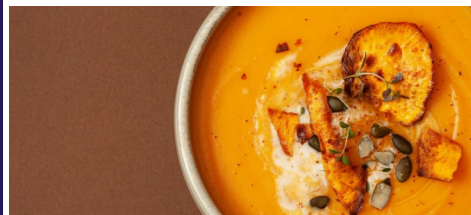


### Basic clothing alterations

Learn simple and easy sewing techniques such as taking up hems on pants or skirts, letting out a waistband, repairing seams or shortening sleeves. Bring along your garment for alteration. Please book into a session date that suits you.

**TIME:** 1-3pm  
**DATE:** Weekly, Mon, 20 Apr – 22 June  
**COST:** Free (Excl.8/6)



### Winter warmer

**Keep warm this winter with free soup**  
 Just what we all need during the colder months of the year in Melbourne, a great chance to come together and enjoy delicious hearty freshly cooked soup, some games and wonderful company of others.

**TIME:** 12.45-1.30pm  
**DATE:** Wednesday, June 10 & July 15  
**COST:** Free

### Thursday afternoon tai chi

Join us for a calming and rejuvenating tai chi experience with Thai Do. This ancient practice combines gentle movements, deep breathing, and mindfulness to promote overall well-being. Experience meditation in motion, improving balance and inner peace. Reduce stress and tension while boosting energy and vitality.

**TIME:** 2-3pm  
**DATE:** Weekly, Thurs, 23 April – 25 June  
**COST:** Free

### Bring your Bills Day

Join us for a free community event to help you reduce your energy and water bills, and learn about practical energy-saving tips, concessions and rebates. You'll have the opportunity to chat with friendly representatives from the Energy and Water Ombudsman, Greater Western Water, West Justice as well as representatives from Council's Rates team.

**DATE:** Thursday, 2 April  
**TIME:** 10am -2pm  
**COST:** Free

### Party kit hire

Help reduce single-use waste in Maribyrnong! Borrow our 15 or 20 piece **Reusable Party Kit**, including plates, bowls, cups and cutlery.

### Horticulture and Landscaping

Discover the skills, knowledge and career pathways in horticulture, landscaping and turf management through this FREE\* hands-on, beginner-friendly course.

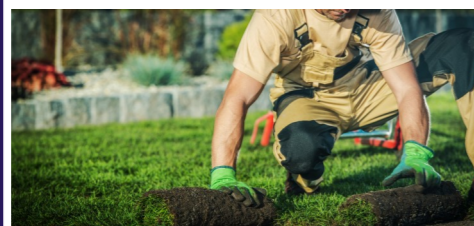
#### In this 9 week course, you'll learn:

- What Green Space Industries are and where they can take you
- Basic plant care and soil health tips
- Simple landscaping activities
- Turf care basics for everyday spaces
- How to work safely and sustainably
- Industry-specific language, literacy and numeracy skills for green space work
- Nursery assistant
- Horticulture worker
- Landscape construction assistant
- Garden Maintenance worker

#### Where could this lead?

This course can lead to further study such as a Certificate II in Landscape Construction or Horticulture and opens doors to entry-level roles.

**DATE:** Thursday, 23 April—25 June  
**TIME:** 9am –1pm  
**COST:** Free



## COMMUNITY SPACE

Braybrook Community Hub is one of three Maribyrnong City Council managed community centres along side Maidstone and Maribyrnong community centres.

The centres are great places to meet friends, work colleagues - to plan, learn, relax or even celebrate a special occasion.

Spaces are available for one-off or reoccurring events and there are a variety of styles and sizes to choose from.

**Call or drop in and talk to us about hiring one of our space or check our website for more detail**

[shorturl.at/nh2G2](http://shorturl.at/nh2G2)

### Photo Gallery



Tour of hub by Braybrook College students



Mini sustainability Expo



Mini sustainability Expo

### Welcome to Autumn

We're coming off a busy and vibrant summer filled with activities and events. One highlight was our first Sustainable Living Expo, featuring a variety of speakers and engaging activities. We're excited to announce that the second expo will be held in February 2027, and we look forward to seeing you there as we continue exploring practical pathways to sustainable living.

This term, many of our favourite activities are returning, along with some new opportunities for the community to get involved.

#### Braybrook Community Centre

#### Summary of events and workshops to look forward to Health and Wellness

Relax and recharge with tai chi, yoga and meditation sessions. They're great for calming mind and body as well as improving balance and coordination. Or perhaps, you might want to get moving with vibrant Bollywood and Latin dance sessions.

