

# Braybrook Community Hub Newsletter

## Term 1 2026

### Kids holiday activities

#### School Holiday Collage

Join Amanda for fun and colourful collage art! Kids will be guided to select from a fantastic array of second-hand books, magazines, and other paper treasures for them to explore, cut and paste with. By the end of the class, kids can take home their collage artworks

**TIME:** 10am-12.30pm

**DATE:** Wednesday, 8 April

**COST:** \$5



#### 3D Drawing

Get creative as you turn your favourite animals into eye catching 3D art! Kids will start by drawing bold, patterned designs on an animal of their choice. Once the artwork is complete, you will carefully cut out the animal shape and transform into a fridge magnet or a free standing mini sculpture.

**TIME:** 10am-12.30pm

**DATE:** Thursday, 16 April

**COST:** \$5

#### Citizenship test prep

Preparing for Australian citizenship? Get support and guidance at our community workshop, run in partnership with the Migrant resource centre northwest region.

**TIME:** 10am-12pm

**DATE:** Tuesdays, weekly 3 Feb – 31

**COST:** Free

#### Party kit hire

Help reduce single-use waste in Maribyrnong! Borrow our 15 or 20 piece **Reusable Party Kit**, including plates, bowls, cups and cutlery.

- \$50 refundable bond 1 week loan period



### Eid Celebration

Eid al-Fitr marks the end of the Muslim wholly month of Fasting known as Ramadan. During Eid al-Fitr, family and friends traditionally come together to share celebratory food. Join us as we mark the celebration with delicious food such as samosa, basbousa, date cake, fatayer and more, all while you learn about the history of Ramadan.

**TIME:** 11am-12pm

**DATE:** Thursday 26 March

**COST:** Free

#### Survive the heat

Melbourne heat can get pretty hot! Here are some tips to stay safe in the heat this summer:

- Drink plenty of water – take a bottle with you always.
- Hot cars kill – never leave kids, adults or pets in hot cars. The temperature inside a parked car can double within minutes.
- Keep cool – seek out air-conditioned buildings, draw your blinds, take cool showers and dress in light and loose clothing made from natural fibres.
- Plan ahead – schedule activities in the coolest part of the day and avoid exercising in the heat. If you must go out, wear a hat and sunscreen and take a bottle of water with you.
- Help others – look after those most at risk in the heat – your neighbour living along, the elderly, the young, people with a medical condition and don't forget your pets.

Stay cool this summer and hang out at the Hub. It is fully air conditioned and can be accessed during the following times; Monday to Fridays 9am-6pm

Saturday, 10am-2pm (library) excludes public

#### Hire a space

Explore our range of spaces available to hire for community and commercial use. Our venues are suitable for a variety of different functions including workshops and meetings, classes, family gatherings, and more.

<https://www.maribyrnong.vic.gov.au/Venues-for-hire/Braybrook-Community-Hub>

### Photo Gallery



Above: Garage sale



Above: Picnic in the park



Above: Sewing class

### Welcome to our first newsletter for 2026!

A fresh new year is here, and we are excited to get started! We hope you enjoyed a wonderful festive break and relaxing January. We're excited to kick off the year with a great mix of activities and workshops at your Community Hub. So, take a look and see what interests you.

Discover a vibrant mix of programs this term at Braybrook Community Hub! Our weekly schedule is packed with opportunities to learn new skills, get creative, stay active, and connect with others in a warm and welcoming environment.

#### Learning and language

Our learning and language programs offer practical support for anyone wanting to build confidence in reading, writing and everyday communication. From English language and literacy classes to conversational English and digital learning sessions, these programs help you strengthen skills that open doors to study, work and community participation.

#### Creative arts and hands-on skills

Unleash your creativity with a range of hands-on workshops designed to inspire and uplift. Whether you're sewing your first garment, learning clothing alterations, crafting beautiful mosaics, exploring drawing and painting, or experimenting with digital art, our creative programs provide a welcoming space to learn new techniques and express yourself. No matter your skill level, you'll enjoy developing practical skills while making something uniquely your own.

