BRAYBROOK COMMUNITY HUB

As part of Cultural Diversity Week, Braybrook Community Hub is offering a multicultural lunch. There will be food from different cultures, so it is an opportunity to try something new.

Places are limited so registration is essential. Contact the Hub on **9188 5800** to register.

MIDWEEK TWILIGHT COMMUNITY MARKET

27 MARCH. 6 – 9pm

Maribyrnong Community Centre, 9 Randall Street, Maribyrnong

With approximately 30 stalls selling items including artworks, plants, toys, clothes, second hand goods and more, there's bound to be something for you at the Market - there will be food and music to enjoy too!

SCHOOL HOLIDAY PROGRAM

3 – 13 APRIL
BRAYBROOK COMMUNITY HUB

Enjoy the school holiday program at Braybrook Community Hub with lots of activities to enjoy including movies, arts and crafts and fun games.

Places are limited so registration is essential. Contact the Hub for a full program of events and registration.



MELBOURNE INTERNATIONAL COMEDY FESTIVAL WESTSIDE

25 MARCH - 22 APRIL, VARIOUS LOCATIONS

The MICF is partnering with the Council's Festival City program for Comedy out West. This year in addition to the popular C.O.W Open Mic night, the program includes Raw Comedy 2018, the Very Big Laugh Out and Indian Showcase. More information: comedyfestival.com.au

SETTING SUN SHORT FILM FESTIVAL

26 – 30 APRIL
SUN THEATRE YARRAVILLE

A short film that showcases local filmmakers from the western suburbs.

More information: settingsunshortfilmfestival.com.au

NEIGHBOURHOOD HOUSE WEEK OPEN DAY

1 MAY. 6 – 9pm

Maribyrnong Community Centre, 9 Randall Street, Maribyrnong

Enjoy activities and workshops, meet the tutors and representatives from the Centre's Community Groups. Lots of fun for all, including face painting and a petting zoo for the children.



EMERGE IN THE WEST FESTIVAL

5 MAY
NICHOLSON STREET,
FOOTSCRAY

This popular event reveals the diversity of African arts, culture and small businesses in Melbourne's West.

More information: multiculturalarts.com.au

HUMAN RIGHTS ARTS AND FILM FESTIVAL GOES WEST

11 – 13 MAY
FOOTSCRAY COMMUNITY ARTS CENTRE, VU AT METROWEST, SUN THEATRE

The Human Rights Arts & Film Festival explores diverse and inspiring human stories through the mediums of film, art, music and forums.

More information: hraff.org.au

WOMINJEKA FESTIVAL

26 – 27 MAY
FOOTSCRAY COMMUNITY ARTS CENTRE

Celebrate Indigenous arts and culture with iconic performances, music, theatre, visual arts and workshops.

More information: www.festivalcity.com.au



JAZZ OUT WEST – MELBOURNE INTERNATIONAL JAZZ FESTIVAL

1 – 10 JUNE

There's something for everyone in this year's JOW program, with plenty of shows on offer, suitable for both fans and jazz newbies alike.

More information: melbournejazz.com

Festival City Grants

Are you part of an organisation or community group planning to hold a festival in the City of Maribyrnong in the coming financial year? You may be eligible to apply for funding through Council's Festival City Grants Program which will reopen in early May.

More information: www.festivalcity.com.au

HARMONY FEAST

CELEBRATE CULTURAL DIVERSITY AT MAIDSTONE COMMUNITY CENTRE

Make sure you bring your appetite to the eighth annual Harmony Feast, taking place on Sunday 18 March from 12pm at Maidstone Community Centre, as the community comes together to celebrate the many cultures that call our City home.

The Feast, which is cooked mostly by locals onsite the Centre, features an abundance of traditional dishes from around the world including vegetarian and halal options. This year, local Braybrook resident Soraya will be making over 300 serves of Thai Green Papaya Salad.

So come along to try this tasty dish, among many others, and then use the recipe below to make it at home!

Visit maribyrnong.vic.gov.au for further information about Harmony Feast.

