

## What is the Maribyrnong Get Active! Expo?

The Maribyrnong Get Active! Expo is a COMPLETELY FREE four-and-a-half week program designed to showcase a range of sport, recreation and wellbeing opportunities available throughout the municipality.

### Maribyrnong Get Active! Expo launch

The Expo launches on **Saturday 17 March, 10am-2pm**, at Braybrook Community Hub. Join us for our launch day and make sure you collect your **Event Passport!**

The launch day will include a range of family fun activities including a photo booth, face painting, hot shots tennis and cricket games!

### What do I get for registering?

- FREE access to a range of sport and recreation clinics and events
- FREE 10-visit pass to Maribyrnong Aquatic Centre and/or RecWest Footscray
- FREE Event Passport (your Event Passport will get you access to all of the Expo sessions)
- FREE drink bottle, cap or stress ball
- The chance to win MAJOR prizes including gift vouchers and signed sports memorabilia

### Once you've registered

- Visit [www.activemaribyrnong.com.au](http://www.activemaribyrnong.com.au) and book into the individual Expo sessions
- Come and collect your **Event Passport** at our launch day, Saturday 17 March at Braybrook Community Hub, Braybrook between 10am-2pm.\*

*\*Other collection times will also be made available.*

For more information please contact Maribyrnong City Council on 9688 0200.

### How to get involved

1. Register online at [www.activemaribyrnong.com.au](http://www.activemaribyrnong.com.au)
2. Register at our **launch day**:  
Saturday 17 March  
Braybrook Community Hub  
Churchill Avenue, Braybrook

Places  
are limited,  
get in fast!

Event Supporters



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# 2018 MARIBYRNONG *get active!* EXPO

Come and try a range of sport, recreation and wellbeing programs for the whole family, available throughout Maribyrnong!

**Saturday 17 March – Wednesday 18 April**



REGISTER  
online!

Registrations open Monday 19 February  
[www.activemaribyrnong.com.au](http://www.activemaribyrnong.com.au)



# Calendar of events 2018

(All sessions are 'Access All Abilities')

Date	Event	Suburb	Time	Category
Day 1 Sat Mar 17	Expo Launch	Braybrook	10am-2pm	All
Day 2 Sun Mar 18	Back to Fitness Program	Maribyrnong	9.30-10am	YAS
	Core Strength Conditioning	Maribyrnong	10-10.30am	YAS
	Cycle Class	Maribyrnong	10-10.45am	YAS
Day 3 Mon Mar 19	Functional Training (Gym)	Maribyrnong	6.15-7am	YAS
	Tai Chi	Maidstone	1-2pm	YAS
	Melbourne Renegades Junior Cricket Clinic	Yarraville	4.15-5.15pm	C
Day 4 Tue Mar 20	NetSetGO! Junior Netball Clinic	Footscray	4.15-5.15pm	C
	Street Orienteering	Yarraville	6.45-7.45pm	All
Day 5 Wed Mar 21	Line Dancing for Beginners	Maribyrnong	12.30-2pm	AS
	Youth Hip Hop Dance	Maribyrnong	4.30-5.30pm	Y
	Junior Hockey Clinic	Yarraville	5.30-6.15pm	C
Day 6 Thu Mar 22	Boxing	Maribyrnong	6.30-7.15pm	YAS
Day 7 Fri Mar 23	Cardio Boxing	West Footscray	6.15-7am	YA
	Active Hearts Older Adults Exercise	West Footscray	10.30-11.30am	S
	Yarraville Tennis Club Ladies Social Tennis	Yarraville	7.30-10.30pm	W
Day 8 Sat Mar 24	Junior Table Tennis	Braybrook	9am-12pm	C
	Trugo 'Come & Try'	Yarraville	11am-2pm	All
Day 9 Sun Mar 25	Kingsville Tennis Club Open Day	West Footscray	10am-1pm	All
	Melbourne City Junior Soccer Clinic + Soccer Mums program	Braybrook	1-2pm	All
Day 10 Mon Mar 26	Tai Chi	Maidstone	1-2pm	YAS
Day 11 Tue Mar 27	Zumba Gold	Maribyrnong	8-8.55am	YAS
	Gentle Aqua	Maribyrnong	2-2.45pm	YAS
	NetSetGO! Junior Netball Clinic	Footscray	4.15-5.15pm	C
Day 12 Wed Mar 28	Youth Hip Hop Dance	Maribyrnong	4.30-5.30pm	Y
	Junior Hockey Clinic	Yarraville	5.30-6.15pm	C
Day 13 Thu Mar 29	Pilates	Maribyrnong	6-6.45am	YAS
Day 14 Fri Mar 30	Good Friday			
Day 15 Sat Mar 31	Easter Saturday			
Day 16 Sun Apr 1	Easter Sunday			
Day 17 Mon Apr 2	Easter Monday			

