

A MESSAGE FROM THE MAYOR

This edition of Maribyrnong Messenger highlights so many of our creative talents as a City.

The Fringe Festival is back and is set to be an artistic and cultural experience like no other, it is the perfect opportunity to try something new or something that will raise your eyebrows. A feature of the festival is a partly autobiographical work by Rachel Edmonds who explores what it's like to have a disability and deal with the feedback of others on the subject of disability.

Our feature is on Jose Ramos, one of the founders of Footscray Maker Lab, a facility used for a range of creative activities like metal work, robotics, furniture making, glasswork, 3D printing, lighting design, pottery and more.

We're also celebrating the Moon Festival in our libraries in September. It's the time of year to get out and enjoy all our City has to offer. For more activities and events to attend, read through our extended events listing in the 'What's on in Maribyrnong' section.

If you're interested in starting a new business you will enjoy reading about our new Business Concierge.

Our streets have become even more colourful over the past few months, with new StreetWORKS murals popping up in Footscray, Seddon and Kingsville.

We're also pleased that works at Footscray Park and Footscray Town Hall portico are complete. Recent renovations were undertaken earlier this year to return the portico, built in 1936, to its former glory with a Victorian Government grant more details on pages 20-21.

There's much more happening in our City, read on and remember to keep up to date with the latest news by following us on Facebook.

Cr Cuc Lam Mayor of the City of Maribyrnong



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COUNCIL MEETINGS

Council meetings are open to the public and residents are encouraged to attend.

SEPTEMBER: Tuesday 11, 6.30pm Ordinary Council.

Tuesday 18, 6.30pm City Development Special Committee.

OCTOBER: Tuesday 9, 4.30pm Enterprise Maribyrnong

Special Committee.

Tuesday 23, 6.30pm Ordinary Council.

Tuesday 30, 6.30pm City Development Special Committee.

November: Wednesday 7, 6.30pm Special Council (Election of Mayor).

Tuesday 20, 6.30pm Ordinary Council.

Tuesday 27, 6.30pm City Development Special Committee.

Meetings are held at Maribyrnong Council Offices, corner Hyde and Napier Streets, Footscray.

Please visit www.maribyrnong.vic.gov.au/meetings or phone 9688 0200 for more information.

A MORE CONNECTED CITY



Residents in the City of Maribyrnong will advise Council on the development of projects and programs that encourage a culture of walking and cycling across the city as part of the Maribyrnong Active Transport Advisory Committee.

Council sought nominations to the advisory committee in May/June this year and endorsed the six community representatives, two residents from each of the municipality's wards, at the Ordinary Council Meeting Tuesday 24 July.

The community representatives are:

YARRAVILLE WARD

Larissa MacFarlane, a dedicated commuter cyclist for over 20 years with an interest in mobility for people with a disability and those that don't use motor vehicles. Larissa considers safety to be the biggest deterrent to cycling in the City. She is a long term member of MazzaBug and has previously sat on the Maribyrnong Disability Advisory committee 2005-2012.

Andrew Coonan, a civil engineer with experience in infrastructure projects both in Australia and in Europe. Andrew is a commuter and recreational cyclist and believes much can be done to truly turn Maribyrnong into a benchmark to which others must follow.

STONY CREEK WARD

Elena Pereyra, an architect who recently participated in Council's Community Leadership Program.
Elena is active in Cycle Maribyrnong and Bike West. Elena has extensive knowledge in urban systems and regenerative development through ongoing research.

Damon Berghan-Carrick, an architect with a masters in urban design. Damon chooses to move under human power and is a self-confessed lover of the city. Damon is an active contributor through consultation on Council cycling projects.

RIVER WARD

Glen Mason, the founder of Cycle Saloon which operates out of Pipemakers Park. Glen is an experienced cyclist who recognises the challenges faced by cyclists and can identify which solutions are effective in mitigating them.

Leyla Asadi, who works in the active transport discipline and is keen on the investment in behaviour change programs and initiatives. Leyla is passionate about local communities and often volunteers.

The input of residents is valued as we further develop our cycling lanes and trails as there is a growing demand for sustainable transport options, that are clean and green and every year we invest in improving our trail network and bicycle lanes.

Council aims to have a more connected City, knowing that's what our community wants – cycling reduces congestion, improves physical fitness, reduces green house emissions and improves air quality.

The City of Maribyrnong has more than 40 kilometres of on-road lanes and off-road paths connecting some of our most popular attractions including Melbourne's Living Museum of the West, Pipemakers Park and Footscray Community Arts Centre.



Jose Ramos, lecturer, editor, father of two and mutant futurist reflects on Footscray's future while sipping on a latte in a Footscray café.

The city's biggest strengths, he believes, are its diversity and vibrant arts community and what he views as an open and pragmatic approach to life.

"There is a live and let live attitude here partly because there are so many different cultures, there is no one dominant culture imposing its set of rules or expectations. Freedom emerges when there is no one dominant culture," he says.

"If you want to have a sense of place, you cannot disown the past. Integrating the past is a community development question, it's an urban planning and design question."

Ramos was born to Mexican parents in Oakland, California in the USA and completed his bachelors degree through the University of California at Irvine. He met his wife, De Chantal Hillis, while studying Chinese and teaching English in Taiwan. The couple is typical of Footscray's quintessentially diverse fabric: Hillis is part-Greek Cypriot, Irish-Australian and Ramos is Mexican, which includes native American / indigenous, Spanish, Greco-Roman and other.

They moved to Footscray in 2005 where they are now raising their children, aged 4 and 10.

Ramos lectures at Victoria University and the University of the Sunshine Coast, edits the Taiwan-based Journal of Futures Studies, has penned 50+ published articles and essays, goes on speaking engagements and runs Action Foresight – a kind of think tank that advises clients on planning for the future. There's a whiff of De Bono's lateral thinking blended with a healthy pragmatism in its approach.

Clients have included community organisations and NGOs, businesses and government departments in Australia, Pakistan, Mexico, Brunei and elsewhere.

"A futurist studies trends and emerging issues and has well-formulated ideas about the big issues – in work, the economy and environment," Ramos explains. "But it is also someone who helps question assumptions about the future and reimagines the possible.

"You can't do planning well if you're not questioning your assumptions about the future."

Ramos also runs courses that use games to teach people some of the principles on thinking about the future. One of his recent clients was a government organisation that needed support in planning for long-term changes.

"They wanted to know, if we keep on going down this track, if all the trends continue playing themselves out,

namely, Climate Change, water, population, what would the future look like, and what does it mean for what we need to do?," he says.

"So we developed scenarios and based on those scenarios, they then designed interventions to address that 10-year horizon. So instead of waiting 10 years for the problem to worsen, they are addressing problems at an earlier stage."

With some clients, we conduct training, with others, we help create an understanding of the future or we help them design interventions.

Ramos has just returned from workshops and speaking engagements in Mexico where he spoke about the ideas of Design Global Manufacture Local.

"What that means is: we have an open source movement," he explains.

"So you can visit websites and grab designs for 3D printing, for instance. We have these new production capabilities such as CNC machines and micro controllers, such as aduino raspberry pi that allow us to automate on a smallscale what we were not able to automate before."

In 2013, Ramos co-founded the Footscray Maker Lab with four other locals. The Maker Lab provides a workspace for anyone wanting to build things, design and workshop ideas.

Ramos left the Maker Lab in 2015 but still keeps in touch.

"Maker Lab is doing very well. It's incubated about half a dozen businesses; it's amazing."

Ramos' love for his adopted home is obvious.

"The Footscray area is dynamic; it has some of the oldest artist communities in Melbourne," he says.

"I would love to see small nimble, production and manufacturing in the inner west but in a way that's very 21st century where you're applying the circular economy – where you're turning waste into a critical resource; you're practising design global, manufacture local; you're creating a vibrant local economy. I see the potential because of the demographic, talent, diversity and industry. There's spaces here for that kind of creativity."