#### Health and wellbeing

Take time to nurture your mind and body through our gentle health and wellbeing activities. From calming Tai Chi sessions to peaceful meditation classes and accessible yoga, these programs support relaxation, strength, and overall wellness. Each class offers a safe and supportive environment where participants can slow down, reconnect, and focus on improving their physical and emotional health.

#### Food and culture

Celebrate the richness of community through our food and culture sessions. Join cooking workshops featuring Middle Eastern, Kenyan and other global flavours, where you can learn authentic recipes and connect with the cultural stories behind them. These sessions bring people together over shared meals, helping build understanding, friendship, and a deeper appreciation of the diverse communities within Braybrook.

#### Families and community

Our family and community programs create welcoming spaces where people of all ages can come together. Enjoy our multicultural playgroup, social meet-ups, games, chess club, giving back by committing to sew a bag for local charity, and friendly drop-in activities. These gatherings are all about connection - offering families, neighbours and new residents a chance to meet, share, learn and feel at home within their community.



#### Sustainable living festival

Join us as we celebrate a month dedicated to building a greener, healthier, and more sustainable future for all. Throughout the month, we'll explore practical and inspiring ways to reduce our environmental footprint and live in harmony with the planet. From hands-on workshops and eco-friendly demonstrations to family activities and expert talks, there's something for everyone.

#### Holiday opening hours

Braybrook Community Hub will be open Monday to Fridays 9am-5pm with the exception of 25, 26 Dec and 1 January 2026. Library will be closed 24 to 28 Dec and 1 January reopening 2 January 2026. One Tree will be closed 19 Dec to 27 January. Cohealth closes 24 Dec 1pm to 1 January 2026.



Check us out on Facebook!

Search for Braybrook Community Hub and follow our page for updates on programs and events

- Community Centre
- Maribyrnong Library Service
- cohealth
- Maternal and Child Health

- Braybrook Mens Shed
- One Tree Community Services
- Australian College of Optometry

We acknowledge that we are on traditional lands of the Kulin Nation. We offer our respect to the Elders of these traditional lands, and through them to all Aboriginal and Torres Strait Islander peoples past, present and emerging.

# Braybrook Community Hub Courses & Workshops

## MONDAY



### Language and literacy 2 (YCC)\*

Join a friendly and fun English class, perfect for beginners! You will: practice everyday conversation, learn simple grammar and useful vocabulary.

**TIME:** 10am-1pm

**DATE:** Weekly, 2 Feb – 30 Mar (Excl.9/03)

**COST:** Free (eligibility criteria applies)

### Tai Chi for health-

Exercise your mind, body and soul with Tai Chi, an art form known for its slow and gentle movement. Tai Chi helps promote overall health and relaxation leaving you feeling rejuvenated.

**TIME:** 10-11am

**DATE:** Weekly, 2 Feb – 30 Mar (Excl.9/03)

**COST:** Free

### Beginners sewing

Ever wanted to learn how to sew? This program will introduce you to all the basics of sewing. Start with making a bag and progress to creating simple clothing for you and your family.

**TIME:** 10am-12.30pm

**DATE:** Weekly, 2 Feb - 30 Mar (Excl.9/03)

**COST:** \$50 Full | \$40 Concession

### Basic clothing alterations

Learn simple and easy sewing techniques such as taking up hems on pants or skirts, letting out a waistband, repairing seams or shortening sleeves. Bring along your garment for alteration. Please book into a session date that suits you.

**TIME:** 1-3pm

**DATE:** Weekly, 2 Feb – 30 Mar (Excl.9/03)

**COST:** Free



### Mosaic Workshop

Add a touch of creativity to your home with your very own handmade mosaic tray! In this hands on workshop, you will learn how to design, arrange, and grout colourful tiles to create a beautiful, functional art piece.

Some materials provided.