THAI GREEN PAPAYA SALAD

INGREDIENTS:

- 2 cloves of garlic
- 5 Thai chilies (or to taste)
- 2 tablespoons shelled roasted peanuts
- 1 tablespoon fish sauce
- ½ - 1 tablespoon palm sugar
- 1 - 2 limes
- 1 tablespoon of dried shrimp or fresh cooked prawns (optional)
- 1 - 2 small tomatoes
- 1 big double-handful of shredded green (unripe) papaya
- Long-beans or green beans
- Green cabbage (side dish)
- More roasted peanuts (to garnish)

METHOD:

- 1 Wash and peel the green papaya. Either use a cheese grater to shave the papaya, or do it the traditional way by hacking at the papaya with a knife until there are numerous vertical cuts, then shave the top layer into thin slivers, and repeat.
- 2 Add garlic and chilies to a mortar and pestle and pound until reduced to small pieces.
- 3 Add palm sugar, fish sauce, and lime juice to the mortar.

2018 – THE YEAR OF LIFELONG LEARNING

This year, Adult Learning Australia is celebrating the power of people continuing to learn throughout their lives. Research shows that when people take an active approach to learning, it has a significant impact on individuals, families and communities.

Taking time to learn as an adult is the key to a healthy and active life and staying connected in communities.

Braybrook, Maidstone and Maribyrnong Community Centres are the heart of community life and learning in the City of Maribyrnong.

By walking through the centre doors, you could discover a new hobby or learn a new skill.

With programs and activities ranging from ballroom dancing and calligraphy, to computer and English classes, there really is something for everyone.

So what are you waiting for? Take the leap and discover learning!



- 4 Mix and pound the dressing, until the palm sugar is fully dissolved.
- 5 Add 1 tablespoon of peanuts, dried shrimp or prawns, and roughly sliced tomatoes to mortar.
- 6 Pound mixture for 30 seconds, lightly breaking up tomatoes, shrimp, and peanuts.
- 7 Toss the papaya into the mixture and combine until evenly mixed.

PSYCHEDELIC PAINTINGS ON SHOW



AT PHOENIX GALLERY

Strongly influenced by Chinese and Japanese art, along with 80s skateboard art, artist Liam San Jose has a unique style that creates contemporary imagery from a fusion of cultures.

Using acrylic and ink, Liam's paintings and illustrations, which are on display at Phoenix Youth Hub until 26 April, frequently reference animals and nature.

Visit phoenixyouth.com.au for further information about the exhibition.

Phoenix Gallery is open to all young artists, 12-25 years of age, as well as organisations working with young people for free exhibitions. Two Artist in Residencies are offered yearly to young people to support them with art studio space, mentoring and exhibition costs. To find out more call 9091 4700 or email phoenix@maribyrnong.vic.gov.au

MARIBYRNONG YOUTH ADVISORY COMMITTEE IS RECRUITING

The Maribyrnong Youth Advisory Committee (MYAC) is a group of young people between the ages of 12-25 years, who are passionate about being young leaders in the Maribyrnong community.

MYAC's main role is to act as a link between Maribyrnong City Council and young people. Members have the opportunity to share their opinions on key issues affecting young people, work on youth led projects, participate in training workshops, and much more!

If you, or someone you know, would be interested in being a part of MYAC, visit phoenixyouth.com.au to apply.

CHILDREN & FAMILY SERVICES

PARENT EDUCATION

Infant Cardio Pulmonary Resuscitation (CPR)

Sessions:

Maribyrnong City Council offers CPR information sessions for parents of infants and young children at Footscray Town Hall, Community Service Building, Cnr of Hyde and Napier Streets, Footscray.

Dates for 2018:

Wednesday 21/3/2018
Wednesday 23/5/2018
Wednesday 18/7/2018
Wednesday 19/9/2018
Wednesday 21/11/2018

All sessions take place from 1-3pm.

To book for the CPR sessions or for further information on any of our services please call **9688 0501**.

IMMUNISATIONS

Under current state and federal legislation families attending 4 year old

kindergarten and child care are now required to have up to date immunisations. Council provides families with drop in, and appointment, immunisation sessions.

Bookings can be made by calling 9688 0145.

CENTRAL REGISTRATION SYSTEM (CRS)

We provide a central registration system for community managed long day care, 3 and 4 year old kindergarten. During school terms, the CRS team will be available at all immunisation drop in sessions to provide families with further information and to assist with registering your child. Families can also register online at maribyrnong.vic.gov.au/crs or by calling 9699 0116. For further information about Child and Family Services, visit maribyrnong.vic.gov.au



CELEBRATE CULTURAL DIVERSITY AT YOUR LIBRARY



While almost half of all Victorians were either born overseas or have at least one parent born overseas, the same is true for over 60% of the City of Maribyrnong's population.

