

## School Holiday Program Focaccia art



Want to have your Art and Eat it too? This workshop guides you through making a yeast dough, rolling, and decorating it with herbs, fruits, vegetables, oils, and other edible art materials, before baking it into an edible masterpiece which you can take home (if you can wait that long before eating it). Age 8-12 years  
**TIME:** 10am-12pm  
**DATE:** Monday, 25 September  
**COST:** \$5

## Earth imagination art

Let's imagine new exciting worlds into being! Inspired by beautiful ecotopia imagery, music and art we'll let our imaginations run wild as we create the vibrant, green, clean, harmonious futures we want to live in. Adult carers welcome to join kids - adults deserve play and imagination time too! In partnership with Australian Parents For Climate Action.

**TIME:** 10 -12pm  
**DATE:** Tuesday, 26 September  
**COST:** Free

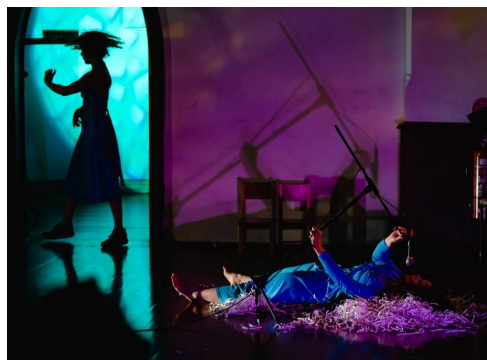
## Movie and popcorn

Pixar's *Soul* introduces Joe, who lands the gig of his life at the best jazz club in town. But one misstep lands Joe in a fantastical place: The Great Before. There he teams up with Soul 22 (Tina Fey) and together they find the answers to some of life's biggest questions. This movie is rated PG

**TIME:** 1 - 3pm  
**DATE:** Wednesday, 27 September  
**COST:** Free

## Prime Time

Acclaimed local theatre company Born in a Taxi is embarking on a new inter-generational performance work highlighting what the differences (and similarities) between the ages 1 - 100 are, (that's everyone, folks!) The show, titled *Prime Time*, will use collected stories from the local community as part of exploring, and potentially feature locals as performers! We would love to invite you, your family or friends to be part conversations and interviews to help us develop the idea. Come and have a chat with Penny and Carolyn in the Braybrook Community Hub on 16-27 of October



## Art Exhibition

### Machine Imagining: Launch

Join community participants and artist Kate Geck at the launch of Machine Imagining: a project that invites the Braybrook community to explore the natural world in collaboration with machine intelligence. Over several months, Kate worked with community members to produce a community database of artworks showing the local, natural environment. These database trained machine learning models to generate imaginings of the Maribyrnong area. These community imaginaries were arranged through collage into large hanging textiles and were finished with hand embroidery.

Date and Time: Wednesday 13 September at 10.30am

Refreshments provided

To RSVP for the launch, please call Braybrook community hub on 9188 5800 or visit [maribyrnong.vic.gov.au/machineimagining](http://maribyrnong.vic.gov.au/machineimagining)

## Art Exhibition continued Rhythmic gymnastics



Art work above by Gantcho

Rhythmic gymnastics is a very elegant sport in which gymnasts perform on a floor with an apparatus: hoop, ball, clubs, ribbon and rope. The sport combines elements of gymnastics, dance and calisthenics; gymnasts must be strong, flexible, agile, dexterous and coordinated. I capture all of those skills and abilities in beautiful expressive artistic works. Exhibiting from 9 October to 13 November

## 'Expressions of Footscray, Maidstone and Braybrook'

The Access Gallery will be showcasing Artworks by local artist Kerry Herrmann titled "Expressions of Footscray, Maidstone and Braybrook". "My paintings hope to capture in an expressive/impressionistic painterly way the essence, colour and landmarks of the local area. The medium I use is oil paints on canvas. I am also inspired by the work of artist Clarice Beckett". Exhibition opens 13 November to 29 December



## Welcome to Spring

Welcome to spring edition of our newsletter! With the hope of springs warmer weather and longer days, we are looking forward to bringing you some out door events and activities in term four.

We also have a workshop to get you to spice up your summer BBQ dishes with marinades from around the world. If you are a gardener or wanting to improve your green thumb, check out our getting your summer garden ready workshop. So pop in and see what might interest you.

Our loved annual picnic is also back in December, get the family and your picnic basket and enjoy the beautiful day and activities.