NOWHERE DOES FRINGE LIKE MELBOURNE'S WEST

GET READY FOR SOME OF THE BEST OF THE FEST IN PERFORMANCE, CABARET, COMEDY, VISUAL AND LIVE ART RIGHT ON YOUR DOORSTEP.



Photo credit: Karl Ferguson

Each September, Melbourne Fringe transforms the city into a platform for every kind of art form imaginable... Fringe is creative, it is bold, it is diverse.

So what better place to celebrate artistic expression than here in the west – a unique and thriving cultural hub, with a dynamic and progressive culture.

Fringe Westside is set to be an artistic and cultural experience like no other, and it is the perfect opportunity to try something new.

With an extraordinary selection of performances, exhibitions and activations for all ages, the City of Maribyrnong will be abuzz during Fringe Westside.

One of the program highlights is *Have you tried yoga?*, a theatre production that explores what it's like being disabled when surrounded by empty gestures, echoing platitudes and wannabe heroes.

The brains behind the part autobiographical work is Rachel Edmonds, who said it is a message that goes further than suggesting we need a few more ramps.

"The show is a collection of true stories from the disabled community being presented word for word that demonstrates the social inequality in modern day Australia."

Rachel created the work, which is being performed at Bluestone Church Arts Space, to help the visibly and invisibly disabled community feel visible and acknowledged.

"Another reason I created this show is because I was completely exhausted of people suggesting cures and solutions to me (like yoga), and I knew other people were feeling the same," Rachel continued.

By sharing stories that are spoken, written and performed by members of the disabled community, Rachel hopes to redefine social narratives.

"For so long, the narrative of disabled life has been coming from the ablebodied community, and by having that narrative come from the disabled community changes it completely. The truth of our experience of this world can only be realised when it's told by disabled people," Rachel said.

Another highlight of Fringe Westside this year is THE COMPLETELY UNMONITORED NORMAL HUMAN SOCIAL GATHERING EVENT #0001 facilitated by THE DEPARTMENT OF TOTAL FREEDOM.

The interactive performance installation encourages participants to consider notions of communication, surveillance, government control, identity, politics and the power of propaganda in various forms.

Taking inspiration from George Orwell's 1984, local artist Matto Lucas created this activation to comment on our current political climate in a way that brings people together.

"This work considers the different ways we meet and interact with people in social settings," Matto said.

The gathering event, which is taking place at Braybrook Community Hub, both encourages and requires audience participation – members of the community are invited to take part in the 'speed dating' style meeting event where participants are given a menu of conversation items to choose from.

"If you stray from these topics, who knows how it will upset THE DEPARTMENT."

Matto wants people who come to this event to think about the boundaries of our own freedoms.

"I want it to be fun and to be a bit silly, but ideally I want you to walk away and consider how this work is an absurdist microcosm of the reality we are existing in. I want you to consider, in your everyday lives the bigger game being played." Matto continued.

So what are you waiting for? Don't miss the opportunity to explore our creative city and try something new during Fringe Westside, taking place from 13 – 30 September.

Head to page 13-16 to view the program details, or visit **festivalcity.com.au** for more information.



RESIDENTS ON THE ROAD TO RECYCLE RIGHT

More residents are correctly sorting their recycling waste thanks to Maribyrnong City Council's Recycle Right campaign.

The campaign which ran from November 2017 to March 2018, inspected 10,000 bins across the city, and found that over 58% of recycling bins had at least one item that can't be recycled – with the most common offender being soft plastics.

The issue of placing non-recyclable items in a recycling bin means large loads of recycling waste is tainted. Placing recyclable items in a normal waste bin will add to landfill.

To tackle this, Council followed up with 1,000 households that showed the highest levels of contamination. The households were visited, and provided with educational resources in a face-to-face visit to enable them to better sort their recyclable waste.

Much to Council's delight, a follow up inspection of houses that received information on recycling, found that 553 households now had less than 10% contamination, with 317 of those households showing no contamination at all. This is a significant change compared to the start of the campaign where this cohort showed more than 70% contamination.

Local resident Sarah, who participated in the Recycle Right campaign, said it provided an opportunity for her household to educate themselves on what can and can't be recycled.

"We've been working hard to recycle correctly, and it's great to know we're getting it right," she said.

The Recycle Right campaign will run again later this year from September 2018 to March 2019.

Top tips for recycling right:

- Keep recycling out of plastic bags: if you put your recycling in plastic bags it can end up in landfill because it can't be sorted and recycled.
- Please make sure items are empty: remove leftover solid food scraps
- Check for recycling in every room: bathroom, laundry, kitchen, lounge and study.



RESTORATION OF THE FOOTSCRAY TOWN HALL PORTICO

During its construction, the Footscray Town Hall was a powerful symbol of the community emerging from the Great Depression and of Footscray being the economic centre of the west.

t was with delight that Council received a grant last year from the Victorian Government to restore the Town Hall portico its former glory. The renovation took about three months to complete and included repairs to damage on the walls, ceilings, brick facade and tiled flooring.

Opened in 1936, the Footscray Town Hall is architecturally and aesthetically important as the only known example of the imposing American Romanesque style applied to a civic building in Victoria. Built after the depression, the building was considered extremely lavish and is today a prominent Footscray landmark.

The Town Hall was designed by Joseph Plottel, architect, and erected by day labour under supervising contractors ARP Crow & Sons in 1936.

The highly sophisticated external ornamentation demonstrates American design influence and includes Art Deco, Moderne, Celtic, Spanish and Medieval motifs. The faience work, particularly around the dominant entrance loggia, is exceptionally fine.

The Town Hall is considered an iconic part of our city and this restoration involved careful conservation of the portico. A major component of the works was to clean the intricate features, in particular the column capitals, which had become ingrained with 80 years of dust and soot. Low pressure steam and a poultice was originally used to ensure the building fabric was not damaged, however when that didn't produce sufficient results restoration workers used a mild detergent and scrubbed some areas with a toothbrush. Five floral plaques that lay across the top of the building had also been affected by long term water damage and were replaced after being recast. A silicone cast was made for these striking pieces and sharpened with sandpaper and a scalpel to ensure consistency with the original design. Additional works included repairing large cracks in the existing render, water damage in the ceiling, installing new gold leaf lettering and installing more efficient LED fittings on the façade ledge.







BUSINESS IN MARIBYRNONG

Say hello to your new concierge

Enterprising individuals in Maribyrnong who want to launch a business, but don't know where to begin, can now access the help of Council's newly appointed business 'concierge'. The business concierge is the first point of contact in Council for those seeking guidance and advice on how to setup starting a new business.

Many people find the idea of launching any kind of a business a daunting prospect. The regulatory requirements can be

confusing; there may be insecurity about steering into unfamiliar territory; elements of self-doubt and fears about the lack of a steady income – all of which can be overwhelming for even the most gung-ho novice.

Council acknowledged the need to address these issues and challenges by establishing the innovative Business Concierge initiative.

The Concierge will assist business operators by walking them through the new business registration application processes from beginning to end. There's also a new online

tool called MariBusiness available through Council's website. MariBusiness guides customers through a series of questions relating to their business product, location, target market and other relevant details. Based on the responses, MariBusiness identifies each of the specialist areas across Council that need to provide information or input relating to the client's business permits and registration.

The Business Concierge will be the customers' contact point in Council liaising with all relevant departments on their behalf and will organise meetings with Council's specialist staff to progress the application via MariBusiness. This will provide new businesses with the opportunity to discuss their proposal in detail. This meeting is known as the new business preapplication meeting. It aims to ensure that everyone has a clear understanding of the business idea and the procedural steps that need to be taken.

Applicants will only need to complete one form and pay one fee. Once the process begins, the Concierge will update the applicant on the progress of their application. Business permits will be assessed concurrently enabling businesses to open their doors and start trading even sooner.

\$100K BUSINESS BOOST FOR MARIBYRNONG'S START-UP COMMUNITY

Council will use a grant of \$100,000 from LaunchVic to run Co-Connected, a series of events designed to empower start-ups and entrepreneurs to create innovative services and products.