Maribyrnong's strength lies in its great diversity, which is why we love to celebrate Victoria's largest multicultural celebration, Cultural Diversity Week.

Free events will be hosted at the libraries across the municipality, reflecting this year's theme, 'Proud to Belong'.

- Get an introduction to language and learn more about our library language collections, including online resources such as *Mango Languages*, through a language workshop.
- Bring your little ones down to a bilingual story time session.
- Have your say about which books the Library Service should purchase at a community Language Other than English (LOTE) book selection day. Suppliers will bring stock for library members to browse and select for the library.
- Join us for a foreign film night and discussion.
- Find the new LOTE book/DVD displays with refreshments at all library branches.

Cultural Diversity Week is held annually to coincide with the United Nations Day for the Elimination of Racial Discrimination and Harmony on 21 March. In 2018, the week will be held from 17-25 March.

HOME LIBRARY SERVICE



Did you know that Council offers a free home library service for eligible residents?

Our Outreach Services Librarian works with a group of volunteers to provide a friendly, personalised library service for residents who are housebound.

Ready, Set, Read!

The countdown is on for the annual National Simultaneous Story Time

At precisely 11am on Wednesday 23 May, kids across Australia will turn the same page on the same book.

Hickory Dickory Dash, written by Tony Wilson and illustrated by Laura Wood, is the chosen book for this year's annual collective reading event.

Each year, a picture book, written and illustrated by an Australian author and illustrator, is read

simultaneously in libraries, schools, pre-schools, childcare centres, family homes, bookshops and many other places around the country.

You can join the event by dropping into story time at Footscray Library at 11am on Wednesday 23 May.

The book will also be read at the regularly scheduled story time sessions across all library branches that week.

Now in its 18th year, the event promotes the value of reading and literacy, choosing books that explore age-appropriate themes, and addresses key learning areas of the National Curriculum for Foundation to Year 6.



KANOPY HAS ARRIVED

Love streaming movies? If you are a library member, you can now watch over 30,000 documentaries, classic and indie films through popular streaming service Kanopy!

Titles include *Carol*, *I Am Not Your Negro*, *Hard Day's Night* and much more. So what are you waiting for? Get streaming!



GET CREATIVE WITH MAKERS CLUB

Kids aged 5-12 will love getting crafty at the free Makers Club craft sessions. A new theme will be introduced each month. Have fun with Easter craft during April.

One session per month at each library branch from 4-5pm. Bookings not required.

KNITTING GROUPS

Footscray and Yarraville Libraries have groups who meet weekly. Come along and share your favourite patterns and refine your needlework skills with other like-minded knitting lovers.

Footscray Library – Wednesdays at 2pm

Yarraville Library – Tuesdays at 1.30pm

For further information about our libraries and the programs available, go to maribyrnong.vic.gov.au or call 9688 0200

BANDMATES VICTORIA TO KEEP ROCKING IN 2018

FOLLOWING ON FROM THE SUCCESS OF THE PILOT PROGRAM LAST YEAR, BANDMATES VIC IS SET TO BE BIGGER AND BETTER THIS YEAR!

The live music scene in Victoria is thriving and vibrant – there is never a shortage of gigs or festivals to attend. For young people, seeing live music is a rite of passage and something that everyone should have the chance to enjoy.

The program arose out of a growing demand from people with disability to have the opportunity to see live music in venues of their choice at a time they choose, allowing for autonomy, independence and social access.

In 2017, Bandmates Vic was launched to help make this a reality for people with disability or mental health issues, who may not otherwise be able to attend live music performances. The program attracted keen interest across Melbourne and further afield.

By partnering volunteers with people with disability or mental health issues, Bandmates Vic has been able to break down participation barriers and enhance the wellbeing of the community through accessing popular and independent arts and culture.

Peter, a Bandmate who works in Footscray, said that the program has provided him with the opportunity to see music that he wouldn't normally see.

"I saw a Jazz performance at the Jazz Lab. But my favourite part of Bandmates is being part of a new community, new friends and socialising. It is great!" Peter said.