#### Cooking workshops

Explore a range of hands-on cooking classes this term, including Italian gnocchi with dessert, a trio of Asian appetisers, bold Korean favourites, and traditional South Indian Kerala dishes.

#### Creativity and sustainability

Unleash your imagination in our drawing and painting workshops or one of our craft programs such as our learn to sew or sewing alteration classes. Turn those op shop finds into fashionable and wearable items.

#### Community event

Upcoming community events include Bring Your Bill Day, where you can speak with friendly representatives from the Energy and Water Ombudsman, West Justice, and this year, the Maribyrnong Council rates team. Please check the back of the newsletter for full details.

We will also be hosting Australia's Biggest Morning Tea, where staff and volunteers will bring delicious homemade goods to help raise much-needed funds for the Cancer Council.

In addition, we will be screening *Runner* for Refugee Week - a powerful documentary about Guor Maker and his remarkable journey.

We look forward to another wonderful term with you.



#### Biggest Morning Tea

Australia's Biggest Morning Tea is a community event which raises vital funds which make a big difference for those impacted by cancer.

Every dollar raised will help fund Cancer Council's research, prevention and support programs. Please join us for a delicious morning tea.

**WHEN:** Thursday 21 May  
**COST:** Gold coin donation  
**TIME:** 10am -12pm

#### Refugee Week Movie and light Lunch

*Runner* is a documentary about Guor Maker, who escaped war and slavery in Sudan to achieve distance running greatness.

This documentary is full of highs and lows which will lead you on an amazing journey.

**WHEN:** Thursday 18 June  
**COST:** Free  
**TIME:** 12 -2pm

Check us out on Facebook!

Search for Braybrook Community Hub and follow our page for updates on programs and events.



# Braybrook Community Hub Courses & Workshops

## MONDAY



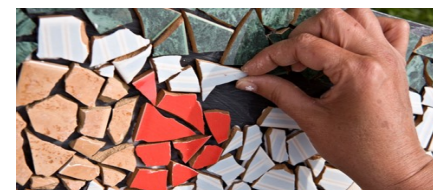
**Language and literacy 2 (YCC)\***  
Join a friendly and fun English class, perfect for beginners! You will: practice everyday conversation, learn simple grammar and useful vocabulary.  
**TIME:** 10am-1pm  
**DATE:** 20 April – 22 June (Excl.8/6)  
**COST:** Free (eligibility criteria applies)

**Tai Chi for health**  
Exercise your mind, body and soul with Tai Chi, an art form known for its slow and gentle movement. Tai Chi helps promote overall health and relaxation leaving you feeling rejuvenated.  
**TIME:** 10-11am  
**DATE:** 20 April – 22 June (Excl.8/6)  
**COST:** Free

**Beginners sewing**  
Ever wanted to learn how to sew? This program will introduce you to all the basics of sewing. Start with making a bag and progress to creating simple clothing for you and your family.  
**TIME:** 10am-12.30pm  
**DATE:** 20 April – 22 June (Excl.8/6)  
**COST:** \$50 Full | \$40 Concession



**Nutrition Education and Skills Training**  
We have partnered with OzHarvest's NEST program to empower you with new skills for better health in just six weeks. You will learn to save money on your food budget, store food safely, understand food labels, plan meals, reduce waste, and cook easy and healthy recipes. This program requires English skill.  
**TIME:** 10 – 1pm  
**DATE:** 27 April - 1 June  
**COST:** Free, eligibility applies



**Mosaic Workshop**  
Add a touch of creativity to your home with your very own handmade mosaic tray! In this hands-on workshop, you will learn how to design, arrange, and grout colourful tiles to create a beautiful, functional art piece. Some materials provided.  
**TIME:** 1-3pm  
**DATE:** 27 April - 22 June (Excl.8/6)  
**COST:** \$60 Full | \$50 concession

## TUESDAY

**Language and literacy 3 (YCC)\***  
Designed to help improve your English. Practice everyday conversations, learn simple grammar and useful vocabulary, build confidence in speaking, reading and writing.  
**TIME:** 9.30am-12.30pm  
**DATE:** 21 April - 23 June  
**COST:** Free (eligibility criteria applies)