## Picnic in the park

Join us for a fun family evening in Aeroplane Park. There will be lots of free activities, including face painting, sausage sizzle, animal farm, refreshments, local artisans selling their crafts and much more. All are welcome! Bring your family and friends, a rug and picnic basket full of your favourite goodies and have a fabulous evening.

## Thai cooking

Be guided and inspired by Soraya during this hands on interactive class as you work together to prepare delicious Thai feast. On the menu is flavourful Satay chicken and delicious Pad Thai.

## Marinades and dishes to spice up your next BBQ

You have probably heard everyone talking about Barbie, and rightly so: the weather is warming up and the barbie needs firing up! Make your next BBQ a hit with marinated dishes inspired by fires and food from around the world.

## Getting your garden ready for summer

When the summer temperatures reach the thirties and well-above, we can usually retreat to the safety of an air conditioned room. Our plants are stuck out there and often need our help to survive - especially if we are expecting to be eating them. Find out what foods to plant in summer and how to make sure that they thrive, along with rest of our garden.



## Seniors month 2023

In celebration of seniors month, we are hosting an event aims at bringing together people across all generations in a high tea experience. So do not miss out on the valuable conversations and connections that this event has to offer. Maribyrnong a great place to live, work and visit.

**TIME:** 10.30 -11.30am  
**DATE:** Monday, 16 Oct  
**COST:** Free

## Children's Week 2023

Children's Week 2023 will take place from 21-29 October 2023 and Council will host a range of fun and engaging events and activities across the City to celebrate this important week.

For more children's week event visit [www.maribyrnong.vic.gov.au/Children's Week](http://www.maribyrnong.vic.gov.au/Children's Week)

Join us for a fun morning of Magic with Manny the magician.

**TIME:** 10.30 -11.30am  
**DATE:** Thursday, 26 Oct  
**COST:** Free

Check us out on Facebook!

Search for Braybrook Community Hub and follow our page for updates on programs and events



## Braybrook Community Hub

107-139 Churchill Ave, Braybrook 3019  
Ph: 9188 5800  
Email: [braycomm@maribyrnong.vic.gov.au](mailto:braycomm@maribyrnong.vic.gov.au)  
[www.maribyrnong.vic.gov.au/braycomm](http://www.maribyrnong.vic.gov.au/braycomm)

## Office Opening Hours

Monday - Friday  
9am-5pm  
The office is closed on weekends and Public Holidays

- Community Centre
- Maribyrnong Library Service
- cohealth
- Maternal and Child Health
- Braybrook Mens Shed
- One Tree Community Services
- Australian College of Optometry

We acknowledge the traditional owners of the land, the Wurundjeri Woi wurrung and Boon wurrung peoples of the Kulin Nation and lands on which Braybrook Community Centre is located and where we work. We pay our respect to their Elders, past, present and emerging. Always was and always will be, Aboriginal land.



# Braybrook Community Hub Courses & Workshops

## MONDAY

### Basic English (YCC)\*

Designed to help everyone improve their English, including newly arrived migrants and refugees settling into Australia. Ideal for complete beginners.

**TIME:** 9.30am-12.30pm

**DATE:** Weekly, 2 Oct - 4 Dec

**COST:** Free (eligibility criteria applies)

### Getting your garden ready for Summer.

When the summer temperatures reach the thirties and well-above, we can usually retreat to the safety of an air conditioned room. Our plants are stuck out there and often need our help to survive – especially if we are expecting to be eating them. Find out what foods to plant in summer and how to make sure that they thrive, along with rest of our garden.

**TIME:** 10am-12pm

**DATE:** Monday, 16 October

**COST:** \$20

### Basic clothing alterations

Learn simple and easy techniques such as taking up hems on pants or skirts, letting out a waistband, repairing seams or shortening sleeves. Bring along your garment for alteration. Please book into a session date that suits you.

**TIME:** 1-3pm

**DATE:** Weekly, 2 Oct - 4 Dec

**COST:** Free

### Beginners computers (YCC)\*

This program is targeted at learners who have limited experience with computers and are wanting to develop online and work related computer skills. Students will develop personal and work related skills.

**TIME:** 2-5pm

**DATE:** Weekly, 2 Oct - 4 Dec

**COST:** Free (eligibility criteria applies)

### Tai Chi for health beginner

Exercise your mind, body and soul with Tai Chi. An art form known for its slow and gentle movement. Tai Chi helps promote overall health and relaxation leaving you feeling rejuvenated.