**TIME:** 1-3pm

**DATE:** 9 Feb – 13 April (Excl.9/03 & 6/04)

**COST:** \$60 Full | \$50 concession

### Digital essential level 2 (YCC)\*

This program is designed to help beginners understand the basics of technology, including different digital devices, their functionality and the ways people can use these devices to connect with others and access services over the Internet. Topics include: Staying safe online, navigating the internet, using email and social media, and understanding apps, software & everyday technology.

**TIME:** 2-5pm

**DATE:** Weekly, 2 Feb – 1 April

**COST:** Free (eligibility criteria applies)

## TUESDAY

### Language and literacy 3 (YCC)\*

Designed to help improve your English. Practice everyday conversations learn simple grammar and useful vocabulary, build confidence in speaking, reading and writing.

**TIME:** 9.30am-12.30pm

**DATE:** Weekly, 3 Feb–31 Mar

**COST:** Free (eligibility criteria applies)



### Tai Chi for health-Intermediate

Exercise your mind, body and soul with Tai Chi, an art form known for its slow and gentle movement. Tai Chi helps promote overall health and relaxation leaving you feeling rejuvenated.

**TIME:** 10-11am

**DATE:** Weekly, 3 Feb–31 Mar

**COST:** \$54

### Community lunch: Eat together Tuesday

Come join us for a free community lunch where you can meet new people and make connections. The free, weekly community lunch runs in partnership with The Department of Justice. Registrations are essential due to capacity limits.

**TIME:** 12.30pm

**DATE:** Weekly, 6 January ongoing

**COST:** Free

### Social line dancing and Zumba

Move, groove and have fun! A lively class combining social line dancing and Zumba. Great for fitness, coordination and meeting new people. Everyone welcome

**TIME:** 2.30-4.30pm

**DATE:** Weekly, 6 January on ongoing

**COST:** Free

### Digital essentials level 2 (YCC)\*

This program is designed to help beginners understand the basics of technology, including different digital devices, their functionality and the ways people can use these devices to connect with others and access services over the Internet. Topics include: Staying safe online, navigating the internet, using email and social media, and understanding apps, software & everyday technology.

**TIME:** 2-5pm

**DATE:** Weekly, 3 Feb – 1 April

**COST:** Free (eligibility criteria applies)



## WEDNESDAY

### Caring for our community

#### KOGO (knit one give one)

KOGO is a non-for-profit organisation that asks volunteers to donate time and wool to knit warm winter woolies that they can distribute to people in need through over 250 community groups. Help KOGO spread the warmth by picking up your knitting needles/crochet hooks and making a scarf, beanie or blanket.

**TIME:** 9am-12pm

**DATE:** Weekly, 28 January –1 April

**COST:** Free

### Mindfulness and meditation

Relax your body, calm your mind and improve your focus all while meditating under the guidance of an experienced teacher. This class will also be live streamed so you have the option of attending the class onsite, or staying in the comfort of your own home.

**TIME:** 10-11am

**DATE:** 4 Feb–1 April

**COST:** \$54

### Yoga for all

A gentle yoga class suitable for both beginners and regulars. Gemma facilitates mindful movement, yoga poses, and gentle breathing exercises. This class will help improve your flexibility, balance and strength in a calm and supportive environment.

**TIME:** 11.30am-12.30pm

**DATE:** 4 Feb–1 April

**COST:** \$54

### Kenyan cooking

Discover the flavours and traditions of Kenyan cuisine in this interactive cooking workshop. You will prepare authentic staples such as ugali, sukuma wiki, goat fry, and kachumbari, and end with warm fluffy mandazi. A beautiful opportunity to learn, connect, and celebrate culture through food.

**TIME:** 10am-12.30pm

**DATE:** 25 February

**COST:** \$25



### Middle Eastern Cooking

Join us for a delicious Middle-Eastern cooking workshop! We will be making fresh Fattoush, a creamy Hummus, and flavour-packed grilled zaatar chicken. You will also learn how to prepare layali lubnan, a beloved Lebanese favourite. Come cook, taste, learn and connect.