Launched in August, Co-Connected will roll out fortnightly meetups at a number of locations across Maribyrnong focusing on all aspects of business. These events will incorporate mentoring for start-ups and will have a focus on encouraging members of the culturally diverse community to attend.

Migrants make up a high proportion of entrepreneurs.

The project will develop key connections between networks, people and talent. It provides support and key areas of learning for the City's start-up and entrepreneurial sector and links them to opportunities in Melbourne's inner west. The funding will also enable them to showcase their ideas, products and services.

The funding for the Co-Connected program is part of the State Government's \$2.4 million to boost access and participation in the State's booming start-up sector, with a focus on regional Victorian communities.

Co-Connected will be complemented by the #StartWest regional program of events that is also funded by the State Government and delivered by Councils in the west, including Wyndham, Hobsons Bay, Moonee Valley and Maribyrnong.

BUSINESS WITH ASYLUM SEEKERS

Some of the State's biggest business success stories were started by people newly arrived to Victoria from all over the world. If you are an asylum seeker, refugee or migrant with a business idea, this essential planning workshop will prepare you for the best chance of business success.

Get to grips with everything you need to know about Australian business culture and starting a business in Victoria so you can walk away prepared with a clear vision of your next steps to turn your bright idea into a business reality.

Free event

Date / time:

Wednesday 5 September 2018 6pm to 9.30pm

Location:

Braybrook Community

Hub, 107-139 Churchill Avenue, Braybrook

Register at

www.maribyrnong.vic.gov.au/business

TAKING CARE OF BUSINESS ONLINE

Council's digital workshop is for people who either already have a business and those who are planning to launch their business online.

Come along to learn how to make informed choices about websites and social media. Discover how to navigate search engines and apply online advertising. Find out about the benefits each online tool offers your business and know where to begin to access the right tools.

The workshop tutor is a recognised digital expert with real-world small business experience that spans the complete digital landscape.

Cost: \$20
Date / time:

Thursday 4 October 2018 6pm to 8pm

Location:

Footscray Town Hall, 61 Napier Street

Cost: \$20 Date / time:

Wednesday 14 November 2018, 6pm to 8pm

Location:

Footscray Town Hall, 61 Napier Street

WORKSHOP ON MARKETING STRATEGY

For budding entrepreneurs needing help to market their business, a back-to-basics workshop to be held in November will provide advice and information on effective marketing strategies. A well developed marketing strategy can boost a brand, capture customers, keep them coming back, and ultimately save business operators' time and money. This is an interactive two-hour workshop that will show you how to build your own marketing strategy from the ground up.

HAPPY BIRTHDAY!

It's one year since the Little Saigon Precinct was launched, it is now home to businesses such as Don Don, Small Graces, Orange Hair, Saigon Pharmacy, Sun Wong Ky, Huxtaburger, Hot Star Chicken and Gong Cha.

Located in the heart of Footscray it's easy to reach by public transport and there's 4 levels of parking available (first 2 hours are free).



ncouraging a sense of adventure and pride in our local community, Maidstone Community Centre is taking people on a journey showing off the delights of the west.

Last month, Mystery Tours of the West kicked off at Maidstone Community Centre with a bang.

The first tour brought people together by offering an exciting new way to enjoy everything our great city has to offer!

The west is brimming with the most unbelievable food, including superb continental cake shops and delis from all over the world, so of course this had to be

Tour guide Millie Bones brought her major

the focus of the first tour.

sweet tooth and her love of local cake shops to the Continental Cake and Deli Tour.
"Browsing local cake shops has definitely been a favourite past time!" Millie said.
For the next Mystery Tour, Millie will be taking people on a journey through some of the op shop gems of the west!

"I have loved op shopping since I was a kid, and I have been a volunteer at my local op shop for the past three years – it is my favourite day of the week," Millie continued.

The Op Shop Tour of the West is taking place on Monday 17 September but Maidstone Community Centre wants to know what mystery tour you would like to go on.

Pop by the Centre or give them a call on 9688 0543 to suggest the next adventure!

2018 – THE YEAR OF LIFELONG LEARNING

This year, Adult Learning Australia is celebrating the power of people continuing to learn throughout their lives.

Adult Learners' Week took place from 1-8 September, providing us with an opportunity to celebrate the benefits of learning.

Research shows that when people take an active approach to learning throughout their adult years, it has a significant positive impact on individuals, families and communities.

Taking time to learn as an adult is the key to a healthy and active life and staying connected in communities.

Braybrook, Maidstone and Maribyrnong Community Centres are the heart of community life and learning in the City of Maribyrnong. By walking through the centre doors, you could discover a new hobby or learn a new skill. There are also many varied learning opportunities available through our Neighbourhood Houses network.

With programs and activities ranging from ballroom dancing and calligraphy, to computer and English classes, there really is something for everyone.

So what are you waiting for? Take the leap and discover learning!

WHAT'S ON IN MARIBYRNONG

FOOTSCRAY FINDS MARKET

SECOND SUNDAY OF EACH MONTH 9am-2pm THE LINE, 2 YEWERS STREET, FOOTSCRAY

Expect a fantastic selection of goods to browse from including pre-loved fashion, antiques, plants, bespoke designer wear and handicraft plus seasonal thematic additions to keep things interesting.

ADULT LEARNERS WEEK

2018 – INTRODUCTION TO LYNDA.COM WEDNESDAY 5 SEPTEMBER 10.30am FOOTSCRAY LIBRARY

Lynda.com is a comprehensive online learning site hosting more than 3,000 courses delivered by industry professionals. Come along to this one-off session that will assist you in navigating the resource and unlock your learning potential.

Bookings: maribyrnong.vic. gov.au/library

ADULT LEARNERS WEEK

2018 – I.T. AND SOCIAL MEDIA TRAINING THURSDAY 6 SEPTEMBER 6.30pm FOOTSCRAY LIBRARY

Join us for a one-off session covering introductory aspects of I.T. and social media as part of Adult Learners Week 2018.

Bookings: maribyrnong.vic. gov.au/library



ETHIOPIAN NEW YEAR FESTIVAL

SATURDAY 8 SEPTEMBER 10am-6pm NICHOLSON STREET MALL, FOOTSCRAY

Now in its 13th year, the Ethiopian New Year Festival will bring the sights, sounds and smells of Ethiopian culture to our City.

GARDENING IN SMALL SPACES

SATURDAY 8 SEPTEMBER 10am-12pm YARRAVILLE COMMUNITY GARDEN

Space is no barrier for a productive and functional sustainable garden! Find out how to make your small garden seem bigger and grow a garden that is good for you and the environment.

FRINGE WESTSIDE

PROUDLY PART OF MELBOURNE FRINGE 13-30 SEPTEMBER

maribyrnong.vic.gov.au/fringe

THE SHOW MUST (NOT) GO ON

WEDNESDAY 19 SEPTEMBER 6-7pm, BAR OPENS 5.30pm VU AT METROWEST

Since the #MeToo movement a sinister phase has been identified by the New York Times. Coined the 'not so fast' era, it indicates the attempted comeback of the accused men. Where are we now, and how do we continue this important conversation without giving undue voice to perpetrators? Featuring local artists, the evening will present performances and conversations responding to the #MeToo and #NotSoFast movements

SEW SUBURB-BANAL - JESSIE DEANE

11-30 SEPTEMBER, VARIOUS TIMES POST INDUSTRIAL DESIGN, 638 BARKLY STREET, WEST FOOTSCRAY

This work, rendered in needlepoint, pays homage to Melbourne's west. Suburbia is often seen as 'banal', but this work highlights the beauty in the banality of these fading social landscapes.

CHUMP CHOPS

13–30 SEPTEMBER 1pm–1am BAR JOSEPHINE 295 BARKLY STREET, FOOTSCRAY

Collage art for your eyeballs. E.T. at the royal wedding. Prince Charles on a toilet in the desert. Anything is possible in this colourful exhibition of hand-cut collages. A surreal mashup of vintage images, pop culture and politics, carefully constructed to make a whimsical new world.

DISABILITY PRIDE IS BACK!

13–20 SEPTEMBER LAUNCH 30 SEPTEMBER, 3pm FOOTSCRAY TELSTRA EXCHANGE BUILDING 201 NICHOLSON STREET, FOOTSCRAY

A reinstallation of the Disability Pride mural. This collaborative paste up mural celebrates the culture of Melbourne's disabled community, challenges narrow stereotypes of disability, reclaims public space and makes a stand that joins with the international Disability Pride movement.



TAO PO (IS ANYBODY HOME?)

14-15 SEPTEMBER 6pm (120 mins) FOOTSCRAY COMMUNITY ARTS CENTRE 45 MORELAND STREET, FOOTSCRAY

Full \$40, Conc \$32, Group 6+ \$32

Mae Paner, popularly known as comedian Juana Change, performs four monologues that render different perspectives on drugrelated killings in Rodrigo Duterte's Philippines. A Zumba instructor haunted by ghosts; a photographer whose sanity is questioned by his employer; the apparent double life of a policeman; and a young girl paying tribute to victims buried in the Tokhang Wall.

HAVE YOU TRIED YOGA?

VARIOUS DATES AND TIMES BLUESTONE CHURCH ARTS SPACE 8A HYDE STREET, FOOTSCRAY

Created from verbatim interviews and shaped with music, physical theatre, and passive aggression, this 4½ star 'gem of a production' (Adelaide Theatre Guide) explores what it's like being disabled when surrounded by empty gestures, echoing platitudes and wannabe heroes.

Have you tried yoga? is one part autobiographical, nine parts necessary. (60 mins) M Early Bird (15–25 Aug) \$20, Preview \$15, Full \$30, Conc \$25,

Group 6+ \$20

More information: www. maribyrnong.vic.gov.au

NIGHT TERRORS

VARIOUS DATES
AND TIMES
BLUESTONE CHURCH
ARTS SPACE
8A HYDE STREET,
FOOTSCRAY

Four classic tales of literary terror are brought together in this atmospheric and intimate one woman performance. Directed by Braybrook's own Simon J Green, starring rising star Caitlin Mathieson. Featuring The Tell-tale Heart by Edgar Allan Poe, The Yellow Wallpaper by Charlotte Perkins Gilman, The Keepsake by Briony Kidd, and The Open Window by Saki. (60 mins) PG

Early Bird (15–25 Aug) \$23, Cheap Tuesday all tix \$23, Full \$27, Conc \$23, Group 4+ \$23

More information: www. maribyrnong.vic.gov.au

QUEER ASIANS ANONYMOUS

20-22 SEPTEMBER 7PM (60 MINS) FOOTSCRAY COMMUNITY ARTS CENTRE 45 MORELAND STREET, FOOTSCRAY

How does it feel to be a minority within a minority? Welcome to another group session where queer Asian men unpack issues and concerns that impact them being not only a sexual minority but also a racial minority in Australia. Come and join this group of queer Asians as they discuss, opine and argue about being gay and Asian in an oh-so white gay Melbourne.

Full \$14.50, Group 4+ \$11.50

BOX AND COX

VARIOUS DATES
AND TIMES
BLUESTONE CHURCH
ARTS SPACE
8A HYDE STREET,
FOOTSCRAY

Written in 1847, this British farce is guaranteed to give a truly honest laugh.

Mrs Bouncer, a lodging-house keeper, is rubbing her hands together, making double the rent for the one apartment. Mr Cox, a hatter who works during the day, is unknowingly living in the same room as Mr Box, a printer who works at night. This ingenious plan of Mrs Bouncer finally hits a flaw as the hatter is given the day off by his boss and returns home for a holiday and the inevitable consequences. (60 mins) PG

Early Bird (15–25 Aug) \$20, Full

\$24.50, Conc \$21, Group 6+ \$21

More information: www. maribyrnong.vic.gov.au

OPHELIA/MACHINE

27-29 SEPTEMBER 7pm PHOENIX YOUTH HUB AUDITORIUM 72 BUCKLEY STREET, FOOTSCRAY

An ensemble, movement based piece that explores female experience and the treatment of women in traditional standards of theatre. Through a diverse group of female identifying bodies, the story of Ophelia is told. And changed. And retold. Everybody on stage is Ophelia, everybody is born, is killed, is born again. **OPHELIA/MACHINE** asks you to burn down every oppressive notion about theatre, it asks if that is even possible.

Full \$20, Conc \$15



MAIDSTONE COMMUNAI COMPOSTING

SATURDAY 15 SEPTEMBER 10am-12pm EUCALYPTUS DRIVE, MAIDSTONE

Spark your inner eco-warrior and learn more about the different options for composting in a communal space.

LUMINARIES WORKSHOP

MONDAY 17 SEPTEMBER 4pm BRAYBROOK LIBRARY

Design a glass jar luminary to light up your home for the Moon Festival.

Bookings: maribyrnong.vic. gov.au/library

BILINGUAL STORY TIME IN MANDARIN & ENGLISH

TUESDAY 18 SEPTEMBER 2pm BRAYBROOK LIBRARY

Join us for a special bilingual story time sessions in celebration of the Moon Festival.

BILINGUAL STORY TIME IN VIETNAMESE & ENGLISH

WEDNESDAY 19 SEPTEMBER 11am FOOTSCRAY LIBRARY

Join us for a special bilingual story time session in celebration of the Moon Festival.

THE READING **HOUR 2018**

THURSDAY 20 **SEPTEMBER FOOTSCRAY LIBRARY**

Pick an hour to drop in and take part in this national event to discover the joy of reading. This year's family book is The Family Hour in Australia by Tai Snaith. Multiple copies of the book will be available for patrons to borrow or read in the library.

MOON FESTIVAL FILM **SCREENING: AI WEIWEI: NEVER SORRY (2012)**

THURSDAY 20 SEPTEMBER 1pm WEST FOOTSCRAY LIBRARY

A documentary that chronicles artist and activist Ai Weiwei as he prepares for a series of exhibitions and gets into an increasing number of clashes with the Chinese government. Rated M - 91 minutes

Bookings: maribyrnong.vic. gov.au/library

MAKERS CLUB: LANTERN MAKING

WEDNESDAY 19 SEPTEMBER 4pm FOOTSCRAY LIBRARY THURSDAY 20 SEPTEMBER 4pm MARIBYRNONG LIBRARY

Create a lantern and explore nature by the light of the moon or make a nature themed lantern

Bookings: maribyrnong.vic. gov.au/library

CHANGEMAKERS 4.0

THURSDAY, 4 OCTOBER 10am-4pm PHOENIX YOUTH HUB

Changemakers 4.0 is an innovative youth leadership forum, helping to shape future leaders of tomorrow. The forum features keynote speaker Dr Kate Barrelle from STREAT, workshops and playback theatre.



SATURDAY 6 OCTOBER 2-8pm LEEDS STREET, FOOTSCRAY

Celebrating Vietnamese culture in Australia, the festival includes lantern making workshops for children, entertainment and a lantern parade around Footscray.

BATHUKAMMA FESTIVAL OF FLOWERS

SATURDAY 8 OCTOBER 2pm-8pm RECWEST, BRAYBROOK

The biggest community festival for the Telugu Telangana Indian community in Melbourne, this colour festival features Indian games, songs and traditional dance.

LIFE LONG LIVING: **GAME CHANGERS** CONVERSATION

WEDNESDAY 17 OCTOBER, 6-7.30pm POP UP BAR AVAILABLE FROM 5.30pm VU AT METRO WEST 138 NICHOLSON STREET, **FOOTSCRAY**

As part of the Seniors Festival, a panel of experts will challenge the expectations of aged living, discover innovative projects being developed to support older people, and hear how older generations are influencing positive change for the benefit of our ageing population.

vu.edu.au/footscrayuniversity-town/gamechangers



SENIORS WEEK 2018

FRIDAY 19 OCTOBER 11.30pm. FOOTSCRAY LIBRARY

A special concert performed by the Choir of Opportunity, a fun, un-auditioned community choir based in Footscray led by internationally renowned musical director, Dr Jonathan Welch. Light lunch provided.

Bookings: maribyrnong.vic.gov.au/library

GARAGE SALE TRAIL

SATURDAY 20 & SUNDAY 21 OCTOBER

The Garage Sale Trail is back again this year. Clear out some of your pre-loved stuff or follow the trail to find some treasure!

CHILDREN'S WEEK

■ 20-28 OCTOBER

Children's week celebrates the right of children to enjoy childhood. It is a national program recognising the talents, skills, and achievements of young people. A range of events will take place throughout Maribyrnong to celebrate Children's Week.

Visit maribyrnong.vic.gov.au for further details.

FESTIVAL OF LIGHTS WEST FOOTSCRAY

26 OCTOBER -1 NOVEMBER 5pm UNTIL LATE (SATURDAY 5.30pm UNTIL LATE) BARKLY ST, WEST **FOOTSCRAY**

Based on Diwali, delight in a new level festival of lights with traders and residents decorating and lighting their shops and homes along Barkly, Essex and adjoining streets.

MACEDONIAN FOOD **FESTIVAL**

SUNDAY 28 OCTOBER 10am-6pm **FOOTSCRAY PARK**

The festival will feature stalls selling traditional Macedonian foods, children's rides, traditional singing and Macedonian folk dancing.

OPHELIA THINKS **HARDER**

8-24 NOVEMBER, **VARIOUS TIMES BLUESTONE CHURCH** ARTS SPACE 8A HYDE STREET, **FOOTSCRAY**

The King is dead and Ophelia tries to please. Ophelia wonders why she is not enough. Ophelia is fed up, so Ophelia thinks harder. 'How come I turned into a woman!? Can't I just stay a person?' A hilarious rethink of Shakespeare's classic tragedy - only this time Ophelia gets all the best lines.

www.witinc.com.au/whatson/ophelia-thinks-harder



FOOTSCRAY DIWALI

SUNDAY 11 NOVEMBER, 12-8pm **FOOTSCRAY PARK**

Savour the cultural delights of India with fabulous food, Bollywood dancing, cultural performances, children's entertainment, traditional Indian clothing and jewellery stores.

ONE NIGHT IN **FOOTSCRAY**

FRIDAY 23 NOVEMBER, 5pm UNTIL LATE CENTRAL FOOTSCRAY

Exhibitions, live music, performance and participatory art installations collide for one night! One Night in Footscray highlights the work of local artists, makers, emerging practitioners and students, and creates new opportunities to encounter art in public spaces, and the ways in which people experience and interpret Footscray, its people and places. For all ages.

onenightinfootscray.com

PHOENIX PRODUCTIONS @ ONE NIGHT IN **FOOTSCRAY**

FRIDAY 23 NOVEMBER, MADDERN SQUARE, **FOOTSCRAY**

An uber-exciting line up of local young talent - DJ's. spoken word performers and singers – f take to the Music Agency stage at Maddern Square for One Night in Footscray.

Visit phoenixyouth.com for further details.

16 DAYS OF ACTIVISM

25 NOVEMBER – 10 DECEMBER

16 Days of Activism is an international campaign dedicated to eliminating gender-based violence. The campaign is used to raise awareness, undertake advocacy and take action to end violence against women. There will be a number of events and activities taking place throughout Maribyrnong to mark 16 Days of Activism.

Visit maribyrnong.vic.gov.au for further details.

TWILIGHT MARKET

TUESDAY 27 NOVEMBER, 5.30-8.30pm **MARIBYRNONG COMMUNITY CENTRE**

Showcasing local artisans and second hand treasures, over 35 stalls will be selling locally made homewares, beauty products, handicrafts, children's toys and books, pet treats, food and lifestyle products, plants and second hand clothes. Featuring live entertainment and food vans.

WHAT'S ON AT MAC

Maribyrnong Aquatic Centre (MAC) is home to a stateof-the-art health centre; an award winning learn to swim program; a spa, sauna and steam room; and a wide range of exercise programs. Here's some of the activities taking place at MAC this Spring.

SCHOOL HOLIDAY PROGRAM

SEPTEMBER SCHOOL HOLIDAYS

A fun and active sport and fitness program perfect for children aged 5-12 years. Sessions include kids' gym, ball games and more.

RUOK DAY BREAKFAST

THURSDAY 13 SEPTEMBER 7-9am

Join us for a free cooked breakfast to celebrate RUOK Day. It is a great reminder to stay connected with others and to start a meaningful conversation with those that may be struggling. Donations welcome

SENIORS FESTIVAL

7 – 14 OCTOBER

To celebrate Seniors Festival and to support the health of our seniors, MAC will be holding a number of free group fitness classes and health club sessions for seniors throughout the week.

CHILDREN'S WEEK

19 - 28 OCTOBER

MAC will open up the child care doors to all young children to come and enjoy some great activities. Free face painting, mobile petting zoo and jumping castle are just some of the fun activities to try.



WATER SAFETY WEEK

9032 4100.

26 NOVEMBER - 2 DECEMBER

All Swim Lesson activities at MAC will focus on safe practices in and around the water, covering topics such as safety around beaches, rivers, lakes and dams; using safety equipment; looking for dangers and much more. We will end the week with a Water Safety Open Day on Sunday 2 December from 1pm to 4pm, with plenty of fun activities. For more information about any of the activities taking place at MAC, visit maribyrnong.vic.gov.au/mac or call

YOUTH, CHILDREN AND FAMILY SERVICES

CHILDREN & FAMILY SERVICES

VIETNAMESE NEW PARENT GROUP

The Maternal and Child Health Service in Braybrook is now running a Vietnamese New Parents Group.

Parents are invited to join the group, which is facilitated by our Bilingual Maternal and Child Health Nurse. The sessions are relaxed and informal, and give parents the opportunity to learn how to look after themselves and their new baby. Topics that will be covered as part of the group include what it is like to be a new parent, getting to know your baby,

it is like to be a new parent, getting to know your baby, learning through play, keeping baby safe, keeping healthy, looking after yourself, giving your baby a healthy start, introducing foods, and much more.

The group will be running during terms three and four at Braybrook Community Hub.

If you are interested in attending, please speak to your Maternal and Child Health Nurse or contact the MCH booking line on 9688 0501

MATERNAL AND CHILD HEALTH APP

MATERNAL CHILD HEALTH NURSES RESPOND TO FAMILY VIOLENCE

In Australia at least one in five women have experienced sexual violence, and one in three have experienced intimate partner violence. Research suggests that women are at a greater risk of experiencing violence from an intimate partner during pregnancy and post-partum.

Maternal and Child Health services provide a universal primary health service to families with children aged zero to six years, focusing on health promotion, early intervention and parenting support. MCH services and nurses play an important role in supporting families, with MCH nurses often the one consistent source of advice and support for new parents.

Our MCH nurses are trained to provide support, advice and referrals around issues of family violence. Part of this support includes providing free confidential consultations to specifically address issues around family violence, either at the MCH Centre, or at an agreed safe place.

You can access support from our MCH service by calling our booking line on 9688 0501



STUDENTS SWITCH OFF TECHNOLOGY TO SWITCH ON RELAXATION

Phoenix Youth Hub's *Switch Off to Switch On* program is back again due to popular demand! Now in its fifth year, the program encourages high school students to disconnect from their devices and reconnect with relaxation.

Launching in time for Mental Health Week in October, the Hub will feature as the backdrop for school groups to explore a series of interactive spaces that will introduce them to simple relaxation strategies, such as mindfulness and colouring-in. Each strategy is designed to help young people engage with their five senses in order to fully switch off from technology and reconnect with themselves and their surroundings.

The feedback from previous years of the program has been overwhelmingly positive, with some classes implementing the strategies in their own school settings.

Mental health is a prominent concern for young people as was found in Mission Australia's Annual Youth Survey in 2017; which is why *Switch Off to Switch On* is such an important program for young people to learn new skills to destress that they can take with them and use throughout their lives.

Switch Off to Switch On Wednesday 10 October Phoenix Youth Hub



CELEBRATE THE HARVEST WITH ANCIENT MOON FESTIVAL



Join us at the libraries across Maribyrnong as we enjoy a range of cultural activities this September.

There's an ancient Chinese legend that tells of a master archer, Hou Yi, and his beautiful wife, Chang E. Through an unfortunate turn of events, Chang E drank an elixir which made her immortal and lifted her to Heaven.

She wanted to stay as close to the earth as possible and so chose to stay on the moon. Stricken with grief, Hou Yi made sacrifices to her of the foods from the garden that his wife loved.

This tale of mysticism, varying from region to region across Asia, has been celebrated as the mid-Autumn Moon Festival which the Chinese believe is when the moon is at its fullest. With enough imagination, you might even look up at the night sky and catch a glimpse of Chang E and her jade rabbit silhouetted against the fabled gnarly moon.

Maribyrnong will celebrate the Moon Festival this year, which falls on 24 September, at library branches across the City. The Festival falls on the 15th day of the 8th lunar month according to the Chinese lunar calendar and celebrates the end of the autumn harvest.

Footscray resident, Hanoi-born Tong Thi Nguyen, remembers preparations in Vietnam for the Festival starting in August.

"Everyone made lanterns and drums. These days, you just buy your own lanterns and drums. We also celebrated by telling stories," she says.

Aunty Tong, as she is affectionately known, now passes on those cherished stories to her grandchildren. She is a member of Maribyrnong's Vietnamese community which constitutes about 10.7 per cent of the city's diverse population.

This year, the libraries in Maribyrnong will incorporate the Moon Festival into regular programs. These include bilingual story time sessions in Vietnamese and Mandarin, and lantern-making workshops for children. Morning teas with traditional mooncakes and new Chinese and Vietnamese collection items will be hosted at Braybrook and Footscray libraries, as well as a film screening at West Footscray Library. These events highlight one of the key festivals celebrated by our diverse community.

View a list of events taking place during Moon Festival at maribyrnong.vic.gov.au/library

www.maribyrnong.vic.gov.au

EXTENDED HOURS AT WEST FOOTSCRAY LIBRARY

Opening hours at West Footscray Library have been extended to allow increased access to library resources for families, students and general public. The library is now open for longer on Saturdays, and now closes at 4pm. For further information, visit maribyrnong.vic.gov.au/library or call 9688 0292.

LYNDA.COM

Lynda.com is an online learning site that hosts a constantly growing library of over 3,000 courses that include over 130,000 videos. Courses cover a variety of topics (including business, design, web development and multimedia skills) and software (Microsoft Office, Adobe Creative Suite and open source applications) that can help you pursue personal and professional goals. You will need your library card number and pin to access lynda.com.

KANOPY

Love streaming movies? If you are a library member, you can now watch over 30,000 documentaries, classic and indie films through popular streaming service Kanopy!

Titles include Carol, I Am Not Your Negro, Hard Day's Night and much more. So what are you waiting for? Get streaming!

CALLING ALL YOUNG WRITERS

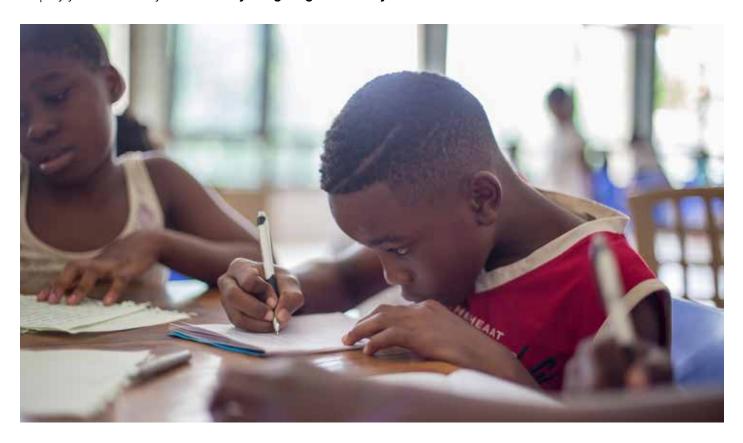
Maribyrnong Young Writers Competition opens soon!

Young writers can enter a short story into the Maribyrnong Young Writers Competition for their chance to win a range of prizes.

This is the fifth year the writing competition is being held in partnership between the Rotary Club of Yarraville and the Maribyrnong Library Service.

Entrants must be primary school students, and must live or study in Maribyrnong, or be a member of Maribyrnong Library Service.

Entries open on Monday 17 September and close at 6pm on Friday 12 October. For more information or to enter, drop by your local library or visit maribyrnong.vic.gov.au/library



CAPITAL WORKS UPDATE



FOOTSCRAY PARK UPDATE

The new all-abilities playspace in Footscray Park is nearing completion.

The playspace will provide a range of experiences for children of differing abilities, including water, sensory and imaginative play through detailed landscape spaces, as well as active play through specifically accessible play equipment, such as a flying fox, roundabout and basket swings.

The works also includes upgrading other park amenities including picnic and gathering areas, and a public toilet to be placed opposite the play area.

The area is set to be complete by the end of the year.

HOPKINS BRIDGE PLAZA

A new recreational plaza is currently being created under the Hopkins Street Bridge in Footscray, not far from Footscray Community Arts Centre.

The plaza will feature a climbing wall with soft fall area, exercise equipment, wider cycling paths and upgraded lighting for increased safety.

The works are expected to be finished in the next month.



FOOTSCRAY'S NEW PONTOON

Residents can enjoy the magic of Maribyrnong River atop a newly installed floating pontoon in Footscray. The pontoon is close to the striking Heavenly Queen Temple, 100 metres north of the Hopkins Street Bridge.

The new pontoon boasts views of the City and is already a popular spot for walkers, cyclists and photographers alike. It will provide the safe use of water sports equipment and small boats along the river.

The \$270,500 project is funded in part by the Victorian Department of Economic Development, Jobs, Transport and Resources with a grant of \$120,000 from the Boating Safety and Facilities Program.



PUBLIC LIGHTING YARRAVILLE

Four new solar public lights have been installed in the Woods St Carpark in Yarraville, next to the train station. Taking into account the heritage aspects of the location the light poles are only in the grass reserve areas and do not come into contact with the heritage bluestone.

HENDERSON HOUSE LANDING

Parks Victoria have commenced work to reconstruct Henderson House Landing on the river fronting Footscray Community Arts Centre.

The works entail the full removal of the collapsed landing and the construction of a new 50 metre long wharf section. The landing will be rebuilt as part of a joint project with Council and Parks Victoria.

COMMENCEMENT OF WORKS AT QUARRY PARK

Quarry Park is set to become a dramatic, sculpted landscape, maximising the experience of the open, elevated landscape with spectacular views.

Staged over a number of years, the Quarry Park Master Plan caters for a variety of activities including: play; walking; biking; informal sports; social gatherings / picnics and barbecues and community events.

Major earthworks are currently being conducted to create a sound cap over the old landfill and provide a base for future park improvements.

Quarry Park will also be home to the future Korean War Memorial which will honour the Australians who served in the Korean War.



FOOTSCRAY HOCKEY CENTRE REDEVELOPMENT

The Footscray Hockey Centre redevelopment will provide accessible, updated female friendly amenities, improved disability access across the building, as well as a new umpires rooms and storage and meeting areas.

The Centre, one of the busiest hockey centres in Victoria, will cater for Footscray Hockey Club's 600 participants, along with multiple sporting, school and community groups that use the facility. The redevelopment project is supported by Sport and Recreation Victoria.

URBAN FOREST STRATEGY FOR A CLEANER AND GREENER CITY

Maribyrnong's trees and vegetation, its urban forest, play an important role in the overall health and liveability of our City. A clean and green city is a major objective identified in Council's four year plan. The draft Urban Forest Strategy provides actions for Council to help achieve this objective. The Strategy will plan and manage the city's vegetation

and trees to ensure they are sustainable and to maximise social, environmental and economic benefits.

The Strategy aims to increase the overall tree canopy cover in our City. While Maribyrnong plants more trees per square kilometre than any other Melbourne Council, for historical reasons our tree canopy is comparably low at 8%. Narrow streets, large areas of industrial land and the volcanic plains landscape all contribute to the issue of low canopy cover. Council is setting a target of increased canopy cover in public spaces to 20% by 2040 and a gain, or at least no overall loss, in canopy cover on private land. The Strategy also seeks to increase the number of large canopy trees. While many of Maribyrnong's trees are smallstatured trees, large trees provide exponentially greater benefits to the community including provision of natural shade and cooling, absorption of air pollution, reduction of urban heat islands and improving neighbourhood character.

Give us your feedback on the draft Urban Forest Strategy via yourcityyourvoice.com.au

Consultation closes 30 September.

TIME TO NOMINATE SIGNIFICANT TREES

Trees provide a vast array of benefits and have long been identified by our community as highly valuable assets. Council is working to increase our city's tree canopy and has protections in place for trees in public areas like nature strips and parks, but what about trees on private land?

Approximately 70% of our City's land is owned privately or by other institutions. Substantial growth and development make it timely to consider the protection of significant trees on private land in Maribyrnong.

Significant trees may be rare or have outstanding aesthetic significance. They may have historical or cultural value, such as Aboriginal scar trees. Or they may have curious growth forms or be particularly old.

To understand more about what qualifies for the significant tree register, and to nominate trees you believe are significant and deserve protection, visit yourcityyourvoice.com.au

Nominations for significant trees closes 30 November.

MORE THAN JUST A GIG

A LOVE OF MUSIC HAS RESULTED IN A BLOSSOMING FRIENDSHIP FOR THESE BANDMATES.

B andmates Victoria, a program that matches volunteers with people with disability or mental health issues to attend live music performances, launched in 2017 and has attracted keen interest from the community.

Rak decided to volunteer for the program because of his love of music.

"I wanted to do something good for the community and Bandmates provides a way that I could do that whilst having fun and sharing my love of live music with others."

Last year, Rak was partnered with Mike as part of the program, and they haven't looked back.

"I have known Mike for over a year now and in that time we have developed a good friendship," Rak said. "I think we both started off quite shy to be honest, but as we learnt how to communicate best with one another, we started to let our hair down enjoy each others company and the music.

"Mike, who became a Bandmate because of his love for watching people play musical instruments (especially guitars and drums), also enjoys being with his partner.

"I like spending time with Rak because he is fun and he takes me to see and hear live music in great places and to meet lots of other people," Mike said.

Although it was tricky to name only one gig, Mike said he did have a favourite so far.

"I guess my favourite gig was going on the train with Rak to the Knox Fest and visiting the Brunswick Hotel to hear Slugbucket," Mike continued.

But their friendship now extends beyond music gigs.

"As well as seeing live music, we have gone out for dinner, I have been invited over to Mike's place for dinner – it's become more than just about the music," Rak said.

If you or someone you know is interested in volunteering, or if you are over 18 with disability or mental health issue and would like to become a Bandmate, you can apply online at maribyrnong.vic.gov.au/bandmatesvic



GET OUT AND ABOUT THIS OCTOBER WITH FREE PUBLIC TRANSPORT FOR SENIORS

Seniors Festival is all about exploring your local community and beyond, and with eight days of public transport, it is the perfect opportunity to enjoy everything Maribyrnong has to offer.

If you are a Victorian Seniors Card holder, you can enjoy free travel on public transport during Seniors Festival, taking place from 7-14 October.

All you have to do is carry your Seniors myki and Victorian Seniors Card with you on public transport, and touch on and off as usual. You won't be charged.

Maidstone resident Glenda, who is a member of Council's Older Person's Reference Group, said Seniors Festival is an important celebration that brings our seniors together.

"It is wonderful to have this celebration as it is an opportunity to catch up with friends and to meet new ones. I hope the Festival continues for years to come," Glenda said.

To find out what events and activities are taking place in Maribyrnong during Seniors Festival, visit maribyrnong.vic.gov.au/seniorsfestival



AFRICAN MENTORING PROGRAM BECOMES A REALITY

The Western Bulldogs Community Foundation has stepped up its commitment to supporting African youth in the west after a funding boost was announced by the State Government in June.

A portion of funding was dedicated to

a mentoring program being developed by the Bulldogs' Community Foundation, which aims to assist young African people living, studying or recreating in Melbourne's west. The State Government pledged \$8.6 million for African communities to support AFL-led initiatives to address issues and improve the wellbeing of all Victorians of African heritage.

The Government grants also included funding to AFLPA charity Ladder and The Huddle.

"This announcement is really important for us, as it will allow us to take our work forward and help us create future role models that can inspire our next generations through our African mentoring program," said Western Bulldogs Community Foundation General Manager, Kashif Bouns.

"The program will engage African youth aged between 14- 18 who will be matched with mentors from our playing group and will participate in a number of workshops.

"We are lucky to have role models like Jason Johannisen and Reuben William at our club who have already done some work in this area.

"Ellie Blackburn has been doing some youth work with Ladder and will be instrumental in developing the program."

RESIDENTS THE KEY TO HELPING POLICE REDUCE CRIME

Footscray Police is urging residents and community members to keep them informed about strange or suspicious behaviour in an effort to minimise the impact of criminal behaviour.

Adrian Healy, Footscray Police Acting Superintendent, wants to continue to make the City of Maribyrnong a safe place to live, work and play, and he said that the community can be instrumental in helping Police gather information about harmful behaviour.

"Local residents often hold the key to information that can help us prevent crime," Adrian said.

"Recently we have seen out of control house parties at short term rental properties across Melbourne that have ended in serious property damage. But by notifying Police in the early stages, we can keep an eye on how things are progressing and intervene before serious damage occurs," he continued.

If you notice a large group of people entering a house, loud music playing, or have any other concerns, Adrian

recommends that you call Footscray Police as they will be able to send an officer to the location to assess the situation. Footscray Police are also asking the community to report vandalism, like unlawful graffiti, as soon as possible.

"If you witness someone acting suspiciously, trespassing on private property, or see someone in possession of a spray paint can, you can also get in touch with Footscray Police to investigate further," Adrian said.

"These are just a few examples of how the community can help us reduce criminal behaviour. We want our community to know that if they witness strange or suspicious behaviour, or feel unsafe, we are here to help," Adrian continued. Footscray Police can be contacted directly on 8398 9800. To report vandalism or criminal behaviour that is in progress, call 000 immediately.



STREETWORKS IS BACK FOR 2018, COLOURING STREETS ACROSS MARIBYRNONG

New street art murals have popped up in Footscray, Seddon and Kingsville as part of Council's annual StreetWORKS program.

The curated public art program creates innovative, visual street art to enliven our city's spaces and places, while discouraging graffiti and tagging.

In June, the three works were installed by artists Carla McRae, 23rd Key and Sugar. Each of the works reflect and honour the local area and community, either by paying homage to the City's history and beauty, or by celebrating the diversity of our residents.

Using the concept of gender equity as the basis for her work, Carla McRae decided to focus on one message: the basic definition that everyone should be given equal representation, opportunities and support.

"I wanted to create a scene in which the dominant,

traditional occupational roles that we see in society are inverted. In the design, women are seen as construction workers, chefs, high level business people and scientists, while men are seen as carers, nurses and dancers," Carla said.

Carla hopes that by inverting the stereotypical norms and celebrating those working in non-traditional roles, she is able to empower women and inspire men in the community.

"As the saying goes, 'you can't be what you can't see'," Carla continued.

Artist Jess Kease (aka 23rd Key), whose piece has been installed on the side wall of Kingsville Flowerbar, took inspiration from floral wallpaper from the era of Kingsville's housing stock.