**TIME:** 10-11am

**DATE:** Mondays 2 Oct – 4 Dec

**COST:** Free

### Hatha yoga online

Practice yoga in the comfort of your own home with Sue via Zoom. A general Hatha Yoga style practice suitable for all levels, concluding with deep relaxation.

**TIME:** 6-7pm

**DATE:** Weekly, 2 Oct - 4 Dec

**COST:** \$60 per 10 week term

## TUESDAY

### Basic English (YCC)\*

Designed to help everyone improve their English, including newly arrived migrants and refugees settling into Australia. Ideal for complete beginners.

**TIME:** 9.30am – 12.30pm

**DATE:** Weekly, 3 Oct - 5 Dec

**COST:** Free (eligibility criteria applies)

### Spring into summer - Art in the park

Art in the park is an adult art program aimed at increasing students' drawing skills. Each week a new artist and artistic movement will be introduced to the group. Using a variety of mediums, students will develop a broader range of artistic techniques which they can use to create their artworks. If the weather is inclement, the program is moved from Aeroplane Park to inside the Hub.

**TIME:** 10am - 12pm

**DATE:** Weekly, 31 Oct - 28 Nov

**COST:** Free

### Colouring in group

Our colouring group is a community of people who love to colour and create beautiful works of art. A welcoming environment where you can express yourself through colour and connect with others who share your passion.

**TIME:** 10am – 12pm

**DATE:** Weekly, on Tuesdays

**COST:** Free

### Tai Chi for health intermediate

Exercise your mind, body and soul with Tai Chi. An art form known for its slow and gentle movement. Tai Chi helps promote overall health and relaxation leaving you feeling rejuvenated.

**TIME:** 10-11am

**DATE:** Weekly, 3 Oct – 5 Dec

**COST:** Free



### Mosaic workshops

Join Amanda in this eight-week workshop and create a mosaic bee bath. It will look stunning in your garden or better still make a great Xmas pressie. You will be guided on how to cut tiles, design and create a beautiful garden piece that will help support the survival of our important Bees community.

**TIME:** 1-3pm

**DATE:** Weekly, 10 Oct – 5 Dec

**COST:** \$50 Full | 40 Concession

## WEDNESDAY

### Intermediate computers (YCC)\*

This program further develops skills in using Word, Excel and PowerPoint by exploring more advanced features and uses. Using the internet, you will discover web based applications that allow you to create content for YouTube, explore the world using Google Earth and be confident using online banking and bill paying.

**TIME:** 9.30am-12.30pm

**DATE:** Weekly, 4 Oct- 6 Dec

**COST:** Free (eligibility criteria applies)

### Mindfulness Meditation

Meditate under the guidance of an experienced teacher through visualisation, breath and movement. This term you will also be guided to create a vision board. A form of Mindful planning combining the psychological process of visualizing, preparing for the future, and assigning action steps including milestones and to review your progress. This class will also be live streamed for you to join from home.

**TIME:** 10-11am

**DATE:** Weekly, 4 Oct - 6 Dec

**COST:** \$60 per 10 week term

### Marinades and dishes to spice-up for your next BBQ.

You have probably heard everyone talking about Barbie, and rightly so: the weather is warming up and the barbie needs firing up! Make your next BBQ a hit with marinated dishes inspired by fires and food from around the world.

**TIME:** 10am -12pm

**DATE:** 15 November

**COST:** \$20

### Small steps walking group

Are you looking for a fun and social way to stay active? Join our walking group! Get some fresh air, make new friend and enjoy the benefit of walking. Or come for social connections, bikkies and a cuppa.

**TIME:** 10.30 -11.30am

**DATE:** Every Wednesday

**COST:** Free

### Yoga for all

A general Hatha yoga style practice suitable for all levels, concluding with deep relaxation. This class will also be live streamed so you have the option of attending the class onsite, or staying in the comfort of your own home.

**TIME:** 11.30am-12.30pm

**DATE:** Weekly, 4 Oct - 6 Dec

**COST:** \$60 per 10 week term

### Tablets and devices (YCC)\*

Understand the different aspects of using tablets such as iPad and android tablets and smart phones.

