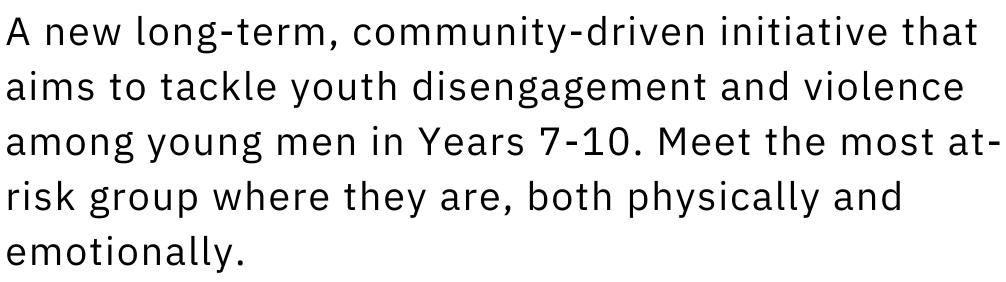


## 'RISE UP!' Youth Empowerment Proposal.



## WHAT IS IT?



**Approach:** A school-integrated program that works alongside existing services.

Focus: Real-world skills, early intervention, and youth

involvement.



## **OTHER COMMENTS:**

## **Activities include:**

- Gym, martial arts, team sports, and expressive arts.
- Workshops on financial literacy, mental health, employment pathways, and respectful relationships.

**Delivery:** Weekly or fortnightly for 8–10 weeks, during school hours and afternoons.

**Support:** Transport provided to local facilities.