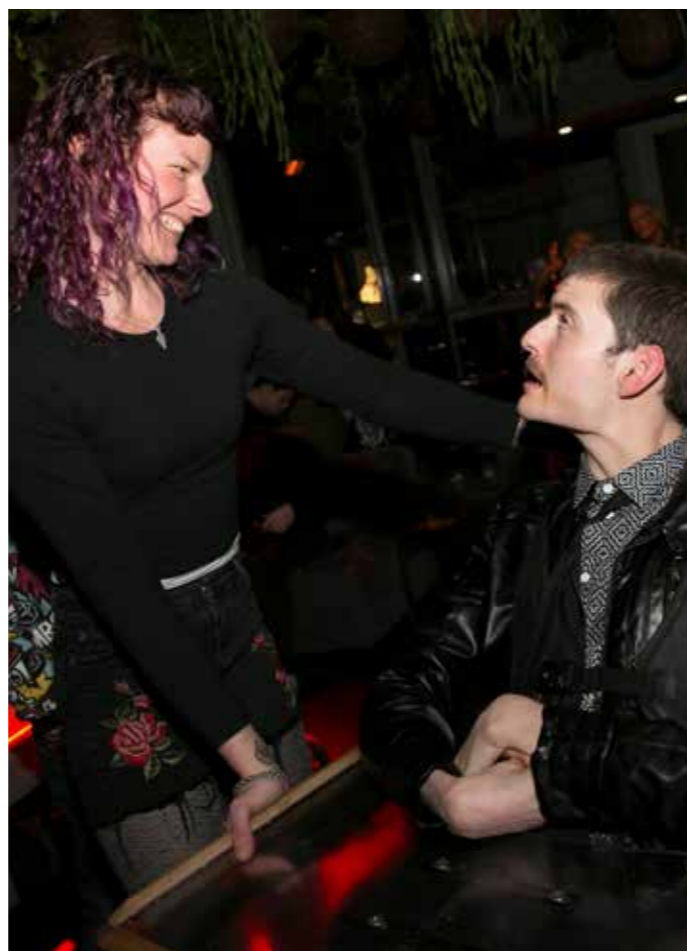
It isn't just the Bandmates who have a great time though – the volunteers have enjoyed being a part of the program as well.

Rak, who works in the disability space, said that his love of music made Bandmates an ideal program to be a part of.

"I love music and I also love working in disability, so it sounded like a perfect combination. It is great to see live music with my Bandmate," Rak said.

Rak has also noticed a big change in his Bandmate since they were partnered together.

"When I met my Bandmate, he was quiet and anxious. Now he seems confident and relaxed, and wants to go out," Rak continued.