**TIME:** 10am - 12.30pm

**DATE:** 18 March

**COST:** \$25

### Bollywood dance

A vibrant and entertaining dance that is suitable for beginners. It gives a whole body workout while dancing to the rhythm of joy with the powerful nature of Bollywood music. Fusing classical Indian steps with folk, Latin and hip-hop styles, it offers a fast-moving and vivacious dancing workout that is great for enjoyable group exercise.

**TIME:** 7.30-8.30pm

**DATE:** Weekly 4 Feb–1 April

**COST:** \$54

## TERM 1: February 2026 — April 2026

## THURSDAY

### Multicultural playgroup



MacKillop Family Services' Multicultural Supported Playgroup provides an environment where parents and carers from culturally diverse communities can meet to participate in activities that encourage their child's development and social skills. To book, please call or text 0427 703 582 or email [RegionalParentingService@mackillop.org.au](mailto:RegionalParentingService@mackillop.org.au)

**TIME:** 10am-12pm

**DATE:** Weekly, 5 Feb - 2 Apr

**COST:** Free

### Digital essentials level 1 (YCC)\*

This program is designed to help beginners understand the basics of technology, including different digital devices.

**DATE:** 5 February - 2 April

**TIME:** 9.30am-12.30pm

**COST:** Free (eligibility criteria apply)

### Conversational English

Build your confidence and enjoy learning English in a friendly and supportive environment! With regular attendance, you'll take part in engaging conversation activities suited to your level, develop confidence in everyday speaking situations, and strengthen your listening and speaking skills.

**TIME:** 10am-12pm

**DATE:** 5 February-2 April

**COST:** Free

### Craft

Looking for a group that can help inspire, teach and support you in your craft endeavours? This is the group for you. Bring along whatever you are working on and enjoy a morning with like minded people.

**TIME:** 10am-12pm

**DATE:** 5 Feb – 2 April

**COST:** \$27 Full | \$13.50 Concession

## FRIDAY

### Let's learn English 1 (YCC)\*

This program is designed to enhance the literacy and language skills of participants, providing a solid foundation for entry into accredited language/literacy courses, volunteer opportunities, or employment.

**TIME:** 10am-2pm

**DATE:** Weekly, 6 Feb–27 March

**COST:** Free (eligibility criteria applies)

### Flags to bags – food relief

After the success of our first Flags to bags food project, we're opening our doors for a weekly volunteer sessions!

We are looking for support in cutting and preparing kits and sewing the kits into finished bags. Your time and skills will make a meaningful impact and will be greatly appreciated by services like ASRC and other food relief organisations.

**TIME:** 1-4pm

**DATE:** Weekly, 16 January ongoing

**COST:** Free



### Mahjong U3A

Mahjong is a traditional Chinese tiles game. It is great to keep the brain active and it's played in a relaxed social environment.

**TIME:** 1-3pm

**DATE:** Weekly, until 4 Dec

**COST:** Free U3A membership required



### FILLS (Family Inclusive Language and Literacy Support) Program

Would you like to support your child's education? Would you like help to better understand the school system? FILLS is a homework club where everyone in the family is welcome. The program runs on Fridays during school term. If you would like to volunteer or bring your child, Please email us your details to [braycomm@maribyrnong.vic.gov.au](mailto:braycomm@maribyrnong.vic.gov.au)

**TIME:** 1- 6pm

**DATE:** Wed, 11 February

**COST:** Free

### Drawing and painting workshop

Join in our creative drawing and painting class. A great way to explore your artistic side and learn variety of styles and techniques to help you develop as an artist.

**TIME:** 1-3pm

**DATE:** Weekly, 12 Feb – 2 April

**COST:** \$50 Full | \$40 Concession



### Creative computers

This is a creative project based learning program. Students are required to have successfully completed basic and Intermediate classes before enrolling into this program.

**TIME:** 1.30-4.30pm