**Tai Chi for health - Intermediate**  
Exercise your mind, body and soul with Tai Chi, an art form known for its slow and gentle movement. Tai Chi helps promote overall health and relaxation leaving you feeling rejuvenated.  
**TIME:** 10-11am  
**DATE:** 21 April - 23 June  
**COST:** Free

**Community lunch: Eat together Tuesday**  
Come join us for a free community lunch where you can meet new people and make connections. The free, weekly community lunch runs in partnership with The Department of Justice. Registrations are essential due to capacity limits.  
**TIME:** 12.45- 1.30pm  
**DATE:** Weekly ongoing  
**COST:** Free

**Social line dancing and Zumba**  
Move, groove and have fun! A lively class combining social line dancing and Zumba. Great for fitness, coordination and meeting new people. Everyone welcome  
**TIME:** 2.30 - 4pm  
**DATE:** Weekly, ongoing  
**COST:** Free

## Kids holiday activities

**Movie and popcorn**  
Join us these school holidays for a relaxed and fun Movie and Popcorn session! Kids can sit back and enjoy a family friendly film, and munch on popcorn while spending time with friends.  
A perfect chance to unwind, laugh, and make holiday memories together. All welcome - just bring your smiles and get ready for a cozy movie time.  
Week 1 - Despicable Me  
Week 2 - Dragonkeeper

**TIME:** 2-3.40pm  
**DATE:** 30 June and July 7th  
**COST:** Free



## WEDNESDAY

**Caring for our community KOGO (knit one give one)**  
KOGO is a non-for-profit organisation that asks volunteers to donate time and wool to knit warm winter woolies that they can distribute to people in need through over 250 community groups. Help KOGO spread the warmth by picking up your knitting needles/crochet hooks and making a scarf, beanie or blanket.  
**TIME:** 9am-12pm  
**DATE:** 22 April – 24 June  
**COST:** Free

**Mindfulness and meditation**  
Relax your body, calm your mind and improve your focus all while meditating under the guidance of an experienced teacher. This class will also be live streamed so you have the option of attending the class onsite, or staying in the comfort of your own home.  
**TIME:** 10-11am  
**DATE:** 22 April – 24 June  
**COST:** \$60



**Yoga for all**  
A gentle yoga class suitable for both beginners and regulars. Gemma facilitates mindful movement, yoga poses, and gentle breathing exercises. This class will help improve your flexibility, balance and strength in a calm and supportive environment.  
**TIME:** 11.30am-12.30pm  
**DATE:** 22 April – 24 June  
**COST:** \$60



**Italian Cooking - Gnocchi**  
Learn to create a complete menu in this hands-on workshop: homemade potato gnocchi with shrimp and pesto, followed by a moist orange and polenta cake. Cook, learn and enjoy a beautiful meal together.  
**TIME:** 10am -12.30pm  
**DATE:** 13 May  
**COST:** \$25

**A Trio of Asian Delights**  
Learn how to master and indulge in the vibrant flavours of modern Asian cuisine with three popular appetisers, guaranteed to dazzle during your next dinner party or get-together. Learn how to make a trio of goodness: Vietnamese pork and prawn spring rolls, Chinese prawn wontons in chilli oil and Japanese chicken gyoza with a tangy dressing.  
**TIME:** 10am - 12.30pm  
**DATE:** 27 May  
**COST:** \$25

# TERM 2: April 2026 — June 2026

## THURSDAY

**Multicultural playgroup**  


MacKillop Family Services' Multicultural Supported Playgroup provides an environment where parents and carers from culturally diverse communities can meet to participate in activities that encourage their child's development and social skills. To book, please call or text 0427 703 582 or email [RegionalParentingService@mackillop.org.au](mailto:RegionalParentingService@mackillop.org.au)  
**TIME:** 10am-12pm  
**DATE:** 23 April - June 25  
**COST:** Free

**Conversational English**  
Build your confidence and enjoy learning English in a friendly and supportive environment! With regular attendance, you'll take part in engaging conversation activities suited to your level, develop confidence in everyday speaking situations, and strengthen your listening and speaking skills.  
**TIME:** 10am-12pm  
**DATE:** 23 April - June 25  
**COST:** Free

**Craft**  
Looking for a group that can help inspire, teach and support you in your craft endeavours? This is the group for you. Bring along whatever you are working on and enjoy a morning with like minded people.  
**TIME:** 10am-12pm  
**DATE:** 23 April - June 25  
**COST:** \$27 Full | \$13.50 Concession