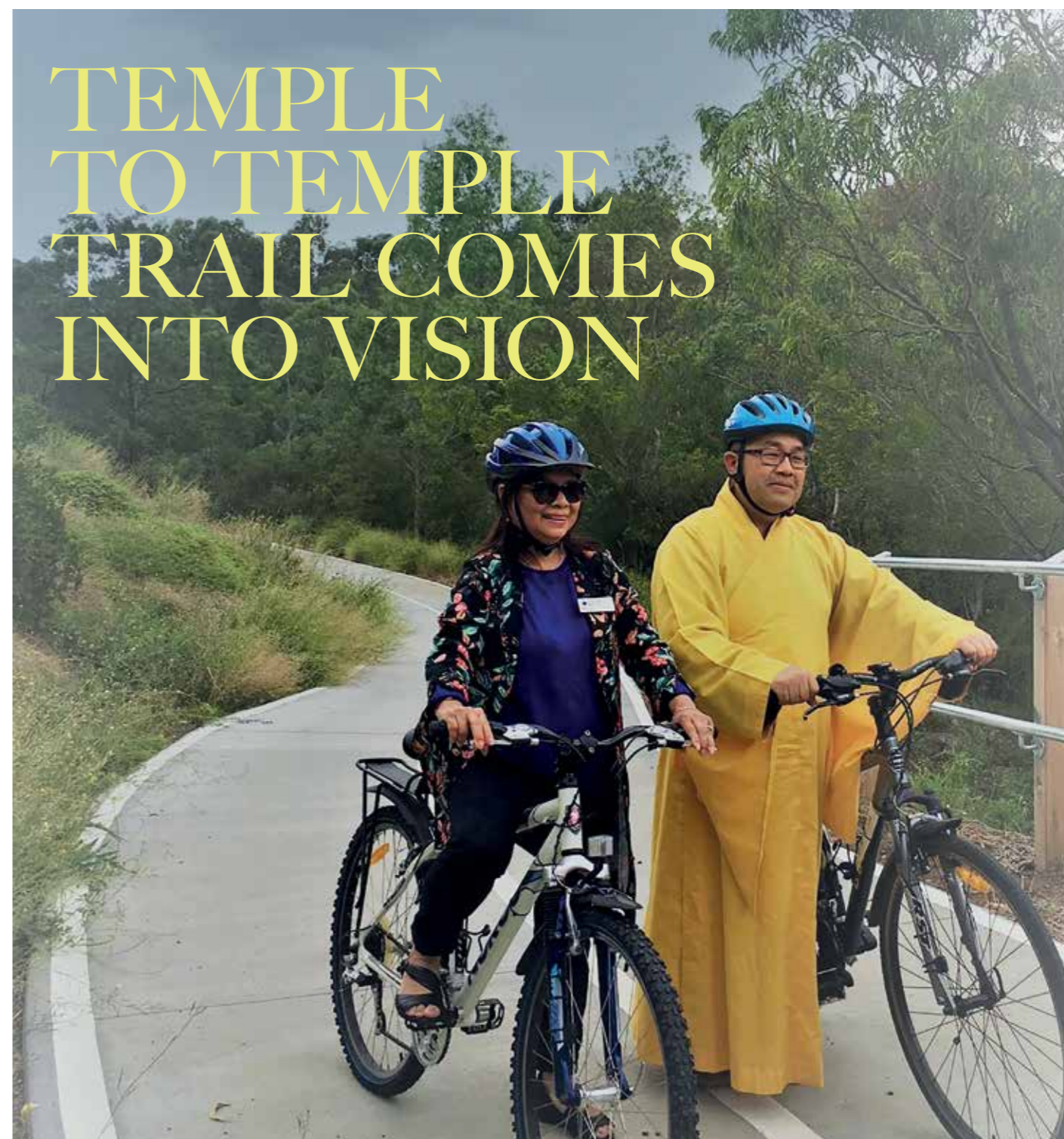


Bandmates Vic provides training to volunteers to support their involvement in the program, along with specialist industry development training for live music venues and their staff to ensure that everyone's experience out and about is inclusive and enjoyable.

Thanks to a funding boost from VicHealth, Bandmates Vic will continue to provide further training for volunteers and venues to enhance the potential for people with disability to have more choice in their social life.

If you or someone you know is interested in volunteering or if you are over 18 with disability or mental health issue and would like to become a Bandmate, you can apply online at maribyrnong.vic.gov.au/bandmatesvic

TEMPLE TO TEMPLE TRAIL COMES INTO VISION



The vision to create a Temple to Temple Trail along the Maribyrnong River is one step closer with the completion of a new 1.2km section of pathway from Cranwell Park to the border with City of Brimbank.

Once complete the Temple to Temple Trail will follow the Maribyrnong River to link the Heavenly Queen Temple in Footscray to the Quang Minh Temple in Braybrook.

The recent extension was officially opened on 6 February and is one of the final stages in the Temple to Temple Trail. The new section now links with another 800 metres of trail

connecting Cranwell Park to the pipe bridge near Medway Golf Course which was constructed in 2014/15.

It is anticipated that the final connection of the Temple to Temple Trail along the Maribyrnong side of the river will occur in the future with the eventual development of the Maribyrnong Defence Site.

GROWING OUR FUTURE TOGETHER

RESIDENTS TAKE PART IN THE COMMUNITY PLAN
CREATIVE VISIONING PROJECT.



There's been great support for the Community Plan consultations with more than 300 contributions towards the Maribyrnong 2040 community vision.

The conversation about what kind of future residents want for our municipality over the next 20 years captured the imagination of children who took part in workshops held by 100 Story Building.

100 Story Building is based in Footscray and is dedicated to boosting the literacy skills and confidence of children. They ran workshops with Dinjerra Primary School and Footscray North Primary.

Program Manager, Simon Conlon, said grade five and sixes he worked with were excited to take part in the project.

"Footscray North Primary talked about what was important to them at the moment, how things may change in the next ten years and then again in twenty years, asking the question what

would be important to the children of the future?" he said.

"We gave them a time machine to send a post card into the future. Feedback from the postcard was about concern for the environment – that there'd be fresh air and more trees, among other issues."

A community art project facilitated by artist Serene Lau at Little Saigon Plaza and Footscray Station forecourt attracted participation from across the community from toddlers to seniors, newly arrived residents and those who'd lived in the community 'forever' and the cross section of people in between.