"I have been working around the theme of heritage and housing for the last few months. This design takes examples



of different eras of wallpaper – a large aspect of heritage and history with residential buildings in Victoria. I've also included grey sections in the design, which adds a statement about the different aspects of beauty we see in housing and how we justify what is worthy of protecting," Jess said.

The final piece for 2018 has been created by artist Alex Kinneen (aka Sugar) in Seddon. Alex aimed to communicate the harmonious multiculturalism within the local community through his mural.

"Seddon's cultural diversity is celebrated through the inclusion of animals native to the population's primary regions of origin. The mural also features a 1950s tram – akin to those that ran down Gamon, Victoria, and Charles Streets – and promotes Seddon's roots by detailing 'Belgravia' (Seddon's original name) along the side of the tram," Alex continued.

Since the program's inception in 2014, 30 street art pieces have been installed at various locations across the City of Maribyrnong.

The three new StreetWORKS installations can be viewed at the following locations.

ARTIST: Carla McRae

LOCATION: Corner Donald and Blackston Streets,

Footscray (Donald Street facing wall)

ARTIST: 23rd Key

LOCATION: Kingsville Flowerbar – formally Kingsville post office

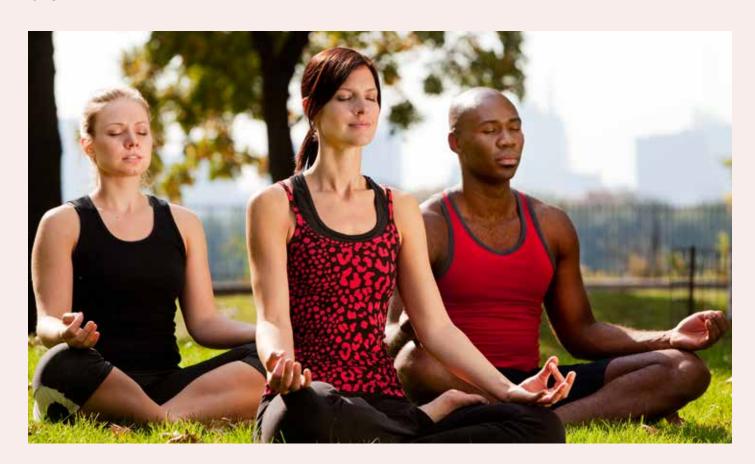
186 Somerville Rd, Kingsville (Chirnside Street facing wall)

ARTIST: Sugar

LOCATION: Food Works, Seddon

85-87 Charles Street, Seddon (Greig Street facing wall)





IT'S TIME TO SPRING INTO SUMMER

et outdoors this Spring to walk, swing or stretch your way to better health.

We all know that time spent in the great outdoors is good for our physical and mental wellbeing. And there are even greater health benefits when the positive impacts of nature are combined with physical exercise.

Spring into Summer, currently in its fifth year, is returning this November with a huge range of free health and wellbeing programs across Maribyrnong.

The majority of programs will be delivered outdoors in local open spaces, and are designed to showcase a range of the facilities and activities on offer across our city.

Yoga teacher Amelia will be running hour-long Yoga in the Park sessions in Yarraville, which she said were extremely popular last year, attracting everyone from beginners to intermediates and beyond.

"I saw people from the beginning of classes in November reaching new levels of awareness and strength by the time classes finished. That was really beautiful."

Other programs taking place during the series include Pilates, Qigong, Swing Fit, Deep Water Aqua, Mindfulness and much, much more.

As an added bonus to encourage participants to keep active, everyone who registers will receive a free 10 visit pass to both the Maribyrnong Aquatic Centre and RecWest Footscray.

The series is delivered through Council's Active Maribyrnong initiative, designed to improve the health and wellbeing of our community through physical activity and community participation.

Since the beginning of the Active Maribyrnong program in 2014, over 16,000 community members have enjoyed the benefits of keeping active by participating in our range of events.

Registration for Spring into Summer is essential, so start planning your wellbeing journey and join the long list of active participants who have adopted a healthier lifestyle.

FESTIVAL CITY

FESTIVAL CITY IN FULL SWING!

From major street festivals to cutting edge arts festivals and smaller community and cultural celebrations, there is something for everyone in this year's Festival City line up.

Known as the Festival City, Maribyrnong is a vibrant and creative hub that has a reputation as a destination for world-class festivals.

Bringing together local cultures and celebrating the diversity of our community, the Festival City line-up is bound to be enjoyed by all. Join us in creating great memories with our fantastic festivals throughout the year.



ETHIOPIAN NEW YEAR FESTIVAL

September 2018

FRINGE WESTSIDE – MELBOURNE FRINGE FESTIVAL

September 2018

MTF BATHUKAMMA FESTIVAL OF FLOWERS

October 2018

MACEDONIAN FOOD FESTIVAL

October 2018

LANTERN FESTIVAL

October 2018

FESTIVAL OF LIGHTS, WEST FOOTSCRAY

October 2018

FOOTSCRAY DIWALI

November 2018

ALBANIAN FESTIVAL

December 2018

CAROLS IN THE GARDENS

December 2018

NEW YEAR'S EVE FIREWORKS IN FOOTSCRAY PARK

December 2018

EAST MEETS WEST LUNAR NEW YEAR FESTIVAL

January 2018

MIDSUMMA WESTSIDE – MIDSUMMA FESTIVAL

January – February 2019

QUANG MINH TET FESTIVAL

February 2019

ST JEROME'S LANEWAY FESTIVAL

February 2019

YARRAVILLE FESTIVAL

February 2019

SEDDON FESTIVAL

March 2019

EAT DRINK WESTSIDE – MELBOURNE FOOD AND WINE FESTIVAL

March 2019

WEST FOOTSCRAY FESTIVAL

March 2019

COMEDY WESTSIDE – MELBOURNE INTERNATIONAL COMEDY FESTIVAL

March - April 2019

WOMINJEKA FESTIVAL

April 2019

BLACKSMITHS FESTIVAL

28 April 2019

SETTING SUN SHORT FILM

FESTIVAL

May 2019

EMERGE IN THE WEST FESTIVAL

May 2019

HUMAN RIGHTS ARTS AND FILM FESTIVAL GOES WEST

May 2019

MELBOURNE INTERNATIONAL JAZZ FESTIVAL – JAZZ OUT WEST

May - June 2019



THE QUEST TO CAPTURE A SLICE OF THE WEST

Visitors to Maribyrnong now have the benefit of a serviced hotel/apartment property with the arrival in the area of an iconic brand in hotel and serviced accommodation – Quest apartment hotels.

Franchisee Scott Orchard explains how Quest had identified a demand for corporate visitors doing business in the area but didn't have a bed for the night.

"We were finding that if people were doing business in here, they would have to travel and stay over on the other side of the river, in the CBD or elsewhere – which was quite inconvenient," says Scott.

All of this changed in July when Quest opened its doors on the corner of Williamson and Wests Roads Maribyrnong with Scott and business partner Anand Sangwan, as the franchisees.

"A lot of our guests have been doing business within two kilometres of the hotel. They are loving the convenience and they are loving the product."

Quest is close to public transport, shopping at Highpoint, diverse eateries, the Melbourne CBD and the premier venue for that trademark nation stopper – the Melbourne Cup.

Quest Maribyrnong has 78 rooms, 45 carparks and a barbecue deck on the fourth level with sweeping views of Maribyrnong and beyond. It also has a gymnasium, a business lounge and a boutique-style conference room for 25 to 35 people.

The two-bedroom apartments have a full kitchen, lounge and dining areas which means guests can shop at IGA opposite the hotel and do their own cooking.

Quest Maribyrnong 2 Wests Road, Maribyrnong Ph: 9070 2222

For requests, comments and questions about Council services and programs, go to www.maribyrnong.vic.gov.au or call Customer Service on 9688 0200.

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You can also write to your Ward Councillor: c/- Maribyrnong City Council, PO Box 58, Footscray 3011. If you don't know who your Ward Councillor is, please contact Customer Service on 9688 0200 or fax 9687 7793.

MARIBYRNONG CITY COUNCIL

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