**TIME:** 2 - 5 pm

**DATE:** Weekly, 4 Oct - 6 Dec

**COST:** Free (eligibility criteria applies)

# TERM 4 October - December 2022

## THURSDAY

### Multicultural playgroup



MacKillop Family Services' Multicultural Supported Playgroup provides an environment where parents and carers from culturally diverse communities can meet to participate in activities that encourage their child's development and social skills. To book, please call or text 0427 703 582 or email

[RegionalParentingService@mackillop.org.au](mailto:RegionalParentingService@mackillop.org.au)

**TIME:** 10am-12pm

**DATE:** Weekly, 5 Oct - 7 Dec

**COST:** Free

### Intermediate computers

This program further develops skills in using Word, Excel and PowerPoint by exploring more advanced features and uses. Using the internet, you will discover web based applications that allow you to create content for YouTube, explore the world using Google Earth and be confident using online banking and bill paying.

**TIME:** 9.30am-12.30pm

**DATE:** Weekly, 5 Oct - 7 Dec

**COST:** Free



### Craft

Looking for a group that can help inspire, teach and support you in your craft endeavours? This is the group for you. Bring along whatever you are working on and enjoy a morning with like minded people.

**TIME:** 10am-12pm

**DATE:** Weekly, 5 October - 7 Dec

**COST:** \$30 Full | \$15 Concession

### Children's Week celebration

Join us to celebrate Children's Week with the perfect magic Show for Children. An Interactive show full of Magic.

**TIME:** 10.30 — 11.30am

**DATE:** 26 October

**COST:** Free

## FRIDAY

### Caring for our community KOGO (knit one give one)

KOGO is a not for profit organisation that asks volunteers to donate time and wool to knit warm winter woollies that KOGO can distribute to people in need through over 250 community groups.

Help KOGO spread the warmth by picking up your knitting needles/crochet hooks and make a scarf, beanie or blanket.

**TIME:** 9am-12pm

**DATE:** Weekly, Wednesdays and Friday 4 Oct - 8 Dec

**COST:** Free

### Beginners plus computers (YCC)\*

In this class you will learn to open an email account and use email function. Use folder systems for saving documents, copy, and paste pictures and images in Word, insert borders and numbers, dot points and other formatting functions.

**TIME:** 9.30am-12:30pm

**DATE:** Weekly, 6 Oct - 8 Dec

**COST:** Free (eligibility criteria applies)

### Conversational English (YCC)\*



This program is designed to build the literacy and language skills of learners to pathway in to an accredited language/ literacy course, volunteering or employment. If English is your second language this program is for you.

**TIME:** 10am-2pm

**DATE:** Weekly, 6 Oct - 8 Dec

**COST:** Free (eligibility criteria applies)

### Thai Cooking

Create mouth-watering flavourful Thai Satay chicken and a delicious Pad Thai. A great weeknight dinner or party appetizer. However you serve it, people will ask for more of these flavourful little bites.

**TIME:** 10am-12.30pm

**DATE:** 17 November

**COST:** \$20



## AND MORE!

### Intergenerational High Tea



Intergenerational High Tea event aims at bringing together people across all generations in a high tea experience. So do not miss out on the valuable conversations and connections that this event has to offer.

**TIME:** 10.30 -11.30am

**DATE:** Monday, 16 October

**COST:** Free

### Beginners sewing

Ever wanted to learn how to sew? This program will introduce you to all the basics of sewing. Start with making a bag and progress to creating simple clothing for you and your family.

**DATE:** Monday 2 Oct - 4 Dec

**Time:** 10am - 12.30pm

**Cost:** \$50 Full | \$30 Concession

### After school youth program

A weekly program delivered in collaboration with Western Bulldogs Community Foundation, open for young people aged 12 - 15years. The program will include activities such as sports, music, arts and cooking workshops. Drop in anytime.

**TIME:** 3.30 - 6pm

**DATE:** Wednesday 4 October - 6 Dec

**COST:** Free

### Picnic in the park

Join us our annual picnic in the park. Enjoy the Made in Braybrook Market, take part in some sports with the Western Bulldogs, watch Manny the magician, face painting and top it all off with a free sausage. Library will be there with free giveaways and fun activities. All are welcome! Bring your rug and picnic basket full of your favourite goodies and have a fabulous Evening.

**TIME:** 6-8pm

**DATE:** Friday 8 Dec

**COST:** Free

Please note that we require a minimum of four participants for a program to commence. Classes with \* Delivered through Yarraville Community Centre, ACFE funding.



For further information or to book please call 9188 5800 (Mon-Fri 9am-5pm) OR

[CLICK HERE](#) to view classes and book