Serene created a mural of a 'wishing tree' that featured much loved sites in our City along with scenes of residents enjoying hobbies such as bike riding. She helped participants create beautifully painted leaves that carried their vision for the future.

Artist Serene said people were pleased to take part in the creative

visioning project. "It was quite interesting to see the different groups of people we got each day and humbling to see that a small work of art could make someone's day better," she said.

As part of the consultation process residents also provided their vision for 2040 via online consultation at Your City, Your Voice and conversation kits that included a survey were mailed to homes. The Disability and Older Persons Advisory committees participated in facilitated consultation sessions, young people provided feedback at the Yarrville Festival and comments were provided by the general community via libraries and community centres where participants could write their vision for 2040 on a leaf and pin it to the decal trees located at these sites.

Feedback from across the City will be considered by a representative community panel that will run the Maribyrnong 2040 community plan.

PREMIERSHIP SEASON KICKING OFF



The Western Bulldogs' Sons of the West men's health program has returned to Maribyrnong in 2018

Sons of the West, a free health program for men aged 18 and over, aims to improve participants' mental health and physical health through a series of workshops, presentations events and experiences.

The 'Premiership Season' is a 10-week program that helps men learn about their health and wellbeing and caters for all levels of knowledge and fitness.

There are loads of giveaways and incentives including match day experiences, customised Sons of the West incentives and the chance to win signed merchandise from the Western Bulldogs Football Club.

Sessions will take place on Tuesday evenings in Footscray and Wednesday evenings in Braybrook.

To be a part of Australia's biggest men's health program, all you need to do is pre-register at the Sons of the West website and attend one of the registration nights and you're on your way to a healthier and happier lifestyle.

FOOTSCRAY: Tuesdays, 7-9pm / 13 March – 15 May
RECWEST FOOTSCRAY
Registration night: Tuesday 6 March, 6.30 – 7.30pm

BRAYBROOK: Wednesdays, 7-9pm / 14 March – 16 May
RECWEST BRAYBROOK
Registration night: Wednesday 7 March, 6.30 – 7.30pm

For more information and to register, visit sonsofthewest.org.au

CHALLENGING GENDER STEREOTYPES EARLY ON

Did you know that 1 in 5 Australian women have experienced sexual violence, and 1 in 3 Australian women have experienced physical violence? Half of the people in our community are women and it is likely that someone you know has already experienced violence, or will in the future.

International research shows that gender inequality is a key underlying cause for violence against women, and that is why we have a long history of advocating for gender respect and equity in an effort to reduce violence against women and children in our community.

In order to further promote gender equality, we have created *Beyond Princesses and Pirates*, a guide to children's picture books, to assist parents and carers in challenging the

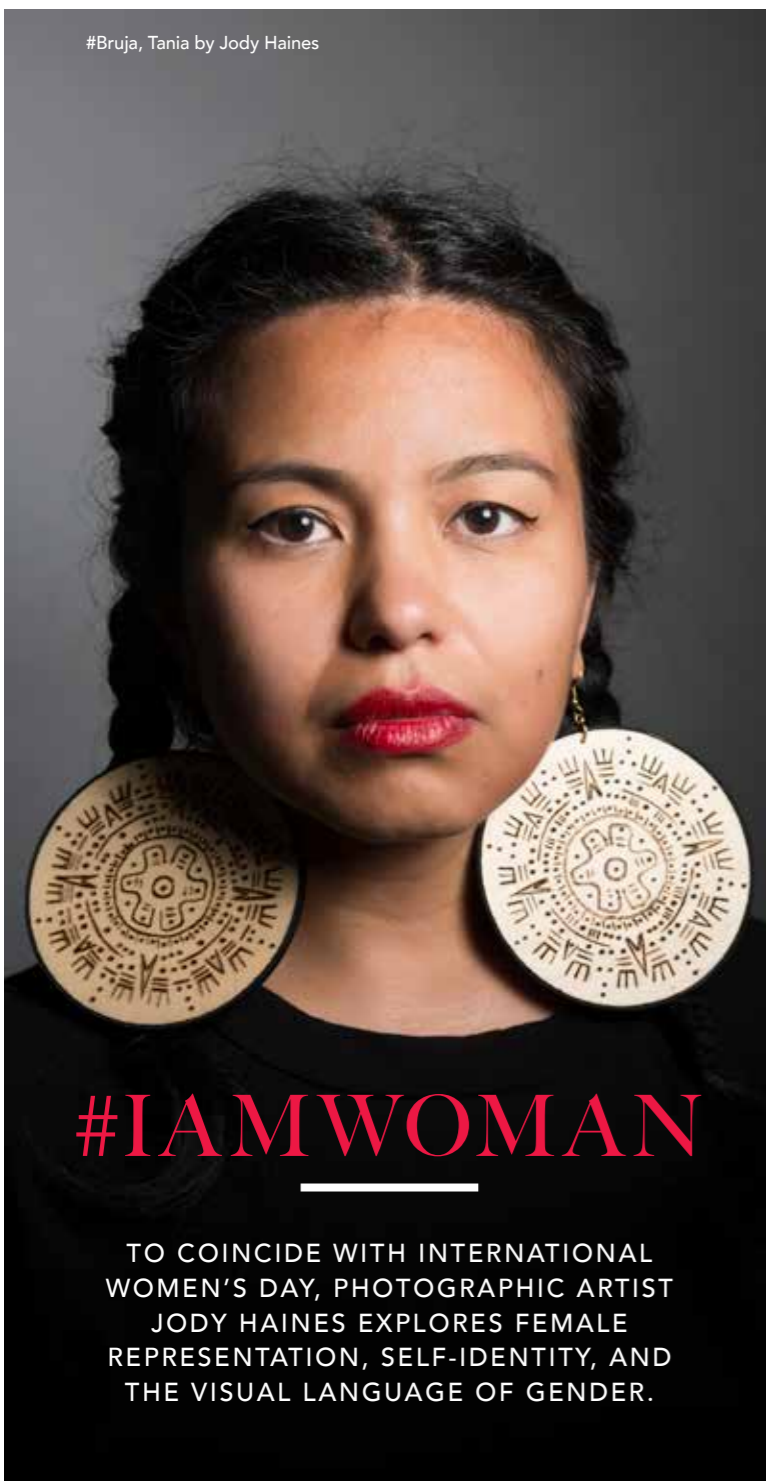
culturally ingrained ideas about appropriate behaviours for females and males.

The content of many children's books can perpetuate gender stereotypes, often depicting boys as strong and active, and girls as pretty and passive.

But picture books can be used to promote discussion and broader thinking in a way that children can understand, and this guide will provide a range of books that feature alternative ideas about what children can be, what they can be interested in, and what they can achieve.

This resource, which launched on International Women's Day, is available at all of Maribyrnong's libraries and at maribyrnong.vic.gov.au

#Bruja, Tania by Jody Haines



“BE HEARD! BE SEEN! BE YOU!”

Jody Haines

#IAMWOMAN is the newest collection of works from local artist Jody Haines, which, as the title suggests, focuses on women by placing them front and centre of the frame.

The portrait-based project started during the Women of the World Festival in 2017, and arose out of a desire to subvert the status quo of daily female visual representation seen across print and social media platforms.

“As an image maker, rather than perpetuate the status quo, I began exploring ways to develop a different visual in my work, one that attempted to create an equality and care for an individual’s presence,” Jody said.

Through the series, Jody aims to develop a different type of female image.

“Looking critically at the everyday visual selection of female representation across media, women are placed at two ends of the spectrum; they’re either portrayed as objects of desire or objects of ridicule, there’s rarely anything in-between,” Jody said.

She also hopes to shift the way women are visually represented.

“#IAMWOMAN is the in-between – no one is objectified, and no one is ridiculed. Women are seen as an individual, their identity isn’t dependant on anyone or anything else,” Jody continued.

In the lead up to #IAMWOMAN, Jody held portrait sittings with local women in order to create images that share their stories.

The images form part of the exhibition, which is on display from 5 March to 13 April at the newly created Access Gallery at Braybrook Community Hub.

For more information about #IAMWOMAN, visit maribyrnong.vic.gov.au

BRAYBROOK ACCESS GALLERY

A high quality exhibition space, the gallery at Braybrook Community Hub provides artists, curators and community groups with an opportunity to present their artistic work within a popular community facility.

It is a great opportunity for artists to gain professional exhibition experience and for the community to access and view works by their local community, about their local community.

Expressions of interest are being sought to select exhibitions for this space during 2018.
EOIs can be submitted between 2-27 April via maribyrnong.vic.gov.au/arts

FESTIVAL CITY THE LAUGHS ROLL ON

The best of the fest is coming back to the West with another bumper Comedy Westside program for 2018.

In partnership with Melbourne International Comedy Festival, we are presenting Comedy Westside which will feature four main events in its bumper program, including the always-popular Comedy Out West C.O.W Open Mic Night.

Last year’s C.O.W. winner, student Sam Gebreselassie, is back to defend his crown in 2018. Born in Sudan to Ethiopian parents before immigrating to New Zealand, then Australia, Sam is looking forward to bringing his unique comedic style back to the C.O.W stage. “My diverse background has definitely contributed to my comedic style, because I got to experience the world differently - therefore shaping my unique perspective on everyday life,” he said.

“It is very beneficial to have events like C.O.W Open Mic Night because usually comedians are practicing their material in small rooms around Melbourne to other comedians,” continued Sam. “To have a live audience from the community listen to the material you’ve been working so hard to perfect is amazing, and their response is what drives us to write more and become better. I look forward to having another crack at the C.O.W bell in 2018!”

The (Very) Big Laugh Out will head to the pop-up park in Yarraville on 24 March after wowing audiences in its first stint out West in 2017. The Indian Showcase on 7 April will also delight audiences at Kindred Studios,



showcasing the very best of emerging and established comedians from across India.

The 2018 program also includes a RAW Heat at Kindred Studios where amateur comedians will battle it out for a spot at the RAW Comedy National Grand Final at Melbourne Town Hall during the 32nd Melbourne International Comedy Festival.

Damien Hodgkinson, Executive Director of Melbourne International Comedy Festival said, “Melbourne International Comedy Festival has always had a big audience out West, and it’s been great to be able to partner with Council to bring some of our key shows to an audience that clearly has a strong appreciation for the arts.”

“We look forward to a successful Comedy Westside program in 2018 and hope that our audiences out West enjoy some of the best local acts, and funniest artists from across the globe.”

THE (VERY) BIG LAUGH OUT WESTSIDE

BALLARAT ST POP-UP PARK
Yarraville: Sat. 24 March, 12pm

COMEDY OUT WEST OPEN MIC, WITH SIDES

KINDRED STUDIOS
3 Harris St, Footscray. Sat. 14 April,
7.30pm (Doors 7pm)

Bookings: www.maribyrnong.vic.gov.au/Events/Comedy-out-West-Cow

Recommended for 15+

INDIAN SHOWCASE

KINDRED STUDIOS
3 Harris St, Footscray. Thurs. 19 April,
8.30pm (Doors 8pm)

For more details visit festivalcity.com.au
or comedyfestival.com.au

SILKS, BUTTONS AND BOWS...



Ever wished that you could have an outfit that isn't just like everyone else's but can't afford the designer labels? Then Fabric Deluxe is the place for you.

Owned by mother and daughter Carita and Stephanie England, their wonderful shop sells everything to make your one of a kind outfit. They stock high quality dress fabrics at great prices and buy from suppliers that sell to the top Australian fashion labels. Everything you need – ribbons, thread, zippers, braid, trimmings, fabrics and linings – is there. They also stock patterns by Parisian label *DP Studio* and, for those who love vintage fashion, *Sew Over It*.

"I was born and bred in Footscray and I love the area and its community spirit," said Stephanie.

"When I was growing up, I had to go to the other side of town to buy fabric. We thought it was time that the West had a shop like this and we try to get the highest quality for the lowest price."

"We cater for beginners as well as advanced sewers," said Carita. "Not only do we sell silk, linen, suiting and jerseys but we sell cotton that is great for those starting out. We're happy to give advice to help you find the right fabric. We want everyone to discover – or rediscover – their love of sewing."

Their range changes every season, but every week sees new fabrics arriving. The shop is awash with so many colours and patterns that you might have a hard time choosing what to buy!

Fabric Deluxe
47 Napier Street, Footscray
www.fabricdeluxe.com.au
Telephone: 9687 6895

HOW TO CONTACT YOUR COUNCILLOR



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Ph: 0432 139 613

You can also write to your Ward Councillor:
c/- Maribyrnong City Council, PO Box 58, Footscray 3011.
If you don't know who your Ward Councillor is, please contact Customer Service on 9688 0200 or fax 9687 7793.

For requests, comments and questions about Council services and programs, go to www.maribyrnong.vic.gov.au or call Customer Service on 9688 0200.

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TIS: 131 450



NRS: 133 677 OR 1300 555 727
www.relayservice.com.au



Maribyrnong
CITY COUNCIL