I Infants (0-2) T Toddlers (2-5) C Children (5-12) Y Youths (12-17) A Adults S Seniors (60+) W Women Only

Day 18 Tue Apr 3	Aussie Hoops Junior Basketball	Braybrook	4-5pm	C
Day 19 Wed Apr 4	Teen Fit Class (Gym)	Maribyrnong	4.30-5.15pm	Y
	Junior Gymnastics	Braybrook	4-5pm	C
Day 20 Thu Apr 5	Youth Dance Program	Maidstone	4-5pm	Y
	Junior Lacrosse Clinic + BBQ	Yarraville	5-6.30pm	C
Day 21 Fri Apr 6	Active Hearts Older Adults Exercise	West Footscray	10.30-11.30am	S
	Barefoot Bowls + BBQ	Yarraville	5.30-7.30pm	All
Day 22 Sat Apr 7	Junior Table Tennis	Braybrook	9am-12pm	C
	Archery 'Come & Try'	Braybrook	12-2pm	YAS
Day 23 Sun Apr 8	Barefoot Bowls + Junior Clinics & BBQ	Footscray	11am-3pm	All
Day 24 Mon Apr 9	Women's Only Yoga	Maidstone	11.30am-12.45pm	W
Day 25 Tue Apr 10	NetSetGo! Junior Netball Clinic	Braybrook	4-5pm	C
	Table Tennis 'Come & Try'	Braybrook	7-9pm	All
Day 26 Wed Apr 11	Toddler Gymnastics	Braybrook	10-11am	T
	Melbourne UTD Junior Basketball Clinic	Footscray	4-5pm	C
Day 27 Thu Apr 12	Youth Dance Program	Maidstone	4-5pm	Y
Day 28 Fri Apr 13	Functional Training (Gym)	Maribyrnong	9-9.45am	YAS
	Kangatraining Parents & Bubs Exercise	Yarraville	5.30-6.15pm	I
	Barefoot Bowls + BBQ	Yarraville	5.30-7.30pm	All
Day 29 Sat Apr 14	Junior Table Tennis	Braybrook	9am-12pm	C
	Archery 'Come & Try'	Braybrook	12-2pm	YAS
Day 30 Sun Apr 15	Barefoot Bowls + Junior Clinics & BBQ	Footscray	11am-3pm	All
	Kangatraining Parents & Bubs Exercise	Yarraville	4-4.45pm	I
Day 31 Mon Apr 16	Body Balance Class	Maribyrnong	11.30am-12.15pm	YAS
Day 32 Tue Apr 17	Mini-Roos Junior Soccer Clinic	Braybrook	4-5pm	C
	NetSetGO! Junior Netball Clinic	Footscray	4.15-5.15pm	C
	Table Tennis 'Come & Try'	Braybrook	7-9pm	All
Day 33 Wed Apr 18	Youth Hip Hop Dance	Maribyrnong	4.30-5.30pm	Y
	Expo Closing Ceremony Movie Night	Yarraville	6.30-9pm	All