**Drawing and painting workshop**  
Join in our creative drawing and painting class. A great way to explore your artistic side and learn a variety of styles and techniques to help you develop as an artist.  
**TIME:** 1-3pm  
**DATE:** Weekly, 7 May - 25 June  
**COST:** \$50 Full | \$40 Concession

**Mother's Day Floral workshop**  
Treat yourself or a loved one this mother's day with a floral arrangement workshop. Guided by an experienced instructor, you will learn design techniques and create a gorgeous floral piece to take home. A perfect blend of creativity, relaxation and celebration. Limited spots available.  
**TIME:** 2- 4pm  
**DATE:** 14 May  
**COST:** \$60 All materials provided



## FRIDAY

**Let's learn English 1 (YCC)\***  
This program is designed to enhance the literacy and language skills of participants, providing a solid foundation for entry into accredited language/literacy courses, volunteer opportunities, or employment.  
**TIME:** 10am-2pm  
**DATE:** 24 April – 26 June  
**COST:** Free (eligibility criteria applies)

**Flags to Bags – food relief**  
After the success of our first Flags to bags food project, we're opening our doors for a weekly volunteer sessions!  
We are looking for support in cutting and preparing kits and sewing the kits into finished bags. Your time and skills will make a meaningful impact and will be greatly appreciated by services like ASRC and other food relief organisations.  
**TIME:** 1-4pm  
**DATE:** Weekly, 16 January ongoing  
**COST:** Free



**Mahjong U3A**  
Mahjong is a traditional Chinese tiles game. It is great to keep the brain active and it's played in a relaxed social environment.  
**TIME:** 1-3pm  
**DATE:** Weekly ongoing  
**COST:** Free U3A membership required



**FILLS (Family Inclusive Language and Literacy Support) Program**  
Would you like to support your child's education? Would you like help to better understand the school system? FILLS is a homework club where everyone in the family is welcome. The program runs on Fridays during school term. If you would like to volunteer or bring your child, please email us your details to [braycomm@maribyrnong.vic.gov.au](mailto:braycomm@maribyrnong.vic.gov.au)  
**TIME:** 4 -5.30pm  
**DATE:** 24 April – 26 June  
**COST:** Free

**Drop in chess, card and scrabble**  
If you love playing chess, cards or a game of scrabble in an informal and fun setting, pop over on Tuesday or Friday and have fun. Invite your friends and enjoy a great game while meeting new people. All are welcome!  
**TIME:** 10am -5pm  
**DATE:** Every Monday to Friday  
**COST:** Free

## AND MORE....

**Taste of Korea**  


Step into the bold and flavourful world of Korean cuisine in this exciting hands on cooking class! Master Dakgangeong (crispy Korean fried chicken glazed in a sweet and spicy sauce), prepare Bibimbap (mixed rice bowl with toppings) and dive into the area of fermentation with a batch of classic Kimchi.  
**TIME:** 10am-12.30pm  
**DATE:** Wednesday, 17 June  
**COST:** \$25

**South Indian Cooking**  
Embark on a culinary journey to Kerala with this immersive cooking class! Discover the vibrant flavours of South India as we prepare a traditional Kerala green mango and fish curry, featuring tangy mango and tender fish simmered in aromatic spices. To complete the meal, we'll make a luscious roasted vermicelli pudding, a classic dessert with a delightful texture and rich, nutty flavour. Perfect for food lovers eager to explore authentic Indian cuisine.  
**TIME:** 10am-12pm  
**DATE:** Wednesday, 1 July  
**COST:** \$25

**Bollywood dance**  
A vibrant and entertaining dance that is suitable for beginners. It gives a whole body workout while dancing to the rhythm of joy with the powerful nature of Bollywood music. Fusing classical Indian steps with folk, Latin and hip-hop styles, it offers a fast-moving and vivacious dancing workout that is great for enjoyable group exercise.  
**TIME:** 7.30 - 8.30pm  
**DATE:** Wednesday, 22 Apr –24 June  
**COST:** \$60

**Loose Part Play**  
Join us for a free facilitated loose parts play session where young and old, and all ages in between can explore, experiment, and create  
**TIME:** 4 -5.30pm  
**DATE:** 11 June  
**COST:** Free

*Please note that we require a minimum of 6 participants for a program to commence. Classes with \* are delivered in partnership with Yarraville Community Centre, ACFE funding.*



For further information or to book scan QR code above or

[CLICK HERE to view classes